

环球雅思学校雅思(IELTS)考试指定辅导教材

全国雅思培训使用

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雅思真题高频词汇

写作

杨凡 编著

环球雅思教学研究中心 GTRC

IELTS

- 雅思考试官方认可
- 含剑3 — 剑6真题1001高频词汇
- 一套词汇 一次过关

石油工业出版社



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1001标准真题

高频词汇

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PREFACE 前言

如何准备雅思写作词汇

一、雅思写作词汇的特点

1. 数量不需要特别多

只需要 1001 个词汇，就能写出 8 分的雅思作文。当然这 1001 个词汇里不包括像 student，people 等这样超级简单的词汇。本书正是包括了雅思写作中最常用的 1001 个词汇。

2. 用词不必特别复杂

我们来看两组词：

第一组：harmful　　cruel　　beneficial

第二组：detrimental　　brutal　　conducive

其中第一组词，大家比较熟悉，我们称之为六分词汇。第二组词，很多同学不认识这些词，我们称之为八分词汇。有的同学，雅思写作得到六分就很满足了，那么文章中，可以全是六分词汇，不必出现任何八分词汇。有的同学，雅思写作想得到七分或八分，那么文章中，八分词汇出现 5 ~ 10 个就可以了，其余的也全是六分词汇。本书第一部分按词性列出了共 850 个六分词汇。第二部分列出了 151 个八分词汇。

3. 写作用词要求比较高

在雅思写作中，词汇既不要求数量很多，也不要求使用特别复杂的词。为什么很多同学会感到缺乏写作词汇呢？主要是因为写作用词要求比较高。主要表现在两个方面。第一，要求会使用，也就是说，要会使用到句子当中。第二，要求拼写正确。所以，同学们在准备写作词汇时，要注意这两项要求。

二、如何使用本书

本书正是根据雅思写作词汇的上述特点编写的。它包含雅思写作中最常用的1001个词汇。其中，第一部分分词性列出了共850个六分词汇。第二部分列出了151个八分词汇。每个词汇都配有和雅思考试话题相关的例句，可以直接使用到雅思作文当中。同学们可以根据自己的基础和备考时间，每天学习20~100个词汇，每个词汇都要读熟，最好能背诵相应的例句。

在本书的编写过程中。参阅了大量中外有关英语词汇方面的书籍，恕不一一列出，在此向相关作者致谢。在本书编写过程中，得到了我的学生白鸥、成扬、韩天和侯佳的帮助，在此也表示深深的谢意。

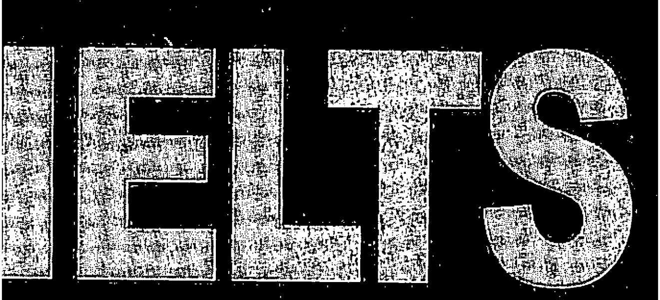
鉴于编者的水平有限，书中疏漏之处在所难免，恳请读者不吝赐教。

杨　凡
2007年7月


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Part I

雅思写作6分必备词汇850





Unit 1 Noun 名词

ability [ə'biliti] 能力

背诵例句 Examinations are unable to evaluate one's true *ability*. 考试并不能衡量一个人的真正能力。

扩展词汇 名词 capacity

accident ['æksidənt] 事故

背诵例句 It is said that 125,000 people died in Russia as a result of illnesses caused by this *accident*. 据说,在俄罗斯有 125 000 人由于这次事故引起的疾病而死亡。

achievement [ə'tʃi:vmənt] 成就

背诵例句 They are printed in our newspapers and shown on our television screens as a visible proof of the man's newest *achievements*. 他们作为人类最新成就的证明登在报纸上,出现在电视屏幕上。

扩展词汇 动词 achieve

activity [æk'tiviti] 活动

背诵例句 The government should organize various *activities* suitable for the old people's participation. 政府应该组织各种各样适合老年人参与的活动。

扩展词汇 形容词 active

adult ['ædʌlt] 成年人

背诵例句 Earning money and spending money are big

problems not only to the *adults* but also to the kids. 挣钱和花钱，不论是对于成年人，还是小孩子，都是很重要的问题。

advance [əd'vɑ:ns] 前进，进步

普通例句 It is not only for them but also for the *advance* of the whole nation. 这不仅仅是为了他们，而且是为了整个国家的进步。

扩展词汇 动词 advance

advantage [əd'vɑ:ntidʒ] 优点

普通例句 Because of all these *advantages* of raising animals, people are always enjoying it very much. 驯养宠物的种种优点使人们对此乐此不疲。

扩展词汇 名词 disadvantage

adventurer [əd'ventʃə] 探险者

普通例句 Some people suggest that we should not help the *adventurers*, because any kind of help would ruin their pleasure of exploring. 一些人认为我们不应该帮助探险者，因为任何形式的帮助都会破坏他们探险的乐趣。

扩展词汇 名词 explorer

advice [əd'vais] 忠告

普通例句 They try their best to guide their children, offering *advice* to children for their study and life. 他们努力地引导孩子的行为，并且提供学习与生活的忠告。

aim [eim] **目标，目的**

背诵例句 It seems that the *aim* of school education is to achieve the tameness of students for society rather than to cultivate the unique minds for the individuals. 学校教育似乎是为了给社会培养听话的学生，而不是培养有独立思想的个体。

扩展词汇 动词 aim

ambition [æm'biʃən] **雄心**

背诵例句 What we look for the most are personal qualities — assertiveness, self-motivation, drive, *ambition*, and a competitive instinct. 我们最看重的是个人品质——有冲劲，有工作激情，积极主动，雄心勃勃及有竞争意识。

扩展词汇 形容词 ambitious

amount [ə'maunt] **数量**

背诵例句 With the development of technology and the increase of the population, the *amount* and range of materials taken has increased. 随着技术的进步，人口的增加，自然资源的用量和范围都急剧增加。

amusement [ə'mju:zmənt] **娱乐**

背诵例句 It brings us a lot pleasure and *amusement*. 它给我们带来了很多快乐。

扩展词汇 名词 entertainment，动词 amuse

analysis [ə'næləsis] **分析**

背诵例句 I like this program most not only because of its abundant and latest [illegible], but also because of its

analysis and prospects of the present-day world. 我最喜欢这个节目不仅在于它提供了丰富的最新消息，还在于它对当前世界进行的分析和展望。

扩展词汇 动词 analyze

animal ['ænimәl] 动物

背诵例句 When people feel lonely, *animals'* gentleness will warm their hearts. 当人们感到孤独寂寞时，动物通灵的天性使得人们不再感觉孤立无援。

approach [ә'prәutʃ] 途径，方法

背诵例句 Learning foreign languages just offers us such a good *approach*. 学习外语不失为一种很好的途径。

扩展词汇 动词 approach

area ['εәriә] 区域，地区

背诵例句 I longed to explore much further into those *areas*. 我渴望在这些方面做进一步的探索。

argument ['ɑːgjuːmәnt] 论点，论据

背诵例句 The space race is just another aspect of the age-old *argument* that "might is right". 太空竞赛只是"强权即公理"这一古老论点的又一种体现。

扩展词汇 动词 argue

article ['ɑːtikl] 文章

背诵例句 I hit upon an *article* in which some people hold that students should wear uniforms every day. 我偶然看到一篇文章，其中写道，一些人认为中学生应

该每天都穿校服。

aspect ['æspekt] 方面

普通例句 In other *aspects*, computer affects people's daily life and do harm to people. 在其他方面，计算机影响着人们的日常生活并产生一些不利因素。

扩展词汇 名词 respect

assessment [ə'sesmənt] 评估

普通例句 Some schools have tried using other forms of *assessment*. 一些学校已经尝试使用其他形式的评估方法。

扩展词汇 名词 evaluation

atmosphere ['ætməsfiə] 大气，气氛，气息

普通例句 By contrast, the classroom lesson organized in an enjoyable, entertaining *atmosphere* usually offers students more than what they have expected. 相反，学生们在趣味性的课堂里上课学的东西通常比他们期望的多。

attention [ə'tenʃən] 注意

普通例句 The monster demands and obtains absolute silence and *attention*. 而且，这个怪物还要求（并且也得到了）绝对的安静和注意力。

balance ['bæləns] 平衡

普通例句 Personally, I prefer a *balance* of both activities so as to provide me with physical training and mental stimulation. 就个人而言，我喜欢把为我

提供身心健康的这两种活动结合起来。

barrier ['bæriə] 障碍

背诵例句 But their guidance and demand has ended up a great *barrier* against the students' efforts to achieve their own goals. 但是他们的那些指导和要求却最终给那些希望实现自己既定目标的学生设置了障碍。

拓展词汇 名词 obstacle

basis ['beisis] 基础

背诵例句 In fact, the rapid population growth and environmental pollution are changing the *basis* of agricultural resources for the use of new technologies. 实际上，人口的快速增长以及环境污染正在改变着新技术应用所需要的农业资源基础。

behaviour [bi'heivjə] 行为

背诵例句 In a word, we should consider different situations and make objective decisions, for many factors might result in bad *behaviour* of children. 总而言之，我们应该区别对待不同的情况，做出客观的决定。因为导致孩子们表现不好的因素很多。

拓展词汇 动词 behave

benefit ['benifit] 好处

背诵例句 Living on the campus brings us great *benefits*. 住在校园里给我们带来很大的好处。

拓展词汇 动词 benefit，形容词 beneficial

budget [ˈbʌdʒit] 预算

背诵例句 With the limited *budget*, the government is unable to invest much money in education. 预算很有限,政府不能投资很多钱在教育上。

burden 负担

背诵例句 Students who have part-time jobs can relieve, to some extent, the economic *burdens* of their parents. 有兼职工作的学生能在某种程度上减轻他们父母的经济负担。

campus [ˈkæmpəs] 校园

背诵例句 These days we often hear people on *campus* talk about the educational application of computers called Computer-Assisted Instruction, or CAI. 这些日子,我们经常听到人们谈论计算机辅助教学(CAI)的教育作用。

candidate [ˈkændidit] 候选人

背诵例句 Without formal examinations, it will be hard for universities to select qualified *candidates*. 若没有考试,大学很难选择合适的新生。

career [kəˈriə] 事业

背诵例句 When one finishes his study abroad, he will have more opportunities for his future *career*. 当一个人留学归来时,他将会有更多的机会开拓未来的事业。

case [keis] 案例

背诵例句 Students in education, sociology, and psychology classes, for example, are often required to solve problems in groups, design projects, make presentations, and examine *case* studies. 例如，学教育学、社会学和心理学的学生常被要求小组讨论解决问题、设计项目、作演讲和研究案例。

censorship ['sensəʃip] 新闻审查

背诵例句 People who favor the practice of *censorship* insist that, among other reasons, it helps maintain a stable and orderly society. 另外的原因之一是，赞成新闻审查的人坚持认为，它有助于维持一个稳定和有秩序的社会。

challenge ['tʃælindʒ] 挑战

背诵例句 Since computers are convenient, there is a new *challenge* to primary school teachers. 既然计算机如此方便易用，小学老师们就面临了一个新的挑战。

扩展词汇 动词 challenge

chance [tʃɑːns] 机会

背诵例句 We also should give the kids some *chances* to earn money, by which means we can show them that earning money is not easy, and they should spend the money carefully. 我们还可以给孩子提供一些挣钱的机会。这可以告诉他们挣钱是不容易的，应当节俭。

扩展词汇 名词 opportunity

character [ˈkæriktə] 性格

背诵例句 Growing older, they'll show some anti-social *characters* such as smoking, taking drugs or engaging in gang fights. 长大之后，他们会有一些反社会的行为，如抽烟、吸毒或打群架。

拓展词汇 名词 characteristic

characteristic [ˌkæriktəˈristik] 特征，特性

背诵例句 Besides, proverbs are another *characteristics* of languages. 谚语也是语言的一大特色。

拓展词汇 名词 character

chemical [ˈkemikl] 化学物质

背诵例句 *Chemicals* in the smoke from power stations cause a lot of damage. 电站发出的烟雾中所含的化学物质造成很大的破坏。

choice [tʃɔis] 选择

背诵例句 So it is difficult to make a *choice*. 所以，做选择很难。

拓展词汇 动词 choose

circumstance [ˈsəːkəmstəns] 情况，环境

背诵例句 Under this *circumstance*, we should not criticize parents if their children behave badly. 在这种情况下，如果孩子的表现很差，我们不应批评父母。

civilization [ˌsivəlaiˈzeiʃən] 文明

背诵例句 Since Chinese *civilization* first began to express itself thousands of years ago, its poems and

paintings have sung of the beauty of land, the air, and the water. 自从中国文明于几千年前诞生之日起，许多中国的诗、画都歌颂了中国的大地、天空和河流之美。

扩展词汇 形容词 civilized

combination [ˌkɔmbiˈneiʃən] 结合

普通例句 People may work for all kinds of reasons, including those described above or a *combination* of them. 人们可能会为各种各样的理由而工作，包括上述所提及的理由，或是上述各项理由的结合。

扩展词汇 动词 combine

comfort [ˈkʌmfət] 舒适

普通例句 On the other hand, as far as *comfort* is concerned, a car is better than a bicycle. 从另一方面来讲，就舒适程度而言，小轿车比自行车要好得多。

扩展词汇 动词 comfort, 形容词 comfortable, 副词 comfortably

commodity [kəˈmɔditi] 商品

普通例句 The *commodities* and service provided by society have become more diversified. 由社会提供的商品和服务已经变得更加多样化。

扩展词汇 名词 goods

communication [kəˌmjuːniˈkeiʃən] 交流

普通例句 Languages are *communication* tools for human beings. 语言是人类进行沟通的工具。

扩展词汇 动词 communicate

comparison [kəmˈpærisən] 比较

背诵例句 Perhaps a *comparison* of gambling with dueling will help us see why gambling is evil. 将赌博和决斗做一比较也许会使我们明白为什么说赌博是罪恶。

扩展词汇 动词 compare

competition [ˌkɔmpəˈtiʃən] 竞争

背诵例句 Everyone hopes that others can approve his own understanding ability so that he can stand in an invincible position in *competitions*. 我们每个人都希望自己的理解力得到大家的肯定，以保证在竞争中立于不败之地。

扩展词汇 动词 compete

complaint [kəmˈpleint] 抱怨

背诵例句 Educationalists say that generation gap is a source of *complaints* from both parents and children. 教育家们说父母们和孩子们都在抱怨“代沟”现象。

扩展词汇 动词 complain

conclusion [kənˈkluːʒən] 结论

背诵例句 Hear what your friend or mate has to say first rather than jumping to *conclusions* or getting defensive. 先要倾听你的朋友或伙伴说什么而不是急于下结论，或是心存芥蒂。

conduct [ˈkɔndəkt] 行为

背诵例句 I should say that this *conduct* is basically reasonable. 我想说这种举措基本合理。

扩展词汇 动词 conduct

confidence [ˈkɔnfidəns] 信心

背诵例句 Encouragement and *confidence* are priceless gifts that can help change a person's life. 鼓励和自信是改变一个人一生的珍贵礼物。

扩展词汇 形容词 confident

consideration [kənˌsidəˈreiʃən] 考虑

背诵例句 After careful *consideration*, however, I finally decided it was worthwhile to attend college. 在仔细考虑后，我最后觉得上大学还是值得的。

扩展词汇 动词 consider

consolation [ˌkɔnsəˈleiʃən] 安慰

背诵例句 What the old need is spiritual *consolation*. 老年人需要的是精神安慰。

construction [kənˈstrʌkʃən] 建设，建筑

背诵例句 It is true that the whole world is witnessing China's *construction* of modernization. 中国的现代化建设确实正为全世界所关注。

contribution [ˌkɔntriˈbjuːʃən] 贡献

背诵例句 If they continue to work in a way their health permits, old people can still make a great *contribution* to the society. 如果他们继续以他们健康允许的方式工作，老年人仍然会为社会做很大的贡献。

扩展词汇 动词 contribute

convenience [kən'vi:njəns] 便利，方便

常用例句 It has made it a simple task to find and manage information and has brought us countless *conveniences*. 电脑让信息寻找及管理成为简单的事情，这带给我们非常多的便利。

扩展词汇 形容词 convenient

cooperation [kəuˌɔpə'reiʃən] 合作

常用例句 Household tasks can also teach children many things, such as responsibility, *cooperation*, and the importance of doing a job well. 家务也可以教给孩子许多事情，如责任感、合作精神以及把工作做好的重要性。

cost [kɔst] 费用

常用例句 But the problem is that the *cost* for telephone calls is so high that many cannot afford it. 但是，问题就是打电话的费用非常昂贵，很多人承受不起。

扩展词汇 动词 cost

countryside ['kʌntriˌsaid] 乡村

常用例句 In the *countryside*, the air is clean, the food is fresh and the houses are usually spacious with large yards around them. 在乡村，空气是干净的，食物是新鲜的，房子通常是宽敞的，四周环绕宽敞的庭院。

creativity [ˌkri:ei'tiviti] 创造力

常用例句 Playing games does not require students to

use any of their *creativity*. 玩游戏不要求学生们使用任何的创造力。

crime [kraim] 犯罪

背诵例句 On the other hand, the violence in the games and the money needed for their use contribute much to teenage *crime*. 另一方面,游戏中的暴力及游戏的费用导致青少年犯罪率的增加。

crisis ['kraisis] 危机

背诵例句 Some people stand to it that the advance in science will keep staying ahead of the food *crisis* of the world and provide a needed relief for the future supplies. 有些人坚信,科技进步将会始终超前于粮食危机而发展,并为未来的粮食供应提供必要的技术支持。

culture ['kʌltʃə] 文化

背诵例句 This will eventually undermine national *culture* by encouraging the spread and popularization of western customs and values. 鼓励西方风俗和价值观的传播,将最终损害本国的文化。

扩展词汇 形容词 cultural

custom ['kʌstəm] 风俗

背诵例句 Tension arises frequently when international tourists are found to show disrespect for local *customs* due to their unawareness of local traditions or history. 紧张状态经常发生在国际游客对当地的习惯表示出不尊重的时候,这是由于他们不知道当地的传统或

者是历史。

damage ['dæmidʒ] 破坏

背诵例句 These people seldom think of the *damage* that their smoking does to the health of nearby non-smokers. 这些人几乎不考虑抽烟给周围非吸烟者造成的健康危害。

扩展词汇 动词 damage

death [deθ] 死亡

背诵例句 Cars have brought us joy and comfort, as well as injury and *death*. 汽车给我们带来了欢乐和舒适，同时也带来了伤害和死亡。

debate [di'beit] 争论

背诵例句 The issue whether internet has more advantages has aroused a heated *debate*. 网络是否有更多的优点，已经引起了激烈的争论。

decision [di'siʒən] 决定

背诵例句 Old people react more slowly than young people, who can always make quick judges and prompt *decisions*. 老年人比年轻人反应更慢，而年青人总是能够快速的做出判断和决定。

扩展词汇 动词 decide

decline [di'klain] 衰败，下降

背诵例句 Television is having such a vast effect on national habits that it has caused a serious *decline* in the film attendance, and many cinemas have had to

close down. 电视正在对国民的生活习惯产生着巨大影响，这导致了电影上座率的严重下滑，许多电影院也不得不关门大吉。

degree [di'gri:] **程度**

背诵例句 A professor's teaching style is another factor that determines the *degree* and type of student participation. 一个教授的教学风格是决定学生参与形式和程度的另一个因素。

demand [di'mɑ:nd] **需求，要求**

背诵例句 They create a *demand* for goods that are not really needed. 他们制造出一种人们对商品需求的氛围，而实际上并没有多少人真正需要这些商品。

扩展词汇 动词 demand

dependence [di'pendəns] **依赖，依靠**

背诵例句 This kind of *dependence* on computer also can arise the dependence on their parents in life. 这种对电脑的依赖也会导致他们在生活上对父母的依赖。

扩展词汇 动词 depend

desert ['dezət] **沙漠**

背诵例句 The area of *desert* in the world is growing every year. 世界上沙漠的面积每年都在扩大。

desire [di'zaiə] **渴求，愿望**

背诵例句 The need for perfection and the *desire* for inner tranquility conflict with each other. 对完美的渴

求及对内心平静的热望水火不相容。

扩展词汇 动词 desire，形容词 desirable

destination [ˌdesti'neiʃən] 目的地

背诵例句 Yet, here again there is a disadvantage in it: it may take weeks for a letter to lead your information to a far *destination*. 然而，写信也有不足之处：那就是路途花费的时间太长。

development [di'veləpmənt] 发展

背诵例句 If the students are forced to wear uniforms every day, how can they *develop* their individuality and creativity? 如果学生们被迫每天都穿校服，他们怎样发展个性和创造力呢？

扩展词汇 动词 develop

diet ['daiət] 饮食

背诵例句 I used to meet several vegetarians but I have never heard of a nation that advocates vegetarian *diet*. 我遇到过素食主义者，却从未听说过哪个民族提倡素食主义的。

difference ['difərəns] 不同

背诵例句 The support of a friend during a tough time could make the *difference* between success and failure. 在你最困难的时候，朋友的支持是成功与失败的关键。

扩展词汇 形容词 different

disadvantage [ˌdisəd'vɑ:ntidʒ] 弊端

背诵例句 There are some *disadvantages* brought about by raising pets. 饲养宠物会引起一些弊端。
形近词组 名词 advantage

discussion [dis'kʌʃən] 讨论
背诵例句 It is a controversial question, which has aroused heated *discussion* among people. 这是一个有争议的问题，它引起了人们的热烈讨论。

direction [di'rekʃən] 方向
背诵例句 Growing up in changed culture and society, children see almost everything in the *directions* different from their parents'. 孩子们在已经变化了的文化和社会环境下长大，他们看待事物的角度和父母不同。

disease [di'zi:z] 疾病
背诵例句 It is well known that there is a clear link between smoking and some kinds of serious *diseases*. 众所周知的是，在吸烟和一些严重的疾病之间有明显的联系。

doubt [daut] 疑问，怀疑
背诵例句 At times, I did have some *doubts*. 有时，我确实有疑问。

drawback ['drɔ:ˌbæk] 缺陷
背诵例句 While people speak highly of Internet, its *drawbacks* shouldn't be neglected. 当人们高度评价网络时，不应忽视它的缺陷。

economy [iˈkɔnəmi] 经济

背诵例句 The development of *economy* and society is so rapid that we believe the system of our country to support the old would be perfect one day. 随着经济的迅速发展，社会的快速进步，我们相信我国的老人赡养制度有一天也将会完善。

education [ˌedjuːˈkeiʃən] 教育

背诵例句 This materialistic outlook has seriously influenced *education*. 这种物欲观严重地影响到我们的教育。

effect [iˈfekt] 效果，作用，影响

背诵例句 If we depend on modern technology too much, it will bring bad *effects* especially to children. 如果过分依赖于现代科技，那么它就会给我们，尤其是我们的孩子带来不良影响。

efficiency [iˈfiʃənsi] 效率

背诵例句 People who are good at thinking in images usually work with consecution and high *efficiency*. 形象思维能力强的人，其工作的条理性更强，办事更有效。

扩展词汇 形容词 efficient，副词 efficiently

effort [ˈefət] 努力

背诵例句 Despite the gap, parents and children will understand each other better through some *efforts*. 尽管有代沟，但是通过努力，父母与孩子会更好地理解对方。

emergency [i'məːdʒənsi] 紧急情况

背诵例句 As a result, fire alarm, robbery alarm and other *emergency* cases are often reported through telephone. 因此,对火灾、抢劫及其他紧急情况一般都是用电话报告的。

employee [ˌemplɔi'iː] 雇员

背诵例句 Some people suggest that moving large companies and factories with their *employees* to the countryside could solve traffic and housing problems in major cities. 有些人建议大公司和工厂以及他们的员工转移到乡下以解决大城市的交通和住房问题。

employment [im'plɔimənt] 就业

背诵例句 Yet, they fail to notice such advantages in cities as better services, higher level of education and more chances of *employment*. 但他们忽略了城市生活带来的好处:较好的社会服务,较高的教育水准,以及较多的就业机会。

enemy ['enimi] 敌人

背诵例句 Poverty, hunger, disease and war are man's greatest *enemies* and the world would be an infinitely better place if the powerful nations devoted half as much money and effort to these problems as they do to the space race. 人类最大的敌人是贫穷、饥饿、疾病和战争。如果世界上的强国把他们用于太空竞赛的金钱和努力的一半用来解决这些问题,这个世界不知要变得比现在好多少。

enjoyment [in'dʒɔimənt] 快乐，享受

背诵例句 Television encourages passive *enjoyment*. 电视鼓励消极娱乐。

扩展词汇 名词 amusement，entertainment，动词 enjoy

entertainment [ˌentə'teimənt] 娱乐

背诵例句 Since both film and TV have respective advantages，why not make the most of these two types of *entertainment*? 既然电影和电视各有自己的优势，为什么不尽量利用这两种娱乐形式呢?

扩展词汇 名词 amusement，enjoyment，动词 entertain

enthusiasm [in'θjuːziæzəm] 热情

背诵例句 A crack of joke may inspire students' interest and *enthusiasm* and then what they learn leaves on them an impression not easily forgotten. 一席精彩的妙语可以激发学生的兴趣和热情，这样一来，他们就会将课堂上学的东西牢记在心。

environment [in'vairənmənt] 环境

背诵例句 Over the last generation，we have worked hard to restore our natural treasures and to find a way to conduct our economy that is more in harmony with the *environment*. 在我们父辈的年代里，他们努力保护自然环境，并找到使我们的经济与环境协调一致地发展的办法。

energy ['enədʒi] 精力

背诵例句 The parents have devoted all their *energy* to taking care of their children. 父母们已经把他们所有

的精力都投入到照看他们的孩子上。

evil [ˈiːvl] 灾难，罪恶

背诵例句 In their opinion, the city-dwellers live in a place close to the *evils*. 在他们看来，住在城市里的人们就处在灾难的边沿。

examination [igˌzæmiˈneiʃən] 考试

背诵例句 From elementary schools to universities, students have to take many *examinations*. 从小学到大学，学生们需要参加很多的考试。

exception [ikˈsepʃən] 例外

背诵例句 Advertising is without *exception*. 广告也不例外。

exercise [ˈeksəˌsaiz] 锻炼，练习

背诵例句 At the same time, they will reduce the amount of *exercise*. 同时，他们将减少锻炼。

expectation [ˌekspekˈteiʃən] 期待，希望

背诵例句 Will their *expectation* come true? 他们的这种希望会实现吗?

expenditure [iksˈpenditʃə] 支出

背诵例句 As far as the layman is concerned, the practical results of all this *expenditure* of money and efforts are negligible. 照我们这些门外汉看，我们耗费那么多金钱和努力所取得的成就是微乎其微的。

experience [iks'piəriəns] 经验

背诵例句 We become content with second-hand *experiences*. 我们越来越满足于间接经验。

扩展词汇 动词 experience

expert ['ekspəːt] 专家

背诵例句 According to *experts* on the subject, divorced men and women would leave incurable marks on their children's life, not only today but also tomorrow. 根据这方面专家的说法，离婚后的男女会给他们的孩子留下难以愈合的伤疤，并对他们的现在和将来都会有影响。

exploration [ˌeksplɔː'reiʃən] 探索

背诵例句 Despite the fact that many of my fellow students like other ways of learning, I never give up any opportunity to sit at my computer for the *exploration* of the ocean of knowledge. 尽管我的很多同学喜欢其他的学习方式，然而我决不放弃任何坐在计算机旁去探索知识海洋的机会。

扩展词汇 动词 explore

extension [iks'tenʃən] 延伸

背诵例句 It is just an *extension* of the race for power on earth. 它其实是地球上权力竞赛的延伸。

event [i'vent] 事件

背诵例句 Important *events* are often broadcast live on television. 重要的事件经常在电视上现场直播。

facility [fə'siliti] 设施

背诵例句 In kindergartens, there are many educational *facilities* from which children can benefit. 幼儿园有很多教育设施,孩子们可以从中受益。

扩展词汇 动词 facilitate

fact [fækt] 事实

背诵例句 But the disadvantage of this solution lies in the *fact* that too much land that could be used for farming or housing will inevitably be occupied by more and more roads. 但此种方案的不足之处在于这样一个事实:建造道路会不可避免地占用过多的土地,而这些土地本来是可以用于耕作或建房的。

factor ['fæktə] 因素

背诵例句 Another *factor* we must consider is that television plays an educational role in our daily life. 我们必须考虑的另一个因素是电视在我们的日常生活中起到教育的作用。

failure ['feiljə] 失败

背诵例句 He knows that years of concentrated effort may be the rewards with complete *failure*. 他明白,年复一年的不懈努力得到的回报可能只是彻底的失败。

扩展词汇 动词 fail

fault [fɔːlt] 过错

背诵例句 Parents must make clear that their divorce is no *fault* of their child. 父母必须明确他们的离婚

不是孩子的错。

fear [fiə] 恐惧

背诵例句 Therefore, a *fear* has arisen among some people that the more machines will be used, the more workers will be unemployed and the lower our living standard will become. 因此，一些人当中存在一种恐惧，那就是，机器被用得越多，越多的工人会失业，而我们的生活水平会越低。

field [fiːld] 领域

背诵例句 It is a well-known fact that many women have been working side by side with men in many *fields* in China. 众所周知，在中国的许多领域里，女性一直与男性并肩作战。

扩展词汇 名词 area

form [fɔːm] 形式

背诵例句 Other *forms* of assessment are too time-consuming and therefore are infeasible. 其他形式的评估过于费时，因此是不可行的。

扩展词汇 动词 form

freedom [ˈfriːdəm] 自由

背诵例句 Psychologists warn the parents to respect children's *freedom* and rights. 心理学家警告家长们应尊重孩子们的自由和权力。

function [ˈfʌŋkʃən] 作用

背诵例句 The *function* of these rescue organizations

is to collect such rescue materials and money to send them to the poor. 这些救援组织的作用是收集救援物资和资金,送到贫困人员手中。
扩展词汇 动词 function

future [ˈfjuːtʃə] 未来
背诵例句 Above all, if our young generation is allowed to grow up in front of video screens, what will the *future* of our country depend on? 最重要的是,如果下一代人在荧屏前长大,我们国家的未来将依赖于什么呢?

goal [gəul] 目标
背诵例句 First of all, we must make sure that our *goals* are achievable, and our methods are practical. 首先,我们必须确定我们的目标是可以达到的,我们的方法是可以实践的。
扩展词汇 名词 aim

goods [gudz] 商品
背诵例句 Gone are the days when industrial *goods* were made to last forever. 工业品经久耐用的日子已经一去不返了。
扩展词汇 名词 commodity

government [ˈgʌvənmənt] 政府
背诵例句 The Chinese *government* is also working hard against pollution. 中国政府也在致力于反污染斗争。

growth [grəuθ] **增长,生长,发育**

背诵例句 As to children, it is necessary to offer active discussion with their parents on anything concerning their *growth*. 对孩子而言,他们有必要主动和父母讨论与自己成长有关的一切问题。

扩展词汇 动词 grow

kindergarten ['kindəgɑ:tn] **幼儿园**

背诵例句 Many people, however, argue that children should be looked after in the *kindergarten*. 然而,很多人认为儿童应该在幼儿园被照看。

habit ['hæbit] **习惯**

背诵例句 Nothing seems more difficult than giving up the *habit*. 戒掉这个习惯是最困难的事情。

harm [hɑ:m] **损害,伤害**

背诵例句 The biggest *harm* to children is that staring at the computer for a long time. It will damage the vision. 盯着电脑看很久是对孩子最有害的,它将损伤孩子的视力。

扩展词汇 形容词 harmful

happiness ['hæpinis] **快乐**

背诵例句 Raising pets gives them great *happiness* and helps relieve their pressure and depression. 饲养宠物给他们带来很大的快乐而且帮助他们减轻压力和抑郁。

扩展词汇 名词 pleasure

health [helθ] 健康，身体健康

背诵例句 There are lots of things that we cannot buy with money, such as *health* and love. 还有很多东西，像健康和爱，是金钱不能买到的。

heritage ['heritidʒ] 遗产

背诵例句 If we tear down the old buildings, we are ruining the cultural *heritage* and the traditional value as well. 如果我们推倒老建筑，我们就破坏了文化遗产和传统价值。

hint [hint] 提示

背诵例句 It can tell me why I am wrong as soon as an error is made, and it can even provide an appropriate *hint* as to how to figure out what the correct answer is. 一旦出现错误，它会马上告诉我为什么错了，甚至还会就如何找到正确答案给出适当的提示。

history ['histəri] 历史

背诵例句 They hold that people are forgetting their tradition, *history* and culture. 他们认为人们正在忘记他们的传统、历史和文化。

hobby ['hɔbi] 爱好

背诵例句 Nowadays, more and more people agree that smoking is an unwholesome *hobby*, which is equivalent to committing suicide. 现在，越来越多的人同意吸烟是一个不健康的爱好，它等同于自杀。

hope [həup] 希望

背诵例句 One must learn to stick to one's own confidence and *hope*, no matter how little the hope may be. 一个人必须学会坚持自己的信心和希望，不管这个希望是多么的微小。

homesickness ['həumsikniz] 思乡

背诵例句 Children will suffer from loneliness and *homesickness*. 孩子们将忍受孤独和思乡。

idea [ai'diə] 思路，想法，主意

背诵例句 It is not only in affluent societies that people are obsessed with the *idea* of making more money. 不仅只有在富裕的社会里，人们才这么着魔似的想挣更多的钱。

illness ['ilnis] 疾病

背诵例句 And respiratory *illness* is China's number one health problem. 呼吸道疾病在中国是最严重的疾病。

illustration [ˌiˌləs'treiʃən] 例证

背诵例句 The development of literature is a very vivid *illustration*. 文学的发展是一个非常鲜明的例证。

impact ['impækt] 影响，冲击，效果

背诵例句 Since big families are often seen as safety nets for illness and old age, improving poor people's access to insurance, pensions and welfare institutions

also has a major *impact*. 大家庭经常被认为是年老生病的安全网，而让穷人近一步获得保险、退休金和福利机构的帮助也会起重大作用。

impression [imˈpreʃən] 印象

背诵例句 Every scene on the screen keeps me up-to-date and some of them will leave an enduring *impression* on my life. 屏幕上的每个画面都让我拥有最新的信息，有些将在我的生活中留下不可磨灭的印象。

扩展词汇 动词 impress，形容词 impressive

improvement [imˈpruːvmənt] 提高

背诵例句 As the result of birth control and *improvement* of medical care, supporting the old has become an issue of China today. 作为计划生育和医疗改革的结果，赡养老人已成为今日全中国的一个有争议的问题。

扩展词汇 动词 improve

income [ˈinˌkʌm] 收入

背诵例句 Most people marry and have children, so they need a steady reliable *income* because of their family responsibilities. 大多数的人结婚并且有孩子，所以他们为了家庭责任需要稳定可靠的收入。

inconvenience [ˌinkənˈviːnjəns] 不便

背诵例句 It can be imagined that there must be some *inconvenience* brought about by raising pets. 可以想象，饲养宠物肯定会带来一些不便。

扩展词汇 形容词 inconvenient，名词 convenience

increase [in'kri:s] 增加

背诵例句 Finding solutions of the problem involves the *increase* of worldwide awareness and international cooperation. 寻找解决这个问题的办法需要全世界人对这个问题的关注和国际合作。

扩展词汇 动词 increase

independence ['indi'pendəns] 独立

背诵例句 The young tend to ask for growing *independence* while the elder want their son or daughter to listen to them. 年轻人越来越要求独立，但是长辈们却想要儿子或女儿听他们的话。

扩展词汇 动词 depend，形容词 independent，dependent，名词 dependence

individual [ˌindi'vidjuəl] 个人

背诵例句 Solving the problem of traffic jams is not an easy job and I don't think any *individual* or organization can easily handle it. 解决交通拥挤问题不是一个容易的工作，我不认为任何个人或单位能很容易地解决它。

扩展词汇 名词 individuality

individuality [ˌindiˌvidju'æliti] 个性

背诵例句 The critics argue that the practice does not coincide with the present-day civilized world in which liberty and *individuality* are highly worshiped. 批评家们争论说这种做法与目前高度尊崇自由和个性的文

明社会不一致。

扩展词汇 名词 individual

industry ['indəstri] 工业

背诵例句 The wheels of *industry* must be kept turning. 工业的巨轮必须不停顿地运转。

influence ['influəns] 影响

背诵例句 We must give them positive *influence* during their childhood. 在童年时代，我们一定要给他们好的影响。

扩展词汇 动词 influence

information [ˌinfə'meiʃən] 信息

背诵例句 Advertisements provide much useful *information* for us. 广告给我们提供了很多有用的信息。

injury ['indʒəri] 伤害

背诵例句 It is a kind of brutality and cruelty which may lead to *injury* or even death of the children. 这是一种野蛮而且残忍的行为，很可能会导致孩子的受伤甚至死亡。

扩展词汇 动词 injure

innovation [ˌinə'veiʃən] 创新，改革

背诵例句 On the contrary, their creativity and *innovation* should be encouraged. 相反的，对他们的创造能力和创新精神应该给予鼓励。

institution [ˌinsti'tju:ʃən] 机构

背诵例句 They need better government, better *institutions*, better labour and capital markets, better schools. 他们需要更好的政府、机构、劳动力及资本市场和学校。

instruction [in'strʌkʃən] 引导，指导

背诵例句 With the *instruction* of parents, some children behave very well. 由于有父母的引导，一些孩子表现良好。

扩展词汇 动词 instruct

intelligence [in'telidʒəns] 智力

背诵例句 With the rapid development of the technology, electronic products with high *intelligence* such as computers, electronic dictionaries, robots, etc., have stepped into common people's daily life gradually. 随着科技的高速发展，电脑、电子辞典、机器人等高智能电子产品正在逐步走进普通百姓的生活。

intention [in'tenʃən] 意图

背诵例句 Good *intention* may sometimes lead to the adverse result. 好的意图有时可能会带来相反的结果。

interest ['intrist] 兴趣

背诵例句 The obvious problem with it is that few students link their *interests* to their final success. 由此带来的问题是：很少有学生把自己的兴趣与最终的成功联系起来。

interview [ˈintəvjuː] 面试

背诵例句 Famous people, such as athletes, actors, and other entertainers, are often *interviewed* by the press. 媒体常会采访像运动员、演员以及其他的艺人这样的名人。

issue [ˈisjuː] 问题

背诵例句 One of the hot *issues* many people complain about today is smoking in public places such as buses, cinemas and department stores. 现在人们牢骚最多的问题之一是在公共场所吸烟，比如说在公共汽车上、电影院里和商场中。

key [kiː] 关键

背诵例句 The *key* to this problem is to control the amount of rescuing material and keep it in a rational degree. 问题的关键是控制救援物资的数量，使它们保持在合理的范围内。

kind [kaind] 种类，形式

背诵例句 Nature has provided us with many *kinds* of resources. 大自然给我们提供了各种资源。

扩展词汇 名词 form

lack [læk] 缺乏

背诵例句 As a result, many young leaders in the world are often criticized for *lack* of tactics by old people. 因此，世界上很多的年轻领导由于缺乏策略而经常被老年人批评。

扩展词汇 动词 lack

land [lænd] 土地

背诵例句 If this continues for several years, the grass never grows again and the *land* becomes a desert. 如果这种情况继续几年，那么，草就再也长不出来了，土地也就变成了沙漠。

landscape ['lændskeip] 风景

背诵例句 When we see them, the *landscapes* of Guilin remind us of China's past, but we know they are alive, and we are grateful for their preservation. 当看到桂林的优美风景时，我们想到了中国的过去，但我们知道它们至今仍存留于世，我们对它们被保存得如此之完美感到欣慰。

literature ['litəritʃə] 文学

背诵例句 It can certainly be expected that more boys are interested in engineering, and more girls intend to choose *literature* or education when they grow up. 当然我们可以预测，当他们长大的时候，更多的男孩会对工程学感兴趣，更多的女孩往往选择文学或者是教育。

loneliness ['ləunlinis] 孤独

背诵例句 Instead of suffering *loneliness* which is prevalent in big cities, children might grow up more healthy because of harmonious relationship among residents in the countryside. 与大城市中人们普遍承受着孤独不同，乡下的人们之间相处和谐，因此儿童能够更健康地成长。

扩展词汇 形容词 lonely

loss [lɔs] 损失

背诵例句 Sometimes, a little fatal breakdown of the system, or a disastrous error could bring us an enormous amount of damage and *loss*. 有时系统中有一点致命的故障或一点灾难性的错误都会带来巨大的损失。

扩展词汇 动词 lose

luxury [ˈlʌkʃəri] 奢侈

背诵例句 Individuals with limited budgets usually get their priorities right: they provide themselves with necessities before trying to obtain *luxuries*. 预算有限的个人通常会分清轻重缓急:先保障生活必需品,然后才希图奢侈品。

maintenance [ˈmeintinəns] 维持,维护

背诵例句 Once a family is beyond *maintenance*, something should be done for the sake of the child. 一旦一个家庭的确难以维持,我们必须为了孩子而做一些事情。

扩展词汇 动词 maintain

market [mɑːkit] 市场

背诵例句 Advertising helps sell to a bigger *market*. 广告可以帮助扩大市场。

master [ˈmɑːstə] 主人

背诵例句 First of all, I can be a *master* of myself in learning. 首先,我可以做自我学习上的主人。

扩展词汇 动词 master

material [mə'tiəriəl] 材料，物质

背诵例句 The food we eat, the water we drink, the clothes we wear, the concrete and bricks to build our houses, the *materials* to make bikes we ride, etc., all come originally from nature. 我们吃的粮，喝的水，穿的衣，建房用的水泥、砖，生产自行车用的材料，都来源于大自然。

meaning ['mi:niŋ] 意思

背诵例句 In that situation only human beings can express the *meaning* of those proverbs clearly and accurately using the foreign languages. 这种情况下只有人能用外语清楚准确地表达那些谚语的意思。

means [mi:nz] 方式，方法

背诵例句 Cars and bicycles are similar in that they are both privately owned *means* of transport. 小轿车和自行车相同的地方在于它们都是私人拥有的交通工具。

扩展词汇 动词 mean

measure ['meʒə] 措施

背诵例句 The government takes a series of *measures* to solve the problem and also pays a lot of money for the old every year in order to make them live better. 政府采取一系列措施以便更好地解决问题，并且每年都花费大量资金以便使老人们生活得更好。

扩展词汇 动词 measure

merit ['merit] 优点

背诵例句 In my opinion, these arguments do have some *merits* but do not outweigh the advantages of zoos as centers for education and conservation. 依我之见，这些论点虽然的确有其价值，但仍比不上动物园可作为教育及保育中心的优点。

method [ˈmeθəd] 方法

背诵例句 University TV has been regarded as the most effective *method* of part-time education. 电视大学已经被认为是最有效的业余教育的方法。

mind [maind] 头脑，精神

背诵例句 What should be developed is their *mind*. 应该发展他们的头脑。

modernization [ˌmɔdənaiˈzeiʃən] 现代化

背诵例句 With the increase of our nation's economic power, cars are increasingly entering families, and the popularization of cars is widely taken as the sign of *modernization*. 随着我国经济实力的增强，汽车正不断步入家庭；而且，人们普遍认为：汽车的普及是现代化的一种标志。

moral [ˈmɔrəl] 道德

背诵例句 Another one is that those who smoke in public places are of loose *morals*. 二是在公共场所吸烟的烟民道德素质不高。

nation [ˈneiʃən] 国家，民族

背诵例句 A country only depending on its tradition

will never become a powerful *nation.* 一个只依靠自己传统的国家将永远不能成为一个强大的国家。

nature [ˈnetʃə] 自然

背诵例句 Almost everything we use in our everyday life comes form *nature.* 几乎我们日常生活中所有的东西都来自大自然。

need [niːd] 需求

背诵例句 The *need* for water is increasing day by day. 对水的需求与日俱增。

拓展词汇 动词 need

neighbor [ˈneibə] 邻居

背诵例句 We spend the whole of our lives keeping up with our *neighbors.* 我们把我们的一辈子都用来和我们的邻居攀比。

obligation [ˌɔbliˈgeiʃən] 义务

背诵例句 Some people suggest that the old people's children have the *obligation* to look after their old parents. 一些人认为，老年人的子女有义务照看他们的父母。

obstacle [ˈɔbstəkl] 障碍

背诵例句 The chief *obstacles* to bridging the gap remain objective and social. 消除代沟的主要障碍有客观原因，也有社会原因。

拓展词汇 名词 barrier

official [əˈfiʃəl] 政府官员

背诵例句 For this very reason, many government *officials* and experts have thought up some solutions, among which two draw much attention the country over. 正是由于这种原因,许多政府官员以及专家提出一些解决方案,其中有两个引起了全国的极大关注。

opinion [əˈpinjən] 观点

背诵例句 There are numerous reasons why I hold this *opinion*. 我之所以持有这个观点是有很多原因的。

opportunity [ˌɔpəˈtjuːniti] 机会

背诵例句 And women are certainly as intelligent as men if they are given equal *opportunities* of education. 如果给女性同样受教育的机会,女性一定会与男性一样聪明。

扩展词汇 名词 chance

organization [ˈɔːgənaiˈzeiʃən] 组织,单位

背诵例句 I would play in musical groups, take part in sports, and join campus *organizations*. 我可以加入乐队,参加运动项目,加入各种校园团体。

扩展词汇 动词 organize

participation [pɑːˌtisiˈpeiʃən] 参与

背诵例句 *Participation* in the classroom is not only accepted but also expected of students in many courses. 课堂参与对学生来说不仅是可以接受的,而且是他们所期望的,这在许多课程中都是如此。

扩展词汇 动词 participate

patent ['peitənt] 专利

背诵例句 Somehow, computer is no longer *patent* of professional computer engineers. 在某种程度上，计算机已不再是专业计算机工程师的专利了。

patience ['peiʃəns] 耐心

背诵例句 *Patience*, compassion and empathy are also important traits in being a good friend or partner. 耐心、热情和同感也是成为好朋友或好伙伴的重要特征。

peer [piə] 同龄人

背诵例句 Although many of my *peers* are willing to choose the serious way, to my mind, I vote for the latter. 虽然有许多我的同龄人愿意上严肃性的课，而我却赞成后者。

perfection [pə'fekʃən] 完美

背诵例句 As you begin to eliminate your need for *perfection* in all areas of your life, you'll begin to discover the perfection in life itself. 当你开始放弃对生活方方面面的完美的追求时，你就会发现生活本身就是完美的。

扩展词汇 形容词 perfect

performance [pə'fɔːməns] 表现

背诵例句 Consequently, it lead to poor self-esteem and sharp decline in academic *perfor-mance*. 因此导

致了他们的自卑感和学习成绩的急剧下降。
扩展词汇 动词 perform

personality [ˌpəːsəˈnæliti] 个性
背诵例句 Obviously, our traditional education idea is missing the point: the development of unique *personality*. 显然,我们的传统教育观念忽略了这样一点:学生个性的培养。

pet [pet] 宠物
背诵例句 However, in modern times, some animals are raised as *pets* in families. 然而,现代社会中,许多动物被当成宠物养在家里。

phenomenon [fiˈnɔminən] 现象
背诵例句 Is it a good *phenomenon* that pets enjoy better meals than some poor people? 宠物比一些穷人享用更好的饮食,这是好现象吗?

place [pleis] 地方
背诵例句 In most *places* it is not safe to eat the fish. 大多数地方,吃鱼也不安全。

pleasure [ˈpleʒə] 快乐
背诵例句 In this kind of classes, in which heated debates are conducted, students often find out they are motivated by the *pleasure* of study. 在这种课上,由于学生们进行热烈的讨论,所以他们经常发现自己受到愉快学习气氛的激励。

pollution [pəˈluːʃən] 污染

背诵例句 Water *pollution* is caused by waste from factories and cities. 水的污染是由于工厂和城市的废物引起的。

扩展词汇 动词 pollute

population [ˌpɔpjuˈleiʃən] 人口

背诵例句 The *population* of the earth is increasing very fast. 地球的人口增长很快。

position [pəˈziʃən] 岗位,职位,位置

背诵例句 When a person reaches his old age, he is forced to retire from his *position*. 当一个人到老年的时候,他被迫从他的岗位上退休。

possession [pəˈzeʃən] 财物

背诵例句 In addition, animals can guard the house as well so that people needn't worry about their *possessions* at all. 而且,动物还可以守护家园,人们不必担心自己的财物受到威胁。

potential [pəˈtenʃəl] 潜力

背诵例句 Strengthening the study of foreign languages is helpful for us to increase the ability of thinking in images and explore the *potential* of our left-brain. 加强外语的学习,可以帮助我们更有效地提高形象思维能力,更大限度地开发左脑所具有的潜能。

poverty [ˈpɔvəti] 贫穷

背诵例句 Nowadays many countries are still struggl-

ing to achieve modernization and many people are still living below the *poverty* line. 如今很多国家仍然在追求现代化的路上挣扎，还有很多人仍然生活在贫困线以下。

practice [ˈpræktis] 做法

背诵例句 It is now a standard *practice* for mother to keep the children quiet by putting them in the living room and turning on the set. 现在，为了让孩子们保持安静，母亲们的标准做法就是：把他们关在起居室里，然后打开电视。

扩展词汇 动词 practice

preservation [ˌprezə(:)ˈveiʃən] 保存

背诵例句 Globalization creates the possible danger of diminishing the national culture and exerts a negative impact on the *preservation* of national identity. 全球化使民族文化有消失的危险和可能性，并在保持民族特性方面有负面的影响。

pressure [ˈpreʃə] 压力

背诵例句 Besides indoor games such as playing chess or cards, other hobbies like stamp-collecting can help us escape from the *pressure* of daily studies. 除了室内游戏，如下棋、打扑克，像集邮之类的爱好，皆可以帮助我们减轻每天学习的压力。

扩展词汇 名词 stress

priority [praiˈɔriti] 优先权

背诵例句 Some people hold that *priority* should be

given to basic infrastructure. 有些人认为优先权应该给予基础设施建设。

problem ['prɔbləm] 问题

背诵例句 What we should do is to tell children how to solve these *problems* properly. 我们应该做的是告诉孩子们如何正确地解决这些问题。

product ['prɔdʌkt] 产品

背诵例句 We need to know where we can buy these *products*. 我们需要知道在哪里能买到这些产品。

process ['prəuses] 过程

背诵例句 It will do harm to the whole *process* of their growth. 这对他们的成长是有害的。

profession [prə'feʃən] 职业

背诵例句 Finally, I was aware that in today's world many *professions* require years of specialized training. 最后，我很清楚，在今天的社会上，许多职业都要求多年的专业培训知识。

proficiency [prə'fiʃənsi] 熟练，精通

背诵例句 For instance, it can improve *proficiency* in scientific research, for by means of it scientists and researchers can get a global look at the latest development in the field concerned and accordingly they need spend no time doing what has already been done. 举个例子，它可以提高科研效率，因为科学家和研究者们借此能够对相关领域最新的发展做全面

了解。并且他们无需费时做已做过的事情。

progress [ˈprəugres] 进步,发展

背诵例句 You know better than I that polluted air and water are threatening your remarkable *progress*. 被污染的空气和水会威胁到你们的飞速发展,这一点你们比我更清楚。

project [ˈprɔdʒekt] 项目

背诵例句 Artistic *projects*, which are symbols of the city, can boost local tourism. 艺术项目,作为城市的象征,能促进当地的旅游业。

proof [pru:f] 证据

背诵例句 To many English learners, English is such a useful tool that they must focus their efforts on a *proof* of their English proficiency through exams. 在许多英语学习者看来,英语是一种有价值的工具,为了使其"有用",他们必须尽力通过能证明自己水平的考试。

prospect [ˈprɔspekt] 前途,展望

背诵例句 So the young people waited until they found good jobs with good *prospects* and they were able to get married. 于是,这对年轻人就等着,直到他们找到了一份有好前途的好工作,可以结婚了。

prosperity [prɔsˈperəti] 繁荣

背诵例句 With the development of material *prosperity*, advertisements have become more and more

important in our daily life. 随着物质生活的日益繁荣，广告在我们的日常生活中变得越来越重要。

proverb ['prɔvəːb] 谚语

背诵例句 As the *proverb* says, fire is a good servant, but a bad master. 有谚语云，水能载舟，亦能覆舟。

psychology [sai'kɔlədʒi] 心理，心理学

背诵例句 Worst of all, the *psychology* of such children is distorted by family breakup. 最糟糕的是，家庭解体给孩子们带来了心理障碍。

punishment ['pʌniʃmənt] 惩罚

背诵例句 A good old-fashioned corporal *punishment* is out of the question. 那种传统的好的办法：体罚，是根本行不通的。

扩展词汇 动词 punish

purpose ['pəːpəs] 目的

背诵例句 To be amply fed and clothed is not the only *purpose* now. 现在，吃饱、穿暖已经不是唯一的目的。

quality ['kwɔliti] 品质

背诵例句 I can usually tell about these *qualities* from the way the person presents himself or herself and some of the activities they have engaged in. 通常我可以通过看他们如何展示自己及一些他们参加过的活动来判断他们是否具有这种品质。

quickness [kwiknis] 迅速

背诵例句 The third reason lies in its *quickness*. 第三个原因在于它的迅速。

range [reindʒ] 范围

背诵例句 City life is preferable to country life because in cities there are more chances of employment, greater *range* of jobs, more opportunities to succeed in life. 城市生活比乡村生活好,因为城市就业机会多、工作种类多、成功机会多。

rank [ræŋk] 职位

背诵例句 If you leave your present job, you have to start at a much lower *rank*. 如果你离开你现在的工作,你不得不从一个低得多的职位上重新开始。

扩展词汇 position

reason [ˈriːzn] 原因

背诵例句 The main *reason* that everyone can see is that television presents a vivid world in front of us. 每个人都能看到的主要原因是,电视在我们面前展现了一个生动形象的世界。

recreation [ˈrekriˈeiʃən] 消遣,娱乐

背诵例句 Related business such as food, *recreation*, education, or construction will be developed accordingly. 有关联的商业例如食品业,娱乐业,教育事业和建筑业都会因此而发展。

reduction [riˈdʌkʃən] 降低,减少

背诵例句 I think that the *reduction* in population growth and the protection of resources and environment take the same responsibility for feeding the world as any big scientific advance does. 我认为，在保障人类粮食供给方面，采取措施降低人口出生率，保护土地资源和环境，将与任何重大科技成果一样，有着同等重要的作用。

扩展词汇 动词 reduce

refugee [ˌrefjuːˈdʒiː] 难民

背诵例句 According to UN's statistics, hundreds of *refugees* in Africa die of starvation every day. 根据联合国的统计，每天都有上百名的非洲难民死于饥饿。

relation [riˈleiʃən] 关系

背诵例句 Meanwhile, with Internet's replacement of books or the written work as the main source of information, human's writing abilities are weakened and *relations* between people are desalinated. 同时，随着作为主要信息来源的各种书籍和书写工作逐渐被网络替代，人类的写作能力变弱了，而且人与人之间的关系也淡漠了。

扩展词汇 名词 relationship，形容词 related，relevant

relationship [riˈleiʃənʃip] 关系

背诵例句 To help improve the parent-child *relationships*, I think that it is important to dig out the root first. 为了改善父母与孩子的关系，我们有责任挖掘出其根源。

扩展词汇 名词 relation

relaxation [ˌriːlækˈseiʃən] 休息

背诵例句 You are supposed to spend weekends with your family, or friends, or for your *relaxation*! 周末本应是你与你家人、朋友分享或是休息的时间。

扩展词汇 动词 relax

replacement [riˈpleismənt] 替代者

背诵例句 Since no other *replacements* are available, animals should be used in medical tests. 因为没有其他的替代方法,动物应该被用于医疗试验。

扩展词汇 动词 replace

requirement [riˈkwairmənt] 要求

背诵例句 While being with video games, they may forget teachers' strict *requirements* and parents' harsh words. 玩电子游戏时,他们会忘记老师的严格要求和父母亲的严厉批评。

扩展词汇 动词 require

resource [riˈsɔːs] 资源

背诵例句 We can no longer thoughtlessly use the many *resources* provided by nature. 我们已不能再不假思索地使用大自然所赐予我们的资源了。

respect [risˈpekt] 方面

背诵例句 By contrast, intellectual development can be beneficial to us in this *respect*. 相反,智力发展在这方面则为我们带来很多益处。

扩展词汇 名词 aspect

responsibility [risˌpɔnsəˈbiliti] 责任

背诵例句 However, we cannot think that parents should accept *responsibility* and be punished if their children behave badly. 不过，如果孩子们表现不好，我们不能认为父母应承担责任或接受惩罚。

扩展词汇 形容词 responsible

restriction [risˈtrikʃən] 限制

背诵例句 From my point of view, the government should not give *restrictions* to artists. 以我的观点来看，政府不应该对艺术家们加以限制。

result [riˈzʌlt] 结果

背诵例句 Good intention may sometimes lead to the adverse *result*. 好的意图有时可能会导致相反的结果。

revolution [ˌrevəˈluːʃən] 革命

背诵例句 Accordingly, they believe that more money for agricultural research can lead to another green *revolution*. 据此，他们相信，给农业科研投入更多的资金必然会出现另一次“绿色革命”。

rhythm [ˈriðəm] 节奏

背诵例句 With the steady growth in the country's economy as well as the people's living standard, the *rhythm* of people's living is speeding up and a lot of changes have taken place in their daily life. 随着国家经济的增长和人民生活水平的提高，人们生活的节奏加快了，他们的日常生活发生了很多变化。

right [rait] 权利

背诵例句 We live in the country where people enjoy their legal *rights*. 我们生活在人们享有合法权利的国家。

risk [risk] 危险

背诵例句 There is, however, a *risk* that we will wreck the environment so effectively that the world will no longer be an attractive place to live. 然而,也存在这样的危险:我们彻底毁坏了环境,以至于地球不再是一个吸引人居住的地方。

robbery [ˈrɔbəri] 抢劫

背诵例句 Moreover, it often ends up in theft and *robbery*, even in crimes of violence. 还有,它总是带给人的结局是:偷盗、抢劫、甚至暴力犯罪。

rubbish [ˈrʌbiʃ] 垃圾

背诵例句 In many cities in Europe *rubbish* is collected separately. 在欧洲的许多城市里,垃圾是分类收集的。

sacrifice [ˈsækrifais] 牺牲

背诵例句 The financial rewards they receive for this *sacrifice* cannot be calculated, for their rates of pay are astronomical. 他们做出的牺牲换来的经济回报是无法计算的,因为他们的演出费是一串天文数字。

scene [siːn] 景色

背诵例句 In addition, I like it also because it offers

me not only lively voices but colorful *scenes*. 除此之外,它不仅能提供艳丽的画面还能提供动听的声音。

security [si'kjurəti] 安全

背诵例句 A new sense of cooperation is building between the people of China and the people of the United States, based on our shared ties of commerce and culture, our common *security* interests, and our common enthusiasm for the future. 中美两国人民之间正在建立起一种新的合作气氛,这种气氛是建立在我们在贸易和文化的共同纽带,我们共同的安全利益和我们对于未来的共有的热情的基础之上的。

self-control [self-kən'trəul] 自控能力

背诵例句 Only if one has enough *self-control*, can be benefit from playing games. 只有当一个人有足够的自控能力时,他才能从玩游戏中获益。

self-esteem [self-is'tiːm] 自尊

背诵例句 By using computers children develop self-confidence and *self-esteem* as they master computer skills. 透过使用电脑,孩子们会因掌握了电脑技能而培养自尊和自信。

sense [sens] 感觉

背诵例句 Secondly, young students may gain some *sense* of achievement through winning a game. 其次,赢得了一次游戏,年轻的学生们会获得一种成就感。

service ['səːvis] 服务

背诵例句 Then, by stimulating demand for successful products, advertising creates jobs in the manufacturing and *service* sectors. 然后，通过刺激对好产品的需求，广告创造了制造行业和服务部门的就业机会。

sights ['saitz] 眼界

背诵例句 Television can widen our *sights*. 电话能开阔我们的眼界。

shortage ['ʃɔːtidʒ] 缺乏

背诵例句 Only steps are taken to deal with this problem immediately can we avoid a severe world-wide water *shortage* later on. 只有立刻采取措施解决这一问题才能避免日后全球范围内严重缺水。

sign [sain] 标志

背诵例句 What was once seen as a *sign* of sophistication is now more likely to be regarded as a dirty habit. 曾经被视为成熟的标志，现在更有可能被视为一种坏习惯。

silence ['sailəns] 安静

背诵例句 What is more, the one-eyed monster requires absolute *silence* and attention. 更甚者，电视要求绝对的安静和关注。

similarity [ˌsimi'læriti] 相似

背诵例句 No matter how *similar* they are, every two friends have differences, and no matter how different they are, as friends, they have at least one similarity:

the sincerity towards friendship. 不管他们多么相似，两个朋友都会有不同。不管他们多么不同，作为朋友，他们至少有一样相似：对友谊的忠诚。

扩展词汇 形容词 similar

situation [ˌsitjuˈeiʃən] **形势**

背诵例句 In this *situation*, parents should be punished if their children behave badly. 在这种情况下，如果孩子表现不好，父母应受到惩罚。

skill [skil] **技能**

背诵例句 On the other hand, young people still lack adequate experience and *skills* to deal with sophisticated national problems and international relations. 另一方面，年青人仍然缺乏足够的经验和技能去处理复杂的国家问题和国际关系。

slave [sleiv] **奴隶**

背诵例句 However, some people become the *slaves* of the new diet custom. 而有些人却成了新饮食习惯的奴隶。

spread [spred] **扩展，扩散，传播**

背诵例句 The *spread* of juvenile delinquency in our own age is largely due to parental laxity. 当今时代，青少年犯罪的日益猖獗在相当大的程度上是由于父母管教不力所致。

扩展词汇 动词 spread

society [səˈsaiəti] **社会**

背诵例句 After graduation from university, I left my family and entered the *society*. 从大学毕业后，我离开了家庭，步入了社会。

soil [sɔil] 土壤，土地

背诵例句 When trees are cut down, there is nothing to hold the *soil* in place on the hillside. 树木被砍伐了，山坡上就没有什么东西能够把土壤固定住了。

扩展词汇 名词 land

solution [səˈluːʃən] 解决方案

背诵例句 Personally I think it is one *solution*, but in no way the only one. 我个人认为这是一个解决办法，但绝不是唯一的。

扩展词汇 动词 solve

source [sɔːs] 来源

背诵例句 I feel I can get more in-depth information and seek out a variety of *sources* that way. 我觉得这样才能得到更深入的资讯，以及找到更多样化的资料来源。

specialist [ˈspeʃəlist] 专家

背诵例句 The *specialists* are always telling people what food to eat, what to avoid and what to be put together. 专家们总是告诉人们哪一种食物该吃，哪一种食物不该吃，哪几种食物应互相搭配吃。

standard [ˈstændəd] 标准

背诵例句 Third, we can expect a growing population

and demands for a higher *standard* of living to put increasing pressure on the earth's resources. 第三，我们可以预计人口会增加，人类会追求更高的生活水准，因而导致地球资源承受更大的压力。

扩展词汇 形容词 standard

statistics [stə'tistiks] **统计**

背诵例句 According to UN's incomplete *statistics*, the number of official languages in the world has reached over one hundred. 据联合国的不完全统计，仅官方语言全世界就达一百多种。

stimulation [ˌstimju'leiʃən] **激励，刺激**

背诵例句 Every year men and women crowed into cities in search of employment, a decent living, and the excited and *stimulation* of urban life. 每年成群人涌入城市寻找工作，一种不错的生活，令人兴奋和刺激的城市生活。

strength [streŋθ] **力量**

背诵例句 They want to impress us, their spectators, with a magnificent show of *strength*. 他们希望自己力量的壮观展示会给我们，他们的观众，留下深刻的印象。

扩展词汇 动词 strengthen

structure ['strʌktʃə] **结构**

背诵例句 With the development of the living standard, people's diet *structure* is changing. 随着生活的发展，人们的饮食结构也在发生变化。

study ['stʌdi] 学习，研究

背诵例句 *Studies* reveal that there is a definite link between smoking and some serious diseases such as lung cancer and heart disease. 研究表明，在吸烟和一些严重的疾病如肺癌和心脏病之间，有明确的联系。

style [stail] 风格

背诵例句 Cathedrals, highlighted by Baroque *style* in the 17th century, represent Christianity. 在十七世纪，突出巴洛克式风格的大教堂代表了信奉基督教。

subject ['sʌbdʒikt] 学科

背诵例句 You will probably say that they go to learn their own language and other languages, arithmetic, geography, geometry, history, science and all the other *subjects*. 你可能会说是为了让他们学习母语和其他语言，数学、地理、几何、历史、科学及其他学科。

substitute ['sʌbstitju:t] 替代物

背诵例句 While food has *substitutes* in the form of natural medicines or artificial foods, there are no substitutes for sleep and rest. 尽管食物可由于天然药物和人工食物来代替，睡眠和休息却没有替代物。

success [sək'ses] 成功

背诵例句 It is not difficult to see that what our teachers have done is for the purpose of students' academic *success*. 不难看出，老师们所做的是为了学生在学业上有所成就。

扩展词汇 动词 succeed，形容词 successful，副词 successfully

suggestion [sə'dʒestʃən] 建议

背诵例句 Some people even propose a *suggestion* that smoking should be totally banned in all public places. 一些人甚至提出了建议，在所有公共场所完全禁止吸烟。

扩展词汇 动词 suggest

supply [sə'plai] 供应

背诵例句 Such an essential daily item as water is in short *supply* in many parts of the world. 在世界的很多地方，水，这一日常生活必需品非常紧缺。

support [sə'pɔːt] 支持

背诵例句 This can be done by offering financial *support* in the form of scholarships to those who work hard. 我们可以通过提供奖学金的方式对认真学习的学生进行经济资助。

扩展词汇 动词 support

surface ['səːfis] 表面

背诵例句 This may sound strange, since nearly seventy percent of the earth's *surface* is covered with water. 这听上去可能有点奇怪，因为地球上几乎70%被水覆盖。

surroundings [sə'raundiŋz] 环境

背诵例句 In quiet, natural *surroundings*, we quickly

discover how little we miss the hypnotic tyranny of King Telly. 在静谧的自然环境里,我们很快就会发现,我们并不怀念有催眠效果的暴君电视。

survival [sə'vaivəl] 生存

背诵例句 We should compete for our *survival.* 我们应该为生存而竞争。

扩展词汇 动词 survive

symbol ['simbəl] 象征

背诵例句 Pagodas, totally different from cathedrals stylistically, are a *symbol* of Buddhism. 与大教堂风格完全不同的宝塔则是信奉佛教的标志。

talent ['tælənt] 才干,才能,天才

背诵例句 This may result in a serious brain-drain and our country will inevitably incur a huge loss of *talents.* 这就会导致严重的人才流失,使我们的国家不可避免的遭受巨大的人才损失。

taste [teist] 品味

背诵例句 What a pleasure it is to have a friend with the same *taste.* 有同样品味的朋友是多么高兴的事。

technology [tek'nɔlədʒi] 技术

背诵例句 Nowadays high *technology* brings us more interesting things which can easily attract people's attention, such as watching TV, surfing the Internet or playing video games. 现在高科技带给我们更多有趣的事情,它们能够很容易的吸引人们注意,例如看电

视，网上冲浪或者打游戏。

tendency [ˈtendənsi] 趋势，趋向

背诵例句 Nowadays there is a growing *tendency* for parents to send their children earlier to nurseries and kindergartens. 如今提早把孩子送去幼儿园或托儿所是家长中存在的一个逐渐增长的趋势。

扩展词汇 动词 trend

tide [taid] 潮流

背诵例句 We should compete for our survival, otherwise, we will be thrown out of the *tide* of the society. 我们应该为生存而竞争，否则，我们会被社会潮流所淘汰。

tip [tip] 建议，窍门

背诵例句 If you start following the *tips* outlined today, then you've just taken the first step to living a healthy, successful and happy life! 如果你今天就开始遵循以上的建议，则你迈出了过上健康、成功、快乐生活的第一步。

tourism [ˈtuərizəm] 旅游业

背诵例句 International *tourism* has boomed to be the biggest industry in the world. 国际旅游业已经迅速发展成为世界上最大的产业。

tradition [trəˈdiʃən] 传统

背诵例句 Because of the different culture and *tradition*, supporting the old is different from country to

country. 因为不同的文化和传统，赡养老人的问题国与国间各不相同。

扩展词汇 形容词 traditional

traffic [ˈtræfik] 交通

背诵例句 How can we solve the problem of *traffic* jams? 我们怎样解决交通拥挤问题呢？

treasure [ˈtreʒə] 财富，财宝

背诵例句 Personally, I have made friends with people from all walks of life, and these different friendships are such a precious *treasure* of mine. 就我个人而言，我和各行业的人交朋友，这些不同的朋友对我而言是宝贵的财富。

trend [trend] 趋势

背诵例句 With economic development the world over, urbanization has become a global *trend*. 随着世界经济的发展，城市化已成为全球的一种趋势。

trouble [ˈtrʌbl] 问题，麻烦

背诵例句 I think that the temptation of city life, especially of the cultural atmosphere in big cities, is overwhelming, even though those unsolved *troubles* are still there. 我认为，即便城市有许多还未解决的问题，但其生活——特别是其中透着的文化气息——却充满了魅力。

unemployment [ˈʌnimˈplɔimənt] 失业

背诵例句 If smoking is banned totally, more serious

problems will arise, such as *unemployment*. 如果吸烟被全面禁止,更严重的问题就会产生,如失业。

vacation [vəˈkeiʃən] 假期

背诵例句 The *vacation* is so short that I cannot even complete one thing. 这个假期是那么短,以至于我连一件事都完不成。

value [ˈvælju:] 价值,价值观

背诵例句 Architecture illustrates a nation's aesthetic *value* and religious belief. 建筑体现一个国家的美学价值和宗教信仰。

vegetable [ˈvedʒitəbl] 蔬菜

背诵例句 Although the average pay is much less than that of big cities, the price of daily necessities, such as *vegetables* or meat, is usually more inexpensive. 尽管平均收入比大城市少很多,但日常必需品如蔬菜和肉的价格通常会更便宜。

vehicle [ˈvi:ikl] 交通工具

背诵例句 Some kinds of animals have been used as *vehicles*. 有些动物被用来当做交通工具。

version [ˈvə:ʃən] 版本

背诵例句 While doing the translation work machines can only give literal *version*. 在做翻译工作时,机器只可能直译。

violence [ˈvaiələns] 暴力

背诵例句 They believe the *violence* they see is normal and acceptable. 他们相信他们所看到的暴力是正常的并且可以接受。
扩展词汇 形容词 violent

vision ['viʒən] 视力，视野
背诵例句 First of all, it can broaden the students' *vision*. 首先，它可以拓宽学生的眼界。

weakness ['wi:knis] 弱，弱点，缺点
背诵例句 Therefore, both ways of communication have their own strengths and *weakness*, just as everything is two-sided. 因此，两种交流方式和其他任何事物一样既有优点，又存在不足。

weather ['weðə] 天气
背诵例句 And the life in cities is never dull, for you could be near your friends and will never be cut off by *weather* conditions. 而且，城市生活永远不会令人感到单调，因为你离自己的朋友很近，且不会受天气变化的影响。

welfare ['welfεə] 福利
背诵例句 But if the governments of the world were honestly concerned about the *welfare* of their peoples, you'd think they'd conduct aggressive anti-smoking campaigns. 但是，如果各国政府真正关心各国人民的福祉，他们就应积极的倡导反吸烟运动。

Unit 2 Verb 动词

abandon [ə'bændən] 抛弃,放弃

背诵例句 More importantly, relatives, neighbours and his teachers should give the very kid as much love as possible to make him feel least *abandoned*. 更重要的是,亲戚、邻居以及他的老师应尽可能多地爱这些孩子,尽量使他感觉到自己没有被抛弃。

扩展词汇 短语 give up

abolish [ˌə'bɔliʃ] 废除

背诵例句 They insist that the practice of censorship should be *abolished*. 他们认为审查的做法应该被废除。

accelerate [æk'selәreit] 加快,加速

背诵例句 It is evident that it can relieve the traffic congestion in the streets, thus *accelerating* the flow of buses and cars. 很明显,这样会缓解道路交通的拥挤,从而加快车速。

accept [әk'sept] 接受

背诵例句 At that moment only a language that can be *accepted* and understood by most of the people such as English, French, Arabian and so on will function. 此时,精通一门语言就能起作用。这门语言大多数人都能理解,如英语,法语,阿拉伯语等。

扩展词汇 动词 receive

achieve [ə'tʃiːv] 完成，达到

背诵例句 Mutual understanding between them is desired for by them all, but *achieved* by only a few. 他们都期望相互理解，但能做到的人却很少。

扩展词汇 名词 achievement 动词 obtain, acquire, gain

acquire [ə'kwaiə] 获得

背诵例句 To be fair, the serious way of lecture allows us to *acquire* much information in class. 说句公道话，严肃性的课堂教学可使我们学到很多知识。

扩展词汇 动词：obtain, achieve, gain

add [æd] 增加

背诵例句 Besides, advertising *adds* to the cost of goods. 而且广告给商品增加了成本费。

admit [əd'mit] 允许，承认

背诵例句 Before we *admitted* the one-eyed monster into our homes, we never found it difficult to occupy our spare time. 在我们把这个独眼怪物(电视)请进家门之前，我们从来都不觉得打发业余时间是什么难事。

advance [əd'vɑːns] 发展

背诵例句 Mothers can concentrate on their work and *advance* their careers, which is also helpful to the social development. 母亲们可以集中于她们的工作，发展她们的事业，这对社会发展也是有利的。

扩展词汇 动词 develop

advocate ['ædvəkit] 提倡,鼓吹,认为

背诵例句 Some people *advocate* that we should let criminals do something else as punishment. 一些人倾向于让罪犯做些其他的事作为惩罚。

affect [ə'fekt] 影响

背诵例句 Parents have a leading role to play in the children's psychological development and family education directly *affects* a child's overall capacity — including his communicative, cognitive and perceptual capacity. 父母在孩子的心理成长中扮演了最重要的角色,并且家庭教育直接影响了孩子的总体能力——包括他的交流,认知和感知能力。

扩展词汇 动词 influence

afford [ə'fɔːd] 提供,供应得起

背诵例句 Physical recreation *affords* us the opportunities to strengthen our bodies. 体育锻炼可使我们有机会强健体魄。

agree [ə'gri] 同意

背诵例句 I totally *agree* with it. 这我完全同意。

allow [ə'lau] 允许

背诵例句 Friends and mates *allow* us to savor our success and our joys, comfort us in our challenging moments, and provide a mirror for us to learn more about ourselves. 朋友和伙伴让我们品尝成功和喜悦的滋味,在我们面临挑战时安慰我们,让我们自我反省以更好地认识自己。

analyze [ˈænəlaiz] 分析

背诵例句 To find a better way of undoing the problem, it is necessary to *analyze* its roots. 为了找出一个解决这一问题的更好办法,我们有必要分析一下其根源。

appear [əˈpiə] 出现,看来,似乎

背诵例句 Man has played the power game ever since he *appeared* on earth. 人类自从在地球上出现以后就开始玩权力游戏。

appreciate [əˈpriːʃieit] 欣赏

背诵例句 Suppose there were only one style of literature, people would not *appreciate* so abundant poetry and novels and our world would become so monotonous. 假设只有一种文学形式,人们就不会欣赏到大量的诗集和小说,并且我们的世界就不会变得这样丰富多彩,而是乏味的、单调的。

approach [əˈprəutʃ] 接触

背诵例句 Consequently, the best we could do to provide the kids with a correct understanding of money is not let them *approach* money closely. 因此,要让孩子们对钱有一个正确的认识,最好的办法就是不让他们同钱密切接触。

扩展词汇 动词 approach

argue [ˈɑːgjuː] 争论,辩论

背诵例句 However, other people also *argue* in defense of advertising, for the sake of its economic

function. 然而，另一些人也捍卫广告，这是由于广告的经济效益。

arise [ə'raiz] 产生

背诵例句 The radiation from the computer will *arise* many uncomfortable feelings. 电脑射线会引起许多不适的感觉。

arouse [ə'rauz] 激起

背诵例句 They bring great pleasures to young people, train them to respond quickly and *arouse* their interest in computer science. 他们给年轻人带来很大的快乐，训练他们反应迅速，激起他们对计算机科学的兴趣。

assist [ə'sist] 帮助

背诵例句 If we want to prevent a population explosion, we should take action now — or *assist* the poorer countries to do so. 要想避免人口爆炸，我们现在就应采取行动——或者说应帮助比较贫穷的国家来控制人口。

attempt [ə'tempt] 试图，企图

背诵例句 We want to know about the personal qualities of the individual, so I try to ask questions to draw them out and *attempt* to find out if they have a sense of themselves. 我们想知道个人的品质，所以我要问些问题以探明他们的性格品质，并试图发现他们是否有自我意识。

attract [ə'trækt] 吸引

背诵例句 On the contrary, some people are *attracted* by the convenience of the city. 相反,一些人被城市的便利所吸引。

扩展词汇 形容词 attractive

ban [bæn] 禁止

背诵例句 By this children can work out problems quickly but what they have learned is just typing skill not mathematics skill, so I think computer should be *banned* in class. 这样孩子们可以很快地解决问题。但是他们学到的只是打字技巧而不是数学技巧,因此,我认为在课堂上应禁止使用计算机。

扩展词汇 动词 forbid

behave [bi'heiv] 表现,举止

背诵例句 However, there are still children who *behave* badly. 然而,还有表现不好的孩子。

扩展词汇 名词 behaviour

believe [bi'liːv] 相信,认为

背诵例句 However in recent years a growing number of people *believe* that animals should not be used for testing medical techniques and drugs. 然而近年来,越来越多的人认为动物不应该被用于测试医疗技术和药物。

benefit ['benifit] 受益,有益于

背诵例句 Mandatory physical exercise would *benefit* students in many ways. 强制学生做运动对他们有许

多好处。

扩展词汇 名词 benefit，形容词 beneficial

boost [buːst] 促进

背诵例句 A beautiful city will attract more tourists, thereby *boosting* its economy. 一个美丽的城市会吸引更多的游客，进而推动它的经济。

bring [briŋ] 带来

背诵例句 Never *bring* your work home. Leave it in your office. 永远不要将工作带回家。把它留在你的办公室。

扩展词汇 短语 bring about

claim [kleim] 声称

背诵例句 Those people who strongly oppose the practice *claim* that it violates people's basic rights of working. 强烈反对这种做法的人声称它侵犯了人们基本的工作权利。

cause [kɔːz] 引起

背诵例句 Nobody would die of lung cancer *caused* by smoking. 不会有人因吸烟造成肺癌而死亡。

challenge [ˈtʃælindʒ] 挑战

背诵例句 Many professors encourage students to question and *challenge* their ideas. 许多教授鼓励学生对自己的观点质疑并发出挑战。

扩展词汇 名词 challenge

communicate [kəˈmjuːnikeit] 交流

背诵例句 *Communicating* with other people by telephone is very convenient. 和别人用电话交流是非常方便的。

扩展词汇 名词 communication

compete [kəmˈpiːt] 竞争

背诵例句 With up-to-date technology our country can better educate its students, produce goods more efficiently, and *compete* more effectively with other countries. 有了最新的科技,国家就能让学生接受更好的教育,生产商品将更有效率,而且更有能力与其他国家竞争。

扩展词汇 名词 competition

complain [kəmˈplein] 抱怨

背诵例句 However, critics *complain* that this money should be spent more wisely, say, for building up basic infrastructure. 但是,批评家抱怨说这些钱应该花得更聪明一点,比方说用来建设基础设施。

complete [kəmˈpliːt] 完成

背诵例句 I not only *complete* my homework, but also spend time with my friends. 我不只完成了作业,还能跟朋友相处。

congratulate [kənˈgrætjuleit] 祝贺

背诵例句 Now I am here at college and I seem to have more reasons to *congratulate* myself on my right decision. 现在我上大学,我似乎有更多的理由庆

幸我做出了正确的选择。

conserve [kən'səːv] 保存

背诵例句 We must learn to *conserve* what remains. 我们必须学会保存那些剩余的资源。

contradict [ˌkɔntrə'dikt] 反对

背诵例句 Students who make assertions that *contradict* the professor's point of view should be prepared to substantiate their positions. 那些提出与教授相反意见的学生应该做好充分的准备来证实自己的论点。

conquer ['kɔŋkə] 征服

背诵例句 *Conquering* the universe, discovering new things, and explaining mysterious phenomena puzzling us at present are all made possible by computer. 征服宇宙,发现新事物,解释目前困扰我们的神秘现象都会成为可能。

consider [kən'sidə] 考虑

背诵例句 If a man deprived himself and his family of food in order to buy and run a car, we would *consider* him mad. 要是一个人为了买车、驾车而让他自己和家人饿肚子,我们会认为他是个疯子。

扩展词汇 名词 consideration

cost [kɔst] 花费

背诵例句 A car *costs* a lot more to buy than a bicycle. 买一辆小轿车比买一辆自行车要贵很多。

扩展词汇 spend

consume [kən'sjuːm] 消费，消耗

背诵例句 However, going out to the cinema means taking a great deal of trouble to leave the house and *consuming* a lot of time. 然而，去电影院就意味着出门和消耗时间。

contain [kən'tein] 包含

背诵例句 In addition, unhealthy programs which *contain* obscene and violent contents may cause people's curiosity. 另外，包含淫秽和暴力内容的不健康的电视节目可能会引发人们的好奇心。

continue [kən'tinjuː] 继续

背诵例句 We go to school, above all, to learn how to learn, so that, when we have left school, we can *continue* to learn. 首先，我们上学是为了学会如何学习，这样，当我们离开学校时，我们能继续学习。

contribute [kən'tribjut] 贡献

背诵例句 Tobacco industry *contributes* a lot to the government's tax income. 烟草业对政府的税收做出很大的贡献。

扩展词汇 名词 contribution

control [kən'trəul] 控制

背诵例句 It is well-known that language is a kind of thinking in images, which is *controlled* by the left part of the brain. 众所周知，语言是一种形象思维，它由

人们的左脑进行控制。

cover ['kʌvə] 覆盖

背诵例句 They can work part-time to earn money to *cover* some expenses. 他们可以兼职工作挣钱来解决一些费用。

criticize ['kritisaiz] 批评

背诵例句 Some people think that, in order to improve the quality of education, students should be encouraged to evaluate and *criticize* their teachers. 一些人认为,要提高教学质量,学生们应该积极地评价和批评他们的老师。

cultivate ['kʌltiveit] 培养,培育

背诵例句 To dispel loneliness and kill the time, they can *cultivate* some other hobbies such as growing flowers, collecting stamps and learning to paint. 为了摆脱孤独和消磨时光,他们可以培养其他的爱好,比如养花、集邮和学习绘画。

damage ['dæmidʒ] 损害

背诵例句 Given all the disadvantages above, I have to agree that borrowing money from a friend may *damage* the friendship. 考虑到上述这么多的缺点后,我必须同意向朋友借钱的确会损害友谊。

扩展词汇 动词 impair

dare [dɛə] 胆敢

背诵例句 If any member of the family *dares* to open

his mouth during a program, he is quickly silenced. 要是某个家庭成员胆敢在播放电视节目的时候开口说话,大家一定会立即叫他闭嘴。

decide [di'said] 决定

背诵例句 Sometimes the future of a person may be *decided* by a single examination. 有时一个人的未来也许只是被一次考试所决定。

扩展词汇 名词 decision

defeat [di'fi:t] 击败,战胜

背诵例句 Rather than worry about *defeating* our opponent, we can concentrate on improving our own performance. 我们可以专注于改善自己的表现,而不是担忧要如何打败对手。

demand [di'mɑ:nd] 要求

背诵例句 As we develop our technologies, we *demand* more from our planet. 在我们发展科技的时候,我们对自己星球的索取越来越多。

扩展词汇 名词 demand,动词 require

deny [di'nai] 拒绝

背诵例句 Personally, we should not overestimate or *deny* either of them. 依我之见,我们不应过高地估价或拒绝任何一种。

describe [dis'kraib] 描述

背诵例句 All of these things *describe* the person in some way. 所有这些在一定程度上描述了一个人的

品质。

desire [di'zaiə] 渴望,希望

背诵例句 At home, the telephone seems very inviting for some people who *desire* to communicate. 在家时,电话看起来是为那些渴望交流的人们预备的。

扩展词汇 名词 desire,形容词 desirable

destroy [di'strɔi] 摧毁

背诵例句 But this "chemical rain" gradually *destroys* trees in the forests and kills fish in the lakes. 但是这种"化学雨"逐渐摧毁森林里的树木,毒死湖泊中的鱼。

determine [di'tə:min] 决定

背诵例句 Famous people have the power to draw attention to a certain message that might not otherwise be heard, but we must still *determine* the validity of the message for ourselves. 名人有能力可以吸引人们注意原本不会被注意的信息,但我们仍必须自己判断这些信息是否正确。

develop [di'veləp] 发展,开发

背诵例句 Especially in foreign language study, lots of kinds of electronic dictionaries and related softwares have been *developed*. 在外语学习方面,诸多的电子辞典及相关软件被开发出来。

扩展词汇 名词 development

disappear [ˌdisə'piə] 消失

背诵例句 However, the fact cannot be ignored that cars are seriously polluting the air and filling the cities with unbearable noise, and even the fields in the countryside are *disappearing*, replaced by car parks and roads. 然而,人们不能回避这样的事实:汽车正严重地污染着空气,使城市充斥着难以忍受的噪音,甚至于在乡村,田野逐渐在消失,不断地被停车场和道路所代替。

扩展词汇 动词 appear

discourage [dis'kʌridʒ] 不鼓励,打击,抑制

背诵例句 Wearing uniforms, to some extent, *discourages* individuality and hinders the development of creativity. 在某种程度上,穿校服抑制了个性,阻碍创造力的发展。

扩展词汇 动词 encourage

discover [dis'kʌvə] 发现

背诵例句 When we grow old enough to earn a living, it does not surprise us to *discover* that success is measured in terms of the money you earn. 当我们长大了,可以自谋生计的时候,我们毫不惊奇地发现,成功是用一个人挣了多少钱来衡量的。

draw [drɔː] 得出

背诵例句 And above all, I can always *draw* the most up-to-date information from CAI. 更为重要的是,我可以从 CAI 中获取最新的信息。

earn [əːn] 赚钱

背诵例句 Some students have become dropouts because through part-time jobs they have found that the more education they have, the less money they *earn*. 一些学生退学了，因为，他们通过兼职工作发现，他们受的教育越多，赚的钱就越少。

emerge [i'mə:dʒ] 出现

背诵例句 However, new educational trends have *emerged* in the humanities and social sciences in the past two decades. 然而在过去20年中，在人文科学和社会科学的教学中出现了新的教学趋势。

emphasize ['emfəˌsaiz] 强调

背诵例句 What they *emphasize* is that formal examinations are harmful to students' creativity. 他们强调的是考试对学生的创造力有害。

扩展词汇 动词 stress

encourage [in'kʌridʒ] 鼓励

背诵例句 So in my opinion, we should stop *encouraging* private cars, especially in big cities. 所以，我认为我们不应该鼓励个人拥有小汽车，特别是在大城市里。

扩展词汇 动词 discourage

enjoy [in'dʒɔi] 享有

背诵例句 Hence, men should *enjoy* more rights than women. 因此，男性应享有比女性更多的权利。

enrich [in'ritʃ] 丰富

背诵例句 They *enrich* our cultural life. 他们丰富了我们的文化生活。

enter ['entə] 进入

背诵例句 For example, in China, only half of high school graduates were admitted to colleges and universities in 1997, but in 2001 two-thirds of them *entered* colleges. 例如,在中国,1997 年仅有一半的高中毕业生可以进入大学,但是在 2001 年三分之二的高中毕业生都进入了大学。

entertain [ˌentə'tein] 娱乐,招待

背诵例句 For instance, we used to have hobbies, we used to *entertain* our friends and be entertained by them, and we used to go outside for our amusements to theatres, cinemas, restaurants and sporting events. 比如,我们有自己的业余爱好。我们在家里款待客人或者在朋友家里接受款待;我们去剧院、电影院、餐馆和体育竞赛现场娱乐消遣。

扩展词汇 名词 entertainment

escape [ə'skeip] 逃脱

背诵例句 First of all, movies allow viewers to *escape* into another world for a couple of hours. 首先,电影能让观众躲避到另一个世界并停留几个小时。

establish [is'tæbliʃ] 建立

背诵例句 Attending lectures is very essential for students whose ability of independent learning is not fully *established*. 听课对自学能力还没完全形成的

学生来说是十分重要的。

estimate ['estimeit] 估计

背诵例句 It is *estimated* that this trend will continue in the years to come. 据估计在未来的几年里，这种趋势将会继续。

exchange [iks'tʃeindʒ] 交换

背诵例句 We have even given up sitting at table and having a leisurely evening meal, *exchanging* the news of the day. 过去我们常常围坐在餐桌前，一边悠闲地用餐，一边交换着日间的所见所闻。我们现在连这个也放弃了。

exert [ig'zəːt] 发挥

背诵例句 Subsequently, this reasonable system will *exert* better function. 这一合理制度才能更好地发挥作用。

exist [ig'zist] 存在

背诵例句 Our human society would definitely not *exist* without either of the sex. 如果没有男人或没有女人，我们人类社会肯定会不存在。

experience [iks'piəriəns] 体验

背诵例句 Students can get opportunities to *experience* a totally different culture. 学生们有机会体验一种完全不同的文化。

扩展词汇 名词 experience

explore [iks'plɔː] 探险

背诵例句 There are numerous reasons why I like to use CAI for learning, and I shall here *explore* only a few of the most important ones. 我喜欢用CAI来学习的原因有很多,这里只探讨最显著的几个。

扩展词汇 名词 exploration

expose [iks'pəuz] 暴露

背诵例句 First, being with a wider variety of people *exposes* us to many more new ideas. 首先,和一大群各种各样的人在一起能让我们接触到更多新的想法。

express [iks'pres] 表达

背诵例句 It is true that with machines we can find several ways to *express* the same idea or word. 运用机器,我们可以找到同一词语的不同表达方式。

face [feis] 面临

背诵例句 Nowadays, young people *face* fierce competition and suffer from great life pressure. 现在年轻人面临激烈的竞争,承受很大的生活压力。

finish ['finiʃ] 完成

背诵例句 Thirdly, when they *finish* their study abroad, they will have more choices for their future career. 第三,当他们完成了在国外的学习生活后,他们未来的择业也会有更多的选择。

favor ['feivə] 赞成

背诵例句 People who *favor* the practice of censorship insist that, among other reasons, it helps maintain a stable and orderly society. 另外的原因之一是，赞成新闻审查的人认为，它有助于维持一个稳定和有秩序的社会。

feel [fiːl] 感觉

背诵例句 Whenever they *feel* nervous, excited, sad or happy, they turn to smoking by instinct. 当他们感到紧张、激动、不高兴或高兴时，就会下意识地想要吸烟。

fight [fait] 战斗，奋斗

背诵例句 In sports, one must learn to *fight* with no matter what is left in his body. 在运动中，一个人必须学会不管身体中还剩下什么也要奋斗。

follow [ˈfɔləu] 照着做

背诵例句 Some choose to *follow* the customs of their new country, while others prefer to adhere to their own customs. 有些人选择遵从新国家的风俗习惯，有些人则宁可坚守自己国家的风俗习惯。

forbid [fəˈbid] 禁止

背诵例句 Some people are indulged in raising pets and they will feel uncomfortable and lonely if they are *forbidden* to do so. 一些人沉溺于饲养宠物，如果他们被禁止饲养宠物，他们会感到不舒服和孤独。

扩展词汇 动词 ban

force [fɔːs] 强迫

背诵例句 But it is an absurd practice to *force* universities to accept equal numbers of man and woman to study in every subject. 但是，大学在每一个学科招收男女同学的数量都必须相等则是荒谬的。

forget [fə'get] 忘记

背诵例句 Television hasn't been with us all that long, but we are already beginning to *forget* what the world was like without it. 我们与电视为伴的时间并不长，可是，我们已经逐渐忘记了没有电视的世界是个什么模样了。

form [fɔːm] 形成

背诵例句 All kinds of advertisements hasten us to *form* a new custom. 各种广告宣传促使我们形成了新的习惯。

gain [gein] 获得

背诵例句 Many young people have taken the place of the old ones and *gained* political and financial power in the world. 很多年轻人已经取代了老一代，并且在世界上获得了政治和经济权力。

扩展词汇 动词 obtain, acquire, achieve

grow [grəu] 长大，扩大，生长

背诵例句 As we *grow*, we learn many things about life. 在成长过程中，我们会学到生活中的许多事情。

扩展词汇 名词 growth

guard [gɑːd] 守护

背诵例句 Top-level political negotiation between countries, business and banking are almost entirely controlled by men, who jealously *guard* their so-called "rights". 国与国之间的最高级政治谈判，商业和银行业几乎清一色被男人垄断，而这些男人总是小心翼翼地捍卫他们所谓的"权利"。

guide [gaid] 引导

背诵例句 Some professors prefer to control discussion, while others prefer to *guide* the class without dominating it. 一些教授喜欢控制讨论，而其他一些教授则喜欢引导学生讨论，而不是控制它。

扩展词汇 名词 guidance

handle ['hændl] 解决，处理

背诵例句 They will have to respond to very sudden changes and problem-solving situations that they are not necessarily familiar with, and I want to know if they can *handle* them. 他们在情况迅速改变时及他们在不熟悉的情况下解决问题时，不得不作出一定的反应。我想知道他们在此情况下是否能解决这些问题。

扩展词汇 动词 solve，短语 deal with

hesitate ['heziteit] 犹豫

背诵例句 They *hesitate* to eat and lay stress on the diet rules excessively, so that they can't enjoy many delicious dishes. 他们对吃什么犹豫不决，过多的注重饮食规则。因此他们享受不到饮食的乐趣。

hold [həuld] 认为

背诵例句 There are still some people who *hold* that we should travel with friends. 还有一些人认为我们应该与朋友一起去旅行。

hurt [hə:t] 伤害

背诵例句 Children are *hurt* by pets raised by their family. 孩子们被他们家饲养的宠物所伤害。

ignore [ig'nɔ:] 忽略

背诵例句 They spend too much time in front of the television, *ignoring* their studies, outdoor activities and even their family. 他们在电视前花费了太多的时间,忽略了他们的学习、户外活动,甚至他们的家庭。

拓展词汇 动词 neglect

imagine [i'mædʒin] 想象

背诵例句 *Imagine* being asked to spend twelve or so years of your life in a society with consisted only members of your own sex. 设想一下:你被要求把你生命中的 12 年——或差不多这么长的时间——在一个其所有成员性别都与你相同的社团中度过。

拓展词汇 名词 imagination

improve [im'pru:v] 提高,促进,增强

背诵例句 Furthermore, it'll *improve* the overall security of the society. 而且,这将加强全社会的安全。

increase [in'kri:s] 增长,增加

背诵例句 The number of cars *increased* significantly from May to June. 小汽车的数目从五月到六月快速增长。

influence ['influəns] 影响

背诵例句 As soon as a child becomes old enough to communicate with other children, he begins having friends, who sometimes *influence* him more rapidly than do families. 当一个孩子长到足以和其他人交流时,他开始交朋友,这些朋友有时比家庭影响他的更快。

扩展词汇 名词 influence

injure ['indʒə] 伤害

背诵例句 Over 2500 people were killed that night, and hundreds of thousands of people were *injured*. 当晚就有2500多人死亡,有成千上万的人受伤。

扩展词汇 动词 hurt

install [in'stɔ:l] 安装

背诵例句 But no telephone is *installed* in your friend's home. 但是你的朋友家又没有电话。

insist [in'sist] 坚持,坚持认为

背诵例句 They *insist* that the death penalty should be abolished. 他们认为死刑应该被废除。

interfere [ˌintə'fiə] 干涉,妨碍

背诵例句 A sandwich and a glass of beer will do —

anything, providing it doesn't *interfere* with the program. 一个三明治、一杯啤酒,也就够了——管它是什么呢;只要不影响看电视就行。

judge [dʒʌdʒ] 判断

背诵例句 Whether young people should study abroad should be left to individuals to *judge*. 年轻人是否应该出国留学,这应该留给个人去判断。

instruct [inˈstrʌkt] 教导

背诵例句 From the first day children go to school, they are repeatedly *instructed* to respect their teachers and to be good students in various academic performances. 从进校门的第一天开始,学生就不断地被教导:要尊敬老师,做一个全面发展的好学生。

lack [læk] 缺乏

背诵例句 TV news programs often reveal to us events as they happen in other areas while any other news media cannot enjoy this advantage, *lacking* either in vividness or in timeliness. 电视新闻节目经常展现在我们面前的是在别的地方同时发生的事情,而其他新闻媒体则无法享有这种优势,要么不生动,要么缺乏时效性。

扩展词汇 名词 lack

last [lɑːst] 持续

背诵例句 The profits of traditional arts can *last* longer time. 传统艺术的效益可以持续更长的时间。

lose [luːz] 失去

背诵例句 Another problem is that good soil is gradually *lost*. 另外一个问题就是沃土逐渐流失。

扩展词汇 名词 loss

maintain [mein'tein] 维持,坚持认为

背诵例句 Other people, however, *maintain* that both men and women are born equal. 然而,另一些人则坚持男女生来平等。

marry ['mæri] 结婚

背诵例句 They range from the trivial — tea or coffee for breakfast — to issues of life-changing importance, such as who to marry. 他们的管理包括从一些琐事——如早餐要喝茶还是咖啡——到可以改变一生的重要问题,例如和谁结婚。

master ['mɑːstə] 掌握

背诵例句 Although those products really save people's time to some extend, we still need to learn and *master* a foreign language by ourselves. 虽然这些产品确实会在某种程度上节省人们的时间,我们仍然需要学习和掌握一门外语。

扩展词汇 名词 master

mean [miːn] 意味

背诵例句 They learn foreign languages in order to be able to benefit from what people in other countries have written and said, and in order to make people from other countries understand what they themselves

mean. 学习外国语是为了从其他国家人士的著作和语言中获益并让他国人士了解自己说话的含义。
扩展词汇 名词 means

measure [ˈmeʒə] 衡量
背诵例句 But there are other ways to *measure* success. 但是,还有其他方式可以用来衡量成功。

mention [menʃən] 提到
背诵例句 From what I have *mentioned* above, it is not difficult to get the conclusion that students should go abroad to study. 从上面我所提到的,不难得出这样一个结论:学生应该出国留学。

miss [mis] 忽略,思念
背诵例句 However, to limit ourselves to doing only those things which we are good at will cause us to *miss* many opportunities to develop other interests and skills. 然而,限定自己只做那些我们擅长的事将会使我们错过许多发展其他兴趣和技能的机会。

neglect [niˈglekt] 忽略
背诵例句 Though they offer best life to their children, they *neglect* to teach their children how to think properly. 虽然他们给子女提供最优裕的生活条件,他们忽略了应教给孩子们如何正确地思考。
扩展词汇 动词 ignore

notice [ˈnəutis] 注意到
背诵例句 So when you set out on your travels the

only characteristics you *notice* are those which confirm your preconceptions. 所以当你出门旅行的时候，你注意到的只是证实了你的先入之见的那些特性。

obtain [əb'tein] 获得

背诵例句 So as far as I am concerned, I am eager to *obtain* such a way of learning. 就我而言，我渴望获得这样一种学习方式。

扩展词汇 动词 gain, acquire

occupy ['ɔkjupai] 占用

背诵例句 Although humans have been *occupying* dominant position since they appeared on the earth, God created animals before humans. 虽然人类自从出现在地球上起就占据了统治地位，但是神却在创造人类之前先创造了动物。

offer ['ɔfə] 提供

背诵例句 Now adult society is made up of men and women, so how can a segregated school possibly *offer* the right sort of preparation for it? 成人社会是由男女两性组成的，那么，一切实行男女隔离的学校教育又怎么能为孩子们提供适当的培训呢？

扩展词汇 动词 provide

oppose [ə'pəuz] 反对

背诵例句 As *opposed* to the extensive use of weapons in the US, people in UK, even the police are not allowed to take guns. 与美国广泛使用武器不同，在英国，市民甚至是警察都不允许带枪。

扩展词汇 短语 object to

organize [ˈɔːgənaiz] 组织

背诵例句 When a person writes, he must *organize* his ideas. 当一个人写作的时候,他必须组织他的思路。

扩展词汇 名词 organization

overcome [ˌəuvəˈkʌm] 征服,克服

背诵例句 The whole thing becomes utterly absurd when you think that no matter what problems man *overcomes*, it is unlikely that he will ever be able to travel even to the nearest star. 但是不管人类征服了多少困难,也不可能去最近的星球上旅行。想想这个,你就会觉得整个这件事情荒谬绝伦了。

participate [pɑːˈtisipeit] 参与

背诵例句 But by this means students frequently fail to *participate* in class actively. 但用这种方式上课,学生们经常无法积极参与课堂活动。

扩展词汇 名词 participation,短语 take part in

perform [pəˈfɔːm] 表现

背诵例句 In what kind of work situations do they *perform* well? 在什么样的工作环境下他们能出色地发挥自己的水平?

扩展词汇 名词 performance

permit [pəˈmit] 允许

背诵例句 Other high schools *permit* students to

decide what to wear to school. 其他高中允许学生们自己决定穿什么去上学。

persuade [pə'sweid] 劝说，说服

背诵例句 Some people think that advertisements do not give much information but only try to *persuade* you to buy. 有些人认为广告不但不能提供多少信息，而且一门心思地劝你买东西。

pollute [pə'luːt] 污染

背诵例句 Our present transportation systems burn great amounts of fossil fuels that *pollute* the atmosphere. 我们目前的运输系统会燃烧大量石化燃料并污染大气层。

扩展词汇 名词 pollution

practice ['præktis] 实践

背诵例句 Another reason I would like to have a new gym is that more modern athletic facilities would allow us to *practice* a wider variety of sports. 另一个我想拥有一座新体育馆的理由是，更现代化的体育设施能让我们从事更多各式各样的运动。

扩展词汇 名词 practice

prefer [pri'fəː] 更喜欢，宁愿选择

背诵例句 Some enjoy physical recreation while others *prefer* intellectual development. 有些人热衷于体育锻炼，有些人则更喜欢智力活动。

扩展词汇 短语 prefer to

prepare [pri'pεə] 准备

背诵例句 We send our children to school to *prepare* them for the time when they will be big and will have to work for themselves. 我们送孩子上学是为了让他们为自己长大后工作做准备。

present ['preznt] 展现,提供,呈现

背诵例句 I'm also looking for the ability to listen attentively and then to be able to respond to an idea that has been *presented* to them. 同时我也寻求在专注听明白别人的意思后,对于观点想法作出反应的能力。

prevent [pri'vent] 避免

背诵例句 Television may be a splendid medium of communication, but it *prevents* us from communicating with each other. 或许电视的确是一种了不起的传播媒介,但是它阻止了我们相互之间的交流。

produce [prə'dju:s] 制造,产生

背诵例句 The most important thing is to know when to use the telephone or the letter to *produce* the best effect. 最重要的是知道何时使用电话或写信,以得到最好的效果。

propose [prə'pəuz] 提出

背诵例句 Therefore, some people *propose* a suggestion that universities should accept equal numbers of man and woman to study in every subject. 因此,一些人提出建议,大学在每一个学科招收的男女学生数

量都应该相等。

protect [prə'tekt] 保护

背诵例句 In a car you are *protected* from the weather, and have comfortable seats and plenty of room to carry people and luggage. 在小轿车里，你可以躲避风吹雨淋日晒，你有舒适的座位，充足的地方载人带物。

prove [pru:v] 证明

背诵例句 They have *proved* repeatedly that they are equal and often superior to men in almost every field. 她们不断地证明，妇女几乎在所有的领域都可以和男子并驾齐驱，甚至比男子更胜一筹。

provide [prə'vaid] 提供

背诵例句 Advertisements also *provide* money for newspapers, magazines, radios and TV stations, etc.. 广告还可以为报纸，杂志，无线电台以及电视台提供资金。

扩展词汇 动词 offer

punish ['pʌniʃ] 惩罚

背诵例句 They argue that the law offenders should be *punished* to do something for the public. 他们认为那些违法者应该为社会多做些事情作为惩罚。

扩展词汇 名词 punishment

raise [reiz] 提高，饲养

背诵例句 To make our life better, we have to *raise*

the quality of our diet. 为了生活得更好,我们必须提高饮食质量。

receive [ri'si:v] 接受

背诵例句 Most of them have *received* formal education in university, where they acquired abundant knowledge and experience, which are quite essential to their future career. 他们大多数都受到大学的正规教育,在大学里他们获得了丰富的知识和经验,这些对他们未来的职业生涯是十分重要的。

reach [ri:tʃ] 达到

背诵例句 We all hope that modern technology will *reach* a higher level, because modern technology makes life more convenient indeed. 我们都期待着现代科技能达到一个更高的水平,因为现代科技确实使生活变得更便捷。

react [ri'ækt] 反应

背诵例句 At least this will help them to develop vigorous views of their own and give them something positive to *react* against. 至少,这有助于他们积极培养他们自己的观点,并且给他们提供了一些确定的事情让他们做出反应。

拓展词汇 动词 respond

realize ['riəlaiz] 认识到

背诵例句 Sometimes it is useful to be their mirror, for when they hear their words repeated back to them, it can help them to *realize* that what they said was not

exactly what they meant to say. 有时成为他们的镜子是很重要的，因为当他们听到他们所说的话时，他们会意识到他们所说的并非他们真正想说的。

reduce [ri'dju:s] 减少

背诵例句 And meanwhile, the fast and smooth flow of traffic *reduces* the air pollution caused by engine-idling. 同时，快速而又流畅的交通还会减少由发动机怠速导致的空气污染。

relax [ri'læks] 放松

背诵例句 When they are worried about their work, playing with pets can help them forget the difficult situations right away and *relax* completely both physically and psychologically. 当人们为工作一筹莫展时，与宠物的一番嬉戏帮助人们暂时忘却了困难，身心得以彻底的放松。

扩展词汇 名词 relaxation

release [ri'li:s] 减轻，释放

背诵例句 In 1985 four deer were *released* to the wild where they are now breeding successfully. 在 1985 年四头这种鹿在放归自然，现在它们在野外已经成功繁衍生息了。

扩展词汇 动词 relieve

relieve [ri'li:v] 减轻

背诵例句 But what has the space race done to *relieve* the suffering of the earth's starving millions?

但是太空竞赛又做了些什么来救济地球上千百万在

饥饿中挣扎的人们呢?

扩展词汇 动词 release，名词 relief

remain [ri'mein] 剩余，保持

背诵例句 This is especially unfair when someone who makes meaningful contributions to a field such as medicine or education *remains* largely unrecognized and poorly compensated. 在诸如医学或教育这些领域中，当有人虽有很大的贡献却大都没有得到认可而且报酬微薄时，这种情形就显得更为不公平。

renew [ri'nju:] 更新

背诵例句 In recent years, the record of divorce rates in China has constantly been *renewed*. 近几年，中国的离婚率不断创出新的纪录。

replace [ri'pleis] 代替，取代

背诵例句 Computers and scientific tools should not *replace* school education. 计算机和科学工具不应取代学校教育。

扩展词汇 短语 take the place of

require [ri'kwaiə] 要求

背诵例句 The destiny of our children and ourselves is a concern that *requires* foresight. 我们的孩子和我们自己的命运是需要通过深谋远虑的。

respect [ris'pekt] 尊重，尊敬

背诵例句 Most of us have been brought up to *respect* our elders and pay heed to their advice, for there is

much that they can teach us. 我们大多数的人从小就被教导要尊敬年纪较大的人，要听他们的劝告，因为他们可以教导我们许多事情。

retire [ri'taiə] 退休

背诵例句 When they resign or *retire*, they have to turn back the guns. 当他们辞职或退休时，他们必须上缴枪支。

reveal [ri'vi:l] 表明，揭示

背诵例句 Researches *reveal* that students who suffer from corporal punishment tend to resort to violence in their future life. 研究表明遭受过肉体惩罚的孩子倾向于在他们今后的人生中使用暴力。

satisfy ['sætis,fai] 满足

背诵例句 Every day TV presents us with numerous worthwhile programs to *satisfy* our different needs and tastes. 电视每天都为我们提供大量的值得观看的节目，以满足我们不同的需要和爱好。

seem [si:m] 似乎

背诵例句 It is obvious that when people from different parts of the world get together speaking their own languages, communication *seems* to be impossible. 可以想象，各地区的人们聚集在一起，使用各自的语言说话，交流是无法实现的。

select [si'lekt] 选择，挑选

背诵例句 Besides, computers help children to be in

control of their experience, to set their own pace, and to *select* the level of challenge with which they feel comfortable. 此外,电脑帮助孩子们能由经验支配自己,调整自己的进度和选择他们自己觉得舒服的挑战的级别。

扩展词汇 动词 choose

shape [ʃeip] 塑造

背诵例句 Family plays an important role in *shaping* children's characters. 家庭在塑造孩子的性格方面起到重要的作用。

sell [sel] 卖

背诵例句 Therefore, as more goods are *sold* they are cheaper. 因此,货物卖得越多,价格也就越便宜。

shorten [ˈʃɔːtn] 缩短

背诵例句 Comparing the city life with the country life featured in the fresh air, the peaceful night, and the friendly people in the countryside, many people claim that it is the cities that breed crime and violence, and *shorten* people's lives. 许多人拿城市生活与乡村生活比较,认为乡村生活意味着清新的空气、宁静的夜晚、友善的乡亲;而城市则是孕育犯罪和暴力之地,城市生活缩短了人们的寿命。

show [ʃəu] 显示,表明

背诵例句 Television *shows* the news in pictures more powerful than words. 电视用比文字更有力的图像来显示新闻。

solve [sɔlv] 解决

背诵例句 It brings us serious problems to *solve*. 它给我们带来了严重的问题有待解决。

扩展词汇 动词 handle,短语 deal with

sound [saund] 听起来

背诵例句 These measures may *sound* inordinately harsh, but surely nothing should be considered as too severe if it results in reducing the annual toll of human life. 这些措施听起来苛刻之极,但是只要能减少每年的死亡人数,在严厉的法规也不为过。

spare [spɛə] 节省

背诵例句 In addition, the huge amounts of money *spared* may be poured into the construction of many highways, factories, hospitals and schools, which is of immense benefit to individuals as well as to the society. 此外,所节省的大笔资金可以用来建高速公路、工厂、医院和学校,这无论对个人还是社会都有莫大的益处。

spend [spend] 花费

背诵例句 Nowadays people face fierce competition and suffer from great life pressure, so they *spend* little time with their families. 现在,人们面临激烈的竞争,承受巨大的压力,所以几乎没有时间和家人在一起。

扩展词汇 cost

spoil [spɔil] 破坏

背诵例句 Further more, they are ugly to look at and *spoil* the environments. 再说它们看起来也不美，并且破坏视觉环境。
扩展词汇 动词 ruin, damage

spread [spred] 传播
背诵例句 They may *spread* some fatal diseases. 它们可能会传播一些致命的疾病。
扩展词汇 名词 spread

start [stɑ:t] 开始
背诵例句 You've even *started* bringing work at home and you keep working until the wee hours of the morning. 你甚至开始把工作带回家并一直工作到凌晨。

stress [stres] 强调
背诵例句 Since some college or university courses are "applied" rather than "theoretical", they *stress* "doing" and involvement. 由于一些大学的课程是应用型的，而非理论型的，他们所强调的是"动手"和参与。
扩展词汇 动词 emphasize

succeed [sək'si:d] 成功
背诵例句 And even if we *succeed* in controlling population growth, we will still have huge environmental problems to deal with. 即使我们成功控制了人口增长，我们还是有许多环境问题要处理。
扩展词汇 名词 success，形容词 successful，副词

successfully

suffer ['sʌfə] 遭受

背诵例句 What is more important, China, in which agriculture plays a leading role, will *suffer* a lot more than western countries if once stepping into the stage of popularization of cars. 更为重要的是,在中国这样一个以农业为主导地位的国家,汽车一旦普及将使其遭受比西方国家曾经历的更为严重的伤害。

扩展词汇 短语 suffer from

suggest [sə'dʒəst] 认为,提出,建议

背诵例句 Some people *suggest* that more and wider roads should be laid down. 有人建议建造更多更宽的道路。

support [sə'pɔːt] 支持,赡养,支撑

背诵例句 Humans must make the earth *support* the increasing population. 人类要使地球能够养活正在增长的人口。

suppose [sə'pəuz] 假设

背诵例句 This is *supposed* to be an enlightened age, but you wouldn't think so if you could hear what the average man thinks of the average woman. 我们的时代被认为是开明的时代,但是如果你听一听这个时代的一般男性对于一般女性的看法,你就不会这么想了。

surprise [sə'praiz] 使惊奇

背诵例句 Hence, we should not be *surprised* that a person's life is influenced by one's childhood. 因此，我们不应该怀疑一个人的童年的确影响一个人的人生。

switch [switʃ] 转向

背诵例句 More and more people have *switched* over to sitting at home in front of TV because it has obvious advantages. 因为电视有着明显的优势，所以越来越多的人转向了坐在家里看电视。

tend [tend] 倾向于

背诵例句 Students *tend* to lay emphasis on the content which will be tested. 学生们容易着重于那些将要被考到的内容。

threaten [ˈθretn] 威胁

背诵例句 The "green house effect" is now *threatening* the existence of mankind. "温室效应"正威胁着人类的生存。

扩展词汇 名词 threat

think [θiŋk] 认为

背诵例句 I *think* it is sagacious to raise pets because it is beneficial in many ways. 我认为饲养宠物是明智的，因为这在很多方面都有好处。

treat [triːt] 对待，看待

背诵例句 Is there any reason that men and women should be *treated* differently? 难道还有什么理由让

我们区别对待男性和女性吗？

understand [ˌʌndəˈstænd] 懂得，理解

背诵例句 Solving problems in the dorm will, in the long run, help students *understand* how to communicate with others. 解决宿舍中的问题从长远看将帮助学生懂得如何与其他人交流。

violate [ˈvaiəleit] 侵犯

背诵例句 Thus, the practice sounds to respect the rights of women but actually *violates* people's freedom. 因此，这一行为听起来是尊重妇女的权利，但实际上是侵犯了人类的自由。

扩展词汇 名词 violation

weaken [ˈwiːkən] 变弱

背诵例句 Living overseas also means being away from one's family and, as a consequence, this weakens family ties. 在海外生活会远离家人，使家庭纽带松懈。

wear [weə] 穿

背诵例句 How dull and monotonous it is that all the students are *wearing* the same uniforms. 所有学生穿同样的校服是多么的单调。

welcome [ˈwelkəm] 赞成

背诵例句 Those who *welcome* the internet hold that it brings us great convenience and efficiency. 赞成网络的人认为它给我们带来了很大的方便和效率。

扩展词汇 动词 advocate

widen ['waidn] 开阔

背诵例句 Globalization creates conditions for *widening* international exchanges and strengthening mutual understanding between nations. 全球化为扩大国际合作创造了条件，加强了国家之间的相互理解。

Unit 3 Adjective 形容词

able ['eibl] 能干的

背诵例句 The wealthier nations deprive their poorer neighbors of their most *able* citizens. 比较富裕的国家则把他们邻国最能干的公民挖走。

absolute ['æbsəlu:t] 绝对的

背诵例句 It is hard to come to an *absolute* conclusion. 要得到一个绝对的结论是困难的。

academic [ˌækə'demik] 学术的

背诵例句 Meanwhile, college graduates should spend more time on their learning to improve their *academic* performance. They also need to have a moderate salary requirement. 同时,大学毕业生应该花更多的时间在学习上以提高学习成绩,并且有一个适度的薪金要求。

acceptable [ək'septəbl] 可接受的

背诵例句 I have yet not met an *absolute* perfectionist whose life was filled with inner peace. 我还未碰见过一位真正的完美主义者,在生活中,他的内心十分平稳。

扩展词汇 动词 accept

active ['æktiv] 积极的

背诵例句 European countries are now making an

active effort to reuse materials more than they used to. 欧洲国家现在正在积极努力比过去更多地重复使用旧材料。

扩展词汇 形容词 passive，名词 activity

another [ə'nʌðə] 另一个

背诵例句 Keep in mind the old saying that it is good to learn at *another* man's cost. 记住一句老话，从他人的教训中吸取经验是明智的。

artistic ['ɑ:tistik] 艺术的

背诵例句 As essence of a local culture, traditional arts reflect a nation's *artistic* talents and traditions. 作为本国文化的精华，传统艺术反映了一个国家的艺术才能和传统。

attractive [ə'træktiv] 吸引人的

背诵例句 All these problems make big cities no longer *attractive* to people as years before. 这些问题让大城市不再像以前那样吸引着人们了。

扩展词汇 动词 attract，名词 attraction

available [ə'veiləbl] 可得到的

背诵例句 As we know, our textbooks remain unchanged for ages while the up-to-date software on various subjects is easily *available* anywhere, say, on the internet, thus stirring up my curiosity about more knowledge. 众所周知，我们的教材是多年不变，而各学科的新软件任何地方都很容易弄到，例如从因特网上下载。这样一来，就可以激起我对更多知识

的好奇心。

aware [ə'wɛə] 意识到的,知道的

背诵例句 We only become *aware* how totally irrelevant television is to real living when we spend a holiday by the sea or in the mountains, far away from civilization. 只有当我们去远离人类文明的海边或者山中度过一个假期的时候,我们才意识到电视和真实生活是多么风马牛不相及。

beneficial [ˌbeni'fiʃəl] 有益处的

背诵例句 Living on the campus is *beneficial* to the students not only academically but also psychologically. 住在校园里对学生有益处,不仅在学术上,而且在心理上。

扩展词汇 名词 benefit,动词 benefit

careful ['keəfəl] 仔细的,小心的

背诵例句 Secondly, psychologically speaking, men are more logical and women are more sensitive and *careful*. 第二,从心理学上讲,男人更理性而女人更敏感细腻。

cheap [tʃi:p] 便宜

背诵例句 And the friend in a foreign country might be able to arrange *cheap* accommodation for a holiday. 国外的朋友,在你度假的时候可以帮你找到便宜的居所。

chemical ['kemikəl] 化学的

背诵例句 Furthermore, the expansion of the land development reduced the habitat of the wild animals and the emission and pollution of the *chemical* substances spoiled the normal living conditions of the wild animals. 此外，土地的扩张发展使野生动物的栖息地减少了，并且排放出的有污染的化学物质破坏了野生动物正常的生活环境。

chief [tʃiːf] 主要的

背诵例句 One of the *chief* aims of education is to equip future citizens with all they require to take their place in adult society. 教育的主要目的之一是，用以一切必要的东西来装备我们未来的公民，使他们以后能够在成人的社会里立足。

civilized [ˈsivilaizd] 文明的

背诵例句 We used to enjoy *civilized* pleasure. 那时，我们享受着种种优雅的乐趣。

clear [kliə] 清楚的

背诵例句 They also provide a *clear* objective standard by which the students can assess themselves and teachers can know what they should do next. 同时它们也提供了一个清晰、客观的标准来让学生们自我评估，也让老师明白下一步该怎么做。

clean [klin] 干净的

背诵例句 Lake Baikal in Asia was once the *cleanest* in the world, with over 700 different kinds of plant and animal life. 亚洲的贝加尔湖曾经是世界上最洁

净的湖，湖里有 700 多种不同的植物和动物。

comfortable ['kʌmfətəbl] 舒适的

背诵例句 For another, many students do not want to return to their native country after graduation because most of them want to seek a more *comfortable* life and a brighter future overseas. 另外，很多学生毕业不想回到祖国，因为他们中的大多数人想在国外追求更加舒适的生活和更加光明的未来。

扩展词汇 名词 comfort，动词 comfort，副词 comfortably

commercial [kə'məːʃəl] 商业的

背诵例句 We live in a *commercial* society. 我们生活在商业社会。

扩展词汇 名词 commercial

common ['kɔmən] 共同的，普遍的

背诵例句 Nowadays, keeping pets has become *common* in families. 在现代家庭中，驯养宠物已不足为奇。

competitive [kəm'petitiv] 竞争的

背诵例句 Learning to be *competitive* is clearly the best preparation for life. 学会竞争显然是对生活最好的准备。

扩展词汇 名词 competition，动词 compete

convenient [kən'viːnjənt] 方便的

背诵例句 Telephone is very *convenient* especially

when we have something urgent. 电话是非常方便的,尤其当我们有紧急的事情时。

扩展词汇 名词 convenience,形容词 inconvenient

countless ['kauntlis] 无数的

背诵例句 This is hardly value for money when you think that our own earth can provide *countless* sights which are infinitely more exciting and spectacular. 为这些东西花钱实在不值得,因为你知道,我们自己的地球就可以提供无数比这更壮观、更激动人心的景观。

creative [kri'eitiv] 有创造力的

背诵例句 There is a limit to the amount of *creative* talent available in the world. 人类的创造才能是有限的。

扩展词汇 名词 creativity

crowded ['kraudid] 拥挤的

背诵例句 Less use of bicycles and private cars will make the roads less *crowded*. 更少的使用自行车和小汽车可以减少道路拥挤状况。

cruel [kru:əl] 残忍的

背诵例句 Many people argue that animal testing is *cruel*. 很多人争论说动物实验是残忍的。

cultural ['kʌltʃərəl] 文化的

背诵例句 Traditional arts, as valuable *cultural* relics of a nation, are disappearing far away from the

modern society. 传统艺术作为一个民族有价值的文化遗产正在从我们的现代社会逐渐消失。

扩展词汇 名词 culture

daily ['deili] 日常的

背诵例句 Such an essential *daily* item as water is in short supply in many parts of the world. 许多地方日常生活所必需的水已经供不应求。

dangerous ['deindʒərəs] 危险的

背诵例句 They want to imitate what they see, which is sometimes *dangerous*. 他们想要模仿他们所看到的东西,这在有时是危险的。

delicious [di'liʃəs] 美味的,可口的

背诵例句 In the pastime, meat and eggs are considered as the most *delicious*. 过去,人们认为肉蛋就是最美味的食品了。

dependent [di'pendənt] 依赖的,依靠的

背诵例句 We become utterly *dependent* on the two most primitive media of communication: picture and the spoken word. 我们的交流变得完全依赖于两种最原始的交流媒介——图画与话语。

扩展词汇 名词 dependence,形容词 independent

different ['difərənt] 不同的

背诵例句 However, the languages spoken in several hundred of countries throughout the world are quite *different* from each other. 但是,全世界数百个国家

的语言是不同的。

扩展词汇 副词 differently,名词 difference

difficult ['difikəlt] 困难的

背诵例句 For them, nothing seems more *difficult* and painful than giving up the harmful habit. 对于这些人,最痛苦的事莫过于戒烟了。

dull [dʌl] 单调的

背诵例句 It is obvious that wearing the uniforms would make school life *dull* and monotonous. 穿校服会使学校生活乏味单调,这是显然的。

扩展词汇 形容词 monotonous

economic [ˌiːkə'nɔmik] 经济的

背诵例句 Few of us have suffered true *economic* hardship and most take a good education and high standard of living for granted. 我们之中很少有人真正经历过经济困难,大部分的人都把良好的教育和高生活水准视为理所当然。

扩展词汇 名词 economy

educational [ˌedju'keiʃənl] 教育的

背诵例句 Television also plays an *educational* role in our daily life. 电视在我们的日常生活中还起到教育的作用。

effective [i'fektiv] 有效的

背诵例句 The treatment and drugs which are *effective* to animals sometimes are useless and even have

negative effects on humans. 那些对动物有效的药物和疗法对人有时是没用的,甚至有相反的作用。

扩展词汇 名词 effect

efficient [i'fiʃənt] 高效的

背诵例句 With their help, human beings' life become much more convenient and *efficient*. 在他们的帮助下,人们的生活变的便捷和高效。

扩展词汇 名词 efficiency,副词 efficiently

endless ['endlis] 无尽的,无数的

背诵例句 With it, people can enjoy *endless* kinds of interesting and instructive programs. 有了电视,人们就可以欣赏到无数有趣和有意义的节目。

enjoyable [in'dʒɔiəbl] 令人愉快的

背诵例句 It is quite obvious that, in an *enjoyable* classroom lesson, not only do we learn the knowledge in books but we also acquire some spiritual things brought about by the teacher's personality. 很明显,在趣味性的课堂上,我们不仅学会了书本知识,而且还获得了由老师个性带来的精神食粮。

enough [i'nʌf] 足够的

背诵例句 Only if one has *enough* self-control, can be benefit from playing games. 只有当一个人有足够的自控能力时,他才能从玩游戏中获益。

entertaining [ˌentə'teiniŋ] 有趣的

背诵例句 Some professional workers actually create

more value than the sports and *entertaining* personalities. 事实上,一些专业工作者能比那些体育和娱乐人士创造更多价值。

扩展词汇 名词 entertainment,动词 entertain

entire [in'taiə] 全部的

背诵例句 Smog has caused *entire* Chinese cities to disappear from satellite photographs. 烟雾使所有中国城市消失在卫星图片中。

environmental [in,vaiərən'mentl] 环境的

背诵例句 However some people argue that while progress has brought us many time-saving machines, it has also brought us *environmental* pollution and energy shortage. 然而,一些人认为虽然科技进步带给我们很多省时的机器,它同时也带来了环境污染和能源短缺。

扩展词汇 名词 environment

essential [i'senʃəl] 本质的,基本的,重要的

背诵例句 Therefore, meat is *essential* in our daily life. 因此,肉在我们日常生活中是必需的。

evident ['evidənt] 明显的

背诵例句 Differences between countries have become less *evident*. 国家间的差异已经越来越不明显。

excited [ik'saitid] 兴奋的

背诵例句 This will naturally be interesting to young adults and, thus, it is not unusual for them to become

excited over one fad after another. 很自然地，这对年轻人而言是有趣的，所以一个接一个新的流行风潮会让他们兴奋也就不足为奇了。

扩展词汇 形容词 exciting

exciting [ik'saitiŋ] 激动人心的

背诵例句 Almost every day we see something in the papers about the latest *exciting* developments in the space race. 我们几乎每天都在报章上读到太空竞赛方面最新、最激动人心的进展。

扩展词汇 形容词 excited

expensive [iks'pensiv] 昂贵的

背诵例句 In addition, it is far more *expensive* to run. 而且，使用它要花的钱则更多。

extra ['ekstrə] 额外的

背诵例句 In rich countries, people have *extra* money and they have the ability to help others. 在富有的国家，人们有多余的钱，他们有能力帮助别人。

famous ['feiməs] 著名的

背诵例句 And for another, most of the world *famous* people are found to be males. 原因之二是大多数世界著名的人物都是男性。

fatal ['feitl] 致命的

背诵例句 With the help of animal tests, we have found cures to many formerly *fatal* diseases. 借助动物实验的帮助，我们已经发现了许多以前是致命的

疾病的治愈方法。

favourite [ˈfeivərit] 最喜欢的

背诵例句 Activities such as reading a novel at midnight, listening to a *favourite* record between classes are looked upon as a kind of private pleasure because they are necessary nourishment for growth of psychological well-being. 像午夜读小说、课间欣赏一张自己最喜欢的唱片之类的活动都被视作一种个人乐趣,因为他们对心理健康都是必须的营养品。

financial [faiˈnænʃəl] 经济的

背诵例句 Therefore, as long as it is *financially* feasible, an overseas education may do a person more good than harm. 因此,只要在经济上是可行的,海外教育对一个人来说,利大于弊。

formal [ˈfɔːml] 正式的

背诵例句 By contrast, letter-writing is a *formal* way of communication. 相比较而言,写信是一种正式的交流方式。

fresh [freʃ] 新鲜的

背诵例句 All the simple, good things of life like sunshine and *fresh* air are at a premium. Tall buildings blot out the sun. 生活中一些简单而美好的事物,如阳光和新鲜空气,都变成了奢侈品。高层建筑挡住了阳光。

global [ˈgləubəl] 全球的

背诵例句 We also know that more and more environmental problems in the United States, in China, and elsewhere are not just national problems, they are *global* problems. 我们知道在美国、中国和其他地方日益严重的环境问题已不是一国的问题，而是一个国际问题。

graceful ['greisfəl] **优雅的**

背诵例句 People pay more attention to the nutrition of the food and they also care if it can make them vigorous and *graceful* at the same time. 人们更加关注食物的营养，关心它是否能使我们精力充沛、优雅端庄。

grateful ['greitfəl] **感谢的**

背诵例句 Pop stars earn vast sums in foreign currency — often more than large industrial concerns — and the taxman can only be *grateful* for their massive annual contributions to the exchequer. 流行歌星挣了大量外汇——经常比大产业集团挣的外汇还多——纳税人只可能对他们为国库做的巨大贡献表示感谢。

great [greit] **很大的**

背诵例句 Without the practice, the world would be in *great* chaos and full of blood and violence. 如果不这么做，世界将会一片混乱，充满了血腥与暴力。

harmful ['hɑːmfəl] **有害的**

背诵例句 The first reason is that raising pets is *harmful* to people's health. 第一个原因是饲养宠物

对人的健康有害。

healthy [ˈhelθi] 健康的

背诵例句 Only when we have a *healthy* body, can we work more efficiently. 只有当我们有个健康的身体时，我们才能更高效地工作。

拓展词汇 名词 health

heated [ˈhiːtid] 热烈的

背诵例句 Child care is a big issue in all families, and there is a *heated* debate on the best method of handling it. 照顾孩子对所有家庭来说都是一个大问题，而且对于解决这个问题的最好的方法存在着一个激烈的争辩。

heavy [ˈhevi] 沉重的，严重的

背诵例句 With population rapidly increasing, *heavy* traffic has become a big headache for many cities. 随着人口的迅速增长，交通拥挤已成为许多城市难以解决的问题。

helpful [ˈhelpfəl] 有利的，有帮助的

背诵例句 This is especially *helpful* to new students. 这对新生而言特别有帮助。

huge [hjudʒ] 巨大的

背诵例句 Smoking costs a large sum of money, laying a *huge* economic burden on the smoker's family. 吸烟花费大量的钱，给吸烟者的家庭带来巨大的经济负担。

illegal [iˈliːgəl] 非法的

背诵例句 The *illegal* killing threatens the survival of Panda. 非法的捕杀威胁熊猫的生存。

important [imˈpɔːtənt] 重要的

背诵例句 I still like to travel with friends because I think the most *important* thing during travel is to get pleasure and relaxation. 我还是喜欢和朋友一起旅行，因为我认为在旅行中最重要的是得到快乐和放松。

impossible [imˈpɔsəbl] 不可能的

背诵例句 For most people, owning a traditional house with a garden is an *impossible* dream. 对大部分人而言，拥有一座有花园的传统房屋是不可能实现的梦想。

independent [ˌindiˈpendənt] 独立的

背诵例句 Secondly, the process of writing evaluations will help the students think in their own way *independently*. 第二，写评估的过程可以帮助学生们以他们自己的方式独立思考。

扩展词汇 名词 independence，形容词 dependent，动词 depend

industrial [inˈdʌstriəl] 工业的

背诵例句 Emissions from factories pollute the air of *industrial* waste and worse, radioactive waste have made there no safe place to go. 工厂排泄物用工业废弃物污染了空气，更糟的是，放射性污染物使得我们

没有安全的地方可去。
扩展词汇 名词 industry

informal [in'fɔːml] 非正式的
背诵例句 Although there are formal lectures during which the student has a passive role (i. e. , listening and taking notes), many courses are organized around classroom discussions, student questions, and *informal* lectures. 尽管在一些正式的讲座中,学生扮演一个被动的角色,(例如,他们听讲、做笔记)许多课程还是采用课堂讨论,学生提问和非正式演讲的形式。
扩展词汇 形容词 formal

intelligent [in'telidʒənt] 聪明的,有才智的
背诵例句 Since this is our fate; the only *intelligent* thing to do is to be strong, and be a winner. 因为这是我们的命运,所以最明智的做法就是变得强大,成为赢家。
扩展词汇 形容词 intellectual,名词 intelligence

interesting ['intristiŋ] 有趣的
背诵例句 For one thing, high technology brings many *interesting* things to young people such as TV, the Internet and PC games. 一方面,高科技给年轻人带来了很多有趣的东西,例如,电视,网络及电脑游戏。
扩展词汇 名词 interest

keen [kin] 渴望的,激烈的
背诵例句 Firstly, because I was always hungry for

knowledge and *keen* on learning, while in high school, I became more and more interested in such subjects as math, physics, and chemistry. 首先,因为我一直渴望知识,乐于学习。在中学时,我对数学、物理、化学等学科越来越感兴趣。

latest ['leitist] 最新的

背诵例句 The professors are aware of all the *latest* development in their fields. 教授了解本学科最新的发展情况。

latter ['lætə] 后者

背诵例句 Personally, I am for the *latter* opinion. 我个人同意后者的观点。

lazy ['leizi] 懒惰

背诵例句 In this way, children will become very *lazy* and unwilling to use their mind. 这样一来,孩子们就会变得很懒惰并且不愿意动脑。

legal ['ligl] 合法的

背诵例句 In the first place, it seriously violates the *legal* rights and interests for children. 首先,它严重侵犯了孩子们的合法权利和利益。

扩展词汇 形容词 illegal

leisure ['leʒə] 空闲

背诵例句 Physical recreation and intellectual development are the two basic ways in which we college students engage ourselves in our *leisure* time. 身体锻

炼和智力发展是我们大学生在业余时间里娱乐的两种基本方式。

limited ['limitid] 有限的

背诵例句 If man's attention is only put on the potential of scientific achievements, the earth's *limited* economic resources will give up along with the increasing mouths to feed. 如果人类的注意力仍然只放在技术开发的潜力上,那么,地球上有限的资源将无法再供养不断增多的人口。

little ['litl] 几乎没有,很少的,小

背诵例句 Besides, students are expected to learn only what the teacher tells them, and have *little* chance to take advantage of others' ideas. 而且,在这种课堂上,学生们只被期望学会老师教给他们的东西,没有机会利用其他同学的想法。

扩展词汇 副词 little

local ['ləukl] 当地的

背诵例句 If there were no advertising, consumers could not know about goods in their *local* shops. 如果没有广告,消费者对当地商店所卖的货物会一无所知。

lonely ['ləunli] 孤独

背诵例句 Keeping each other's company, they don't feel *lonely* and can do a great deal of things together, such as morning exercise, playing games, and exchanging memories and stories from their past. 保

持交往，他们不会感到孤独而且还可以一起做很多事情，比如晨练，玩游戏，一起交流过去的记忆和故事。

拓展词汇 名词 loneliness

low [ləu] 低

背诵例句 Because of the high speeds and the relatively *low* cost of this type of travel, it has changed the way people look at the world. 因为这种旅行方式的快捷和低成本，它已经改变了人们看世界的方式。

joint [dʒɔint] 共同的，联合的

背诵例句 It calls for the *joint* efforts of the government, the young and the old people themselves. 它需要政府、年轻人和老年人自己的共同努力。

mental [ˈmentl] 心理的

背诵例句 Forcing a person to retire can do harm to his physical and *mental* health. 强迫一个人退休会损害他的身体和心理健康。

meaningful [ˈmiːniŋful] 有意义的

背诵例句 Young people should be encouraged to take part in more *meaningful* and valuable activities such as reading, studying and exercising. 年轻人应该被鼓励做更有意义、有价值的事情，如阅读、学习和锻炼。

拓展词汇 形容词 meaningless，名词 meaning

meaningless [ˈmiːniŋlis] 毫无意义的

背诵例句 For the first time in his history, man has

the overwhelming technological resources to combat human suffering, yet he squanders them on *meaningless* pursuits. 人类在自己的历史上第一次拥有了和人类不幸作战的强大技术力量，可是却把他们浪费在毫无意义的追求上。

扩展词汇 形容词 meaningful，名词 meaning

modern [ˈmɔdən] 现代的

背诵例句 Consumer goods are desirable every-where and *modern* industry deliberately sets out to create new markets. 随处都是诱人的消费品，而且现代工业在处心积虑地创造新市场。

most [məust] 大多数的

背诵例句 I believe that one of the *most* important and influential inventions in the world has been the development of jet plane. 我相信，世界上最重要最有影响的发明之一就是喷气式飞机的发展。

national [ˈnæʃənl] 国家的，民族的

背诵例句 China, as one of the highly-civilized countries in the world, abound in various forms of traditional arts, such as painting, calligraphy, music, architecture and dramas, which are not only our *national* cultural treasures, but also a rich fortune of the world. 中国，作为世界上高度文明化的国家之一，拥有各种形式的传统艺术，如油画、书法、音乐、建筑学和戏剧艺术，这不仅是我国的文化财产，也是世界的巨大财富。

扩展词汇 名词 nation

natural [ˈnætʃərəl] 自然的，天然的

背诵例句 People have been making use of these *natural* supplies for thousands of years. 人们对于大自然的利用有几千年的历史。

扩展词汇 名词 nature

necessary [ˈnesisəri] 必要的

背诵例句 But in today's world, advertising is not only *necessary* but also helpful. 不过，在今天的世界里，广告不仅必不可少，而且还很有益处。

nervous [ˈnəːvəs] 紧张

背诵例句 People may be *nervous* around others they don't know well or in an unfamiliar situation. 有人可能会因为跟周围的人不熟或处于不熟悉的环境而心生紧张。

normal [ˈnɔːməl] 正常的

背诵例句 Children are hardy creatures (far hardier than the psychologists would have us believe) and most of them survive the harmful influence of extreme permissiveness which is the *normal* condition in the modern household. 小孩子是一种强壮的动物（远比心理学家告诉我们的要强壮），在现代家庭，过分娇惯孩子已经成为一种普遍现象，只是大多数孩子居然能够克服它的不良影响。

negative [ˈnegətiv] 负面的

背诵例句 It prevents children from being polluted by some *negative* influence. 它使儿童避免受到一些负

面影响。
扩展词汇 形容词 adverse

obvious [ˈɔbviəs] 显然的
背诵例句 In my opinion, while overseas study has its drawbacks, the advantages are *obvious*. 依我看来，虽然去国外学习有些缺点，但是优势也是很明显的。

only [ˈəunli] 唯一的
背诵例句 The *only* time you do not think of work is during the three or four hours a day that you spend sleeping. 你不想工作的唯一时间是你每天睡觉的3、4个小时。

open-minded [ˈəupən-ˈmaindid] 开放的
背诵例句 The knowledge of social customs acquired in the other countries helps them to become more *open-minded*. 在国外学习的社会风俗的知识使他们的思想更开明。

other [ˈʌðə] 其他的
背诵例句 Other careers, such as that of an artist or musician, attract people who find their work personally fulfilling no matter what the monetary reward. 还有一些职业，如艺术家、音乐家，其吸引人的原因在于人们可以从工作中实现自己的理想，而不在乎金钱上的报酬。

out-dated [aut-deitid] 过时的
背诵例句 Compared with young people, old people's

knowledge is *out-dated*, which does not fit in with the development of the current society. 和年青人比起来，老年人的知识是过时的，已经不能适应当前社会的发展。

overall [ˌəuvərɔːl] 全面的

背诵例句 We should give an *overall* consideration to this issue. 对这个问题我们应该有个全面的考虑。

painful [ˈpeinfəl] 痛苦的

背诵例句 Furthermore, for smokers, nothing seems more difficult and *painful* than giving up the habit. 而且，对于吸烟者来说，戒掉这个习惯是最困难、最痛苦的事情。

peaceful [ˈpiːsfəl] 和平的，宁静的

背诵例句 However, as a person always expecting a *peaceful* life, I personally agree with the latter view. 然而，作为一个一直企盼和平生活的人，我个人同意后一种观点。

personal [ˈpəːsnl] 个人的

背诵例句 Smoking is just a *personal* hobby and entertainment. 吸烟只是一种个人爱好和娱乐。

physical [ˈfizikəl] 身体的

背诵例句 Last but not least, it endangers children's *physical* development. 最后但并非最不重要的，这会危及孩子们的身体发育。

perfect ['pə:fikt] 完美的,完善的

背诵例句 Secondly, try to squeeze some time for a regular family dinner because dinner time is a *perfect* time and opportunity for people to exchange their feelings and ideas. 其次,试着抽出时间参加家庭晚餐,因为晚餐时间是人们相互交流感情和想法最好的时间。

扩展词汇 名词 perfection

poisonous ['pɔiznəs] 有毒的

背诵例句 In many countries, laws have been made to stop factories from sending out *poisonous* gases. 有些国家还颁布了法令来阻止工厂向外排放毒气。

poor [puə] 贫穷的

背诵例句 *Poor* people had to save for years to purchase a ticket, and the conditions in which they traveled were not very good. 穷人不得不用几年的积蓄来买一张票,而且他们旅行过程中的条件并不是很好。

popular ['pɔpjulə] 流行

背诵例句 Nowadays raising pets such as dogs and cats is becoming more and more *popular* in big cities. 现在,饲养宠物如猫和狗在大城市里正在变得越来越流行。

positive ['pɔzətiv] 肯定的,积极的

背诵例句 Advertising does play an important and *positive* role in our modern life, though it does have

many disadvantages. 广告在我们现代的生活当中确实扮演着一个重要而积极的角色，尽管它还有很多的不足。

扩展词汇 形容词 negative, adverse

possible [ˈpɔsəbl] 可能的

背诵例句 Some people like to use such services as telephones to get in touch with their friends, customers, etc. while others, whenever *possible*, turn to the most traditional ones, for example, writing letters. 有人喜欢使用像电话这样的服务方式与朋友、客户等交流，有人只要有可能便倾向于使用最古老的方式、如写信。

扩展词汇 形容词 impossible

potential [pəˈtenʃəl] 潜在的

背诵例句 They are *potentially* profitable. 他们是有潜在利益价值的。

扩展词汇 名词 potential

powerful [ˈpauəfəl] 有力的，强大的

背诵例句 Television, invented in last century, with its wide availability, increasingly prosperous programs has become one of the most *powerful* means of communication in the history. 发明于上世纪的电视，拥有广泛的实用性，越来越成为历史上最有效的交流工具中的一员。

practical [ˈpræktikl] 实际的，实用的

背诵例句 Nearly everything they study at school has

some *practical* use in their life, but is that the only reason why they go to school? 几乎在学校里学的一切在他们的日常生活中有实际的用处，但这就是他们上学的唯一理由吗?

present ['preznt] 现在的

背诵例句 Our *present* transportation systems burn great amounts of fossil fuels that pollute the atmosphere. 我们目前的运输系统会燃烧大量石化燃料并污染大气层。

professional [prə'feʃənl] 专业的

背诵例句 However, traditional arts are leaving contemporary people further and further away, one of the main reasons for which is that the authorities concerned and some institutes lack funds and *professionals*, which are quite essential to the research and promotion of traditional culture. 然而，传统艺术正与现代人渐行渐远，主要原因之一是有关当局和机构缺乏资金和专业人士，而资金和专业人士在研究和促进传统文化发展方面是非常必要的。

proper ['prɔpə] 合理的，合适的

背诵例句 In a co-educational school, everything falls into its *proper* place. 而在男女同校制的学校里，一切都适得其所。

psychological [ˌsaikə'lɔdʒikəl] 心理的

背诵例句 Parents have a leading role to play in the children's *psychological* development and family

education directly affects a child's overall capacity — including his communicative, cognitive and perceptual capacity. 父母在孩子的心理成长中扮演了最重要的角色，并且家庭教育直接影响了孩子的总体能力——包括他的交流，认知和感知能力。

public ['pʌblik] **公共的，公众的**

背诵例句 No sooner has a new road been completed and opened to *public* traffic than it is crowded with all kinds of vehicles. 一条新的公路刚一完成并向公共交通开放，各种各样的交通工具便蜂拥而至。

quiet ['kwaiət] **安静的**

背诵例句 Three, a house provides its owners with more privacy and a *quieter* environment. 第三，房子能提供房主享有更多的隐私以及更安静的环境。

reasonable ['riːznəbl] **有道理的，合理的**

背诵例句 Some parents have spoiled their kids by attempting to satisfy their each and every desire, *reasonable* or unreasonable. 一些家长溺爱他们的孩子，试图满足孩子们的一切要求，而不论这个要求是否合理。

relevant ['relivənt] **相关的**

背诵例句 It is sagacious that all *relevant* factors should be taken into account before taking any action. 在采取任何行动前，所有相关的因素都应该被考虑，这是明智的。

扩展词汇 形容词 related, irrelevant

related [ri'leitid] 相关的

背诵例句 It has been found that the children's weight is related to that of their parents. 研究表明，儿童的体重和父母有关。

扩展词汇 形容词 relevant

reliable [ri'laiəbl] 可靠的

背诵例句 However testing a person by examinations is still regarded as the only *reliable* and feasible method to measure one's knowledge and ability. 然而用考试来测试一个人仍旧被认为是唯一可靠和可行的衡量一个人知识和能力的办法。

safe [seif] 安全

背诵例句 In the case of normal usage and normal operating conditions, however, research has shown that computer monitors are *safe* and do not harm our eyes and that computer monitors emit little or no harmful radiation. 然而，在正常使用的情况下，研究表明电脑显示器是安全的，并不会伤害我们的眼睛，也很少或根本没有放射出有害辐射。

serious ['siəriəs] 严重的

背诵例句 If the guns and some of other weapons would be totally restricted in the modern globe, the *serious* phenomenon of violence and other relevant behaviors would vanish. 如果枪支和一些其他的武器在当今全球被彻底限制，严重的暴力现象和其他的一些相关行为将会消失。

several ['sevərəl] 几个，各自的

背诵例句 *Several* factors may account for this. 有几个原因可以解释这一现象。

severe [sə'viə] 严重的

背诵例句 In addition, poor-quality TV programs can have *severe* effects on people's mood and behavior. 另外，品质低劣的电视节目会严重影响人们的情绪和举止。

sharp [ʃɑːp] 急剧的

背诵例句 The awkward stage of adolescence brings into *sharp* focus some of the physical and emotional problems involved in growing up. 在尴尬的青春期，男女双方在成长过程中出现的种种生理和情绪问题也会受到极大的关注。

short [ʃɔːt] 短

背诵例句 Their stay is generally too *short* for them to give more than a cursory glance. 他们逗留的时间通常都很短，仅仅是走马观花。

similar ['similə] 相似的

背诵例句 We are all *similar* to each other and at the same time all unique. 我们彼此是相似的，同时又是独特的。

social ['səuʃəl] 社会的

背诵例句 Solving problems in the dorm will enrich their *social* experience. 解决宿舍里的问题将丰富他

们的社会经验。
扩展词汇 名词 society

spiritual [ˈspiritjuəl] 精神上的
背诵例句 In contrast to the past, economic, material values now carry more weight than *spiritual* ones; personal benefit is a stronger motivation than collective benefit. 与过去相比,如今对经济和物质的重视程度远远大于对精神的重视程度,个人利益的刺激比集体利益的刺激更强。

splendid [ˈsplendid] 壮丽的,极好的
背诵例句 Television may be a *splendid* medium of communication, but it prevents us from communicating with each other. 或许电视的确是一种了不起的传播媒介,但是它阻止了我们相互之间的交流。

stable [ˈsteibl] 稳定的
背诵例句 There is no denying that to live a *stable* life needs a certain amount of money. 不容置疑,想要安稳地生活就需要绝对充足的钱。

steady [ˈstedi] 稳定的
背诵例句 A man working in a *steady* job and looking forward to a pension at the end of it has no right to expect very high rewards. 一个有着稳定工作,并且期待最终能拿到一份养老金的人没有权力去期待非常高的酬金。

strange [streindʒ] 奇怪

背诵例句 Usually, people feel uncomfortable about living with *strangers* because of different habits and values. 通常,因为不同的习惯和价值观,人们觉得与陌生人生活不舒服。

strict [strikt] 严格的

背诵例句 A *strict* schedule makes it impossible for the tourist to have chance to communicate with local people. 严格的时间表使游客不可能有机会去和当地的人交流。

strong [strɔŋ] 强壮的,强大的

背诵例句 Those who *strongly* approve of the practice have cogent reasons for it. 那些强烈赞成这种做法的人持有很令人信服的理由。

扩展词汇 名词 strength,动词 strengthen

successful [sək'sesfəl] 成功的

背诵例句 A man who really knows how to learn will always be *successful*, because whenever he has to do something new which he has never had to do before, he will rapidly teach himself how to do it in the best way. 一个真正懂得学习的人总是一个有成就的人,因为不管他何时做以前从未做过的事,他都会教自己如何以最好的办法来做。

扩展词汇 名词 success, 动词 succeed, 副词 successfully

suitable ['sju:təbl] 适合的

背诵例句 It is said that mothers know what is most

suitable for their children. 据说,母亲们知道什么最适合她们的孩子。

tough [tʌf] 艰苦的,强硬的

背诵例句 How do they respond in these *tough* situations — can they be creative with their answers? 在这样严峻的情况下,他们如何回答问题 —— 他们的答案会不会有创造力?

traditional [trəˈdiʃənl] 传统的

背诵例句 Firstly, we can send E-mails to our friends in other countries in a few minutes while sending a *traditional* letter takes us at least a week and costs much. 首先,我们给国外的朋友发电子邮件只需要几分钟功夫,传统的邮件至少要花费我们一周的时间并且费用也很高。

扩展词汇 tradition

ugly [ˈʌgli] 丑陋的,难看的

背诵例句 Cities are allowed to become almost uninhabitable because of heavy traffic; towns are made *ugly* by huge car parks; the countryside is desecrated by road networks; and the mass annual slaughter becomes nothing more than a statistic, to be conveniently forgotten. 众多的车辆使城市变得无法居住;巨大的停车场令城镇不堪入目;公路网把乡村景色糟蹋的一塌糊涂;而每年因车祸而惨死的人数仅仅同一个统计数据一样——很快就被遗忘了。

uncomfortable [ʌnˈkʌmfətəbl] 不舒服

背诵例句 This needn't make you too *uncomfortable* because you are in good company. 这不至于使你太难为情,因为像你这样的人数不胜数。

拓展词汇 名词 comfort, 形容词 comfortable, 副词 comfortably

unfair ['ʌn'fɛə] 不公平的

背诵例句 Or else, it would be *unfair* to some parents. 否则对一些父母是不公平的。

unique [ju'niːk] 独特的

背诵例句 Every country and culture has at least one unique feature, such as food, handicraft, music, art, sport, noted historical sight or innovative product. 每个国家、每种文化,都至少有一项独一无二的特色,比如食物、手工艺、音乐、美术、运动、著名的历史景点或是创新的产品。

up-to-date ['ʌp-tu-'deit] 最新的

背诵例句 The book resources are more *up-to-date*. 更新的书籍资源。

urgent ['əːdʒənt] 紧急的

背诵例句 Another example is more vivid: You have something *urgent* which has to be informed to your friend whose house is two hour's ride away. 另外一个例子更加生动形象:如果你有急事通知你的朋友,而他家距你家有 2 小时的路程。

useful ['juːsfəl] 有用的

背诵例句 While it is true that some advertisements do provide *useful* information about new products, I believe that their primary effect is to encourage people to buy things that they don't really need. 虽然某些广告的确提供了关于新产品的有用资讯,但我认为,它们的主要功用就是鼓励大家去买一些不是真的很需要的东西。

unwilling [ˌʌnˈwiliŋ] 不愿意的

背诵例句 In this way, children will become *unwilling* to use their mind. 这样一来,他们就会变得不愿意动脑。

various [ˈvɛəriəs] 各种各样的

背诵例句 I feel that I can always find things to learn from my *various* different friends. 我感到我总是能够从我大量不同朋友的身上学到东西。

valuable [ˈvæljuəbl] 有价值的

背诵例句 Strong winds can also blow away the *valuable* soil that lies on the top of the fields. 大风也可能把田地表面的肥沃土壤刮走。

violent [ˈvaiələnt] 暴力的,剧烈的

背诵例句 More and more financial crimes are committed *via* the Internet. 通过因特网的经济犯罪越来越多。

扩展词汇 名词 violence

weak [wiːk] 弱的

背诵例句 As individuals we are certainly *weak*, but if governments acted honestly and courageously, they could protect us from ourselves. 作为个人我们的确力不从心，但只要政府采取诚实的、无所畏惧的行动，就一定能保护我们免受自己的伤害。

wealthy ['welθi] 富裕的

背诵例句 Only *wealthy* people could afford to travel comfortably in first class. 只有有钱人能够支付得起最舒适的旅行。

whole [həul] 所有的，完全的

背诵例句 *Whole* generations are growing up addicted to the telly. 一代又一代人在对电视的迷恋中长大了，长成了电视迷。

willing ['wiliŋ] 愿意

背诵例句 People are always *willing* to hold liberal views as the defender of the under-dog, so long as you, personally, remain unaffected. 只要付出代价的是别人，人们总是乐意发表一些宏论。而且只要事不关己，摆出一副落水狗辩护人的姿态总是很时髦的。

扩展词汇 形容词 unwilling

wonderful ['wʌndəfəl] 美妙

背诵例句 How *wonderful* it is to compete with your friend in a green field. 和朋友在绿茵场上竞赛是多么美妙。

worthwhile ['wəθ'wail] 值得的

背诵例句 Is it really *worthwhile* that an individual makes sacrifices to his country, and at the same time ignores his own family or his personal values? 一个人真的值得为了国家利益而忽略自己的家庭和个人价值么?

Unit 4 Adverb 副词

actually ['æktʃuəli] 事实上

背诵例句 *Actually*, every coin has two sides. 事实上,任何事情都有两个方面。

again [ə'gen] 再,又

背诵例句 Furthermore, once the criminals commit crimes *again*, it will take the police much trouble to catch them. 而且,一旦罪犯重新犯罪,就必将会给警察的抓捕带来很大困难。

alone [ə'ləun] 独自地

背诵例句 However, no single country can save the environment *alone*. 但是,没有任何一个国家能单独来拯救环境。

扩展词汇 形容词 lonely

already [ɔːl'redi] 已经

背诵例句 For example, the end of the world's fuel is *already* within sight. 例如,燃料资源匮乏已近在眼前。

almost ['ɔːlməust] 几乎

背诵例句 According to my current situation, although I am longing for the cozy atmosphere and relationship among neighbors and friends which *almost* only exist in the countryside, I have chosen to live in one of the

biggest cities in my country — Beijing, since I have found a pretty good job here, and decent pay. 根据我目前的处境，尽管我渴望几乎只有在乡村才存在的和谐氛围和邻里、朋友关系，但我已经选择了居住在我国最大的城市之一——北京，因为我在这里找到了一份相当不错的工作，有着体面的报酬。

also [ˈɔːlsəu] 也

背诵例句 They *also* need to have a moderate salary requirement. 他们也需要有一个适度的薪金要求。

always [ˈɔːlweiz] 总是

背诵例句 However, it is *always* not easy to make a satisfying choice. 然而，做出一个满意的决定通常不太容易。

basically [ˈbeisikəli] 基本地

背诵例句 But what's the sense of this mass exchange of populations if the nations of the world remain *basically* ignorant of each other? 但是，要是世界各国基本上还是像原来那样互不了解，居民的这种群体交流又有什么意义呢?

besides [biˈsaidz] 此外

背诵例句 *Besides*, don't hesitate to seek advice from the people around you. 此外，要毫不犹豫地向周围的人寻求意见。

carefully [ˈkɛəfuli] 小心地，谨慎地

背诵例句 Some parents teach their children very

carefully, telling them what to do, how to do, what is wrong, and what is right. 有些父母非常慎重地教育自己的子女。告诉他们做什么,怎样做,什么是错误,什么是正确。

拓展词汇 形容词 careful

certainly [ˈsəːtənli] **当然**

背诵例句 *Certainly* there are other kinds of parents, who are busy doing their own business day and night, ignoring the education of children. 当然,有些父母日夜忙着做自己的事,不关心子女的教育问题。

clearly [ˈkliəli] **清楚地**

背诵例句 They are not even capable of thinking *clearly*. 她们甚至思路混乱。

comfortably [ˈkʌmfətəbəli] **舒适地**

背诵例句 However, every country on this planet should work hard to develop the system to serve us more efficiently and *comfortably*, because in the net all countries are interrelated. 尽管如此,这个星球上的每个国家都应努力发展这个网络系统以便更高效更舒适地服务于人类。因为在网上,所有的国家都是互相联系的。

拓展词汇 形容词 comfortable

completely [kəmˈpliːtli] **完全地**

背诵例句 Since foreign languages have already been used as a tool in our daily life and machines cannot help us communicate *completely*, why do we give up

studying the foreign languages? 既然外语已作为一种工具为我们所日常需要，既然机器无法帮助我们最大限度地实现沟通，我们还有什么理由放弃学习外语呢？

deeply [di:pli] 深深地

背诵例句 Computer is used so widely that nearly all the fields in which we live have been *deeply* concerned about. 计算机已被广泛地应用，以至于人们生活的所有领域都与它密切相关。

easily ['i:zili] 容易地

背诵例句 Nowadays high technology brings us more interesting things which can *easily* attract people's attention, such as watching TV, surfing the Internet or playing video games. 现在高科技带给我们更多有趣的事情，它们可以很容易地吸引人们注意，例如看电视，网上冲浪或者打游戏。

efficiently [i'fiʃəntly] 有效地，有效率地

背诵例句 Only in this way can we more *efficiently* solve the problem of heavy traffic. 只有用这种方法，我们才能更有效地解决交通拥挤问题。

either ['aiðə] 也

背诵例句 Meanwhile, electronic dictionaries cannot take effect *either*. 同时，电子辞典也不管用。

especially [ə'speʃəli] 尤其

背诵例句 As far as I am concerned, the program I

like best is the news, *especially* the Evening Newscast Program which is shown by CCTV every evening. 对我来说,我最喜欢的节目是新闻,尤其是每天晚上由中央电视台播放的晚间新闻节目。

even ['i:vən] 甚至

背诵例句 You can always see young people and *even* adults addicted to the computer games. 你总能看到沉溺于计算机游戏中的年轻人,甚至成年人。

everywhere ['evriweə] 随处

背诵例句 The fact that we failed somewhere does not mean to fail *everywhere*. 事实上,我们在某方面失败了并不等于我们在所有方面都会失败。

exactly [ig'zæktli] 正确地

背诵例句 While there is no way to predict *exactly* what our scientists and entrepreneurs will come up with, there are indications that advances will be made in certain areas. 虽然我们没有办没精确地预测到科学家和企业家想出什么新点子,但有迹象显示,某些领域仍将会有进步。

finally ['fainli] 最后

背诵例句 *Finally*, the imprisonment of criminals cannot scare off the criminals. 最后,对罪犯的监禁丝毫也不会威慑到其他罪犯。

扩展词汇 形容词 final

firmly ['fə:mli] 坚定地

背诵例句 Personally, I *firmly* believe that women should be given the same rights as men, because they are equally important in all human activities. 就我个人而言,我坚信女性应该得到与男性同等的权利。因为在人类社会活动中,他们具有同等重要的作用。

fortunately [ˈfɔːtʃənətli] 幸运地

背诵例句 *Fortunately*, people are beginning to realize just how serious the whole situation is. 值得庆幸的是,人们已渐渐对此严重的形势有所认识。

formerly [ˈfɔːməli] 从前

背诵例句 With the help of animal tests, we have found cures to many *formerly* fatal diseases. 借助动物实验的帮助,我们已经发现了许多以前是致命的疾病的治愈方法。

frequently [ˈfriːkwəntli] 经常

背诵例句 And we must remember that they *frequently* succeed brilliantly in all these fields in addition to bearing and rearing children. 而且我们必须记住,除了生儿育女,她们在所有这些领域经常取得辉煌的成就。

fully [ˈfuli] 完全地

背诵例句 When the time comes for the pupils to leave school, they are *fully* prepared to enter society as well-adjusted adults. 当学生该离校的时候,他们已经做好了进入成人世界的一切准备。

furthermore ['fəːðə'mɔː] 而且

背诵例句 *Furthermore*, vegetables can keep them fit. 进一步讲，蔬菜可使他们保持体形。

generally ['dʒenərəli] 一般地

背诵例句 *Generally*, old people should offer young guys opportunities to practice their abilities and talents. 一般的，年长者应该给年轻人提供机会去锻炼他们的能力和才干。

gradually ['grædjuəli] 逐渐地

背诵例句 As people are enjoying more comfortable material life, they *gradually* develop their own set of values in order to enjoy their own style of life. 当人们享受更舒服的物质生活时，为了享受他们自己的生活方式，他们逐渐形成了自己的价值体系。

greatly ['greitli] 大大地

背诵例句 Outdoor activities can improve our health greatly. 户外活动能大大促进我们的身体健康。

hardly ['hardli] 几乎不

背诵例句 For one thing, many jobs which can easily be done by men, can *hardly* be done by women. 原因之一是许多男性可以胜任的工作，女性却难以完成。

hence [hens] 因此

背诵例句 As a two-way communication, it also makes you clearly hear your friend's voice, and *hence* this communication will be easy and correct. 作为一

种双向交流方式，电话还可让你清晰地听到朋友的声音，所以，这种交流既容易又不会出错。

however [hau'evə] 然而

背诵例句 *However*, as we know, everything had its bad side. 但是我们知道每件事都有不利的一面。

immediately [i'mi:djətli] 立即

背诵例句 What is the most beneficial is that if any disease strikes them, medical services are *immediately* available. 最关键的好处就是当有任何疾病侵害他们的时候，可以立刻进行医疗救护。

indeed [in'di:d] 确实

背诵例句 *Indeed*, the issue whether or not corporal punishment should be abolished has aroused a heated discussion among people. 关于体罚是否应该被废止的问题确实在人群中引起了一场激烈的讨论。

just [dʒʌst] 只是，正

背诵例句 That is *just* the reason for us to learn foreign languages. 这正是我们学习外语的原因所在。

扩展词汇 副词 only

lately ['leitli] 最近

背诵例句 *Lately*, your job has taken up much of your time. 最近你的工作占据了你大量的时间。

live [laiv] 现场地，以现场直播方式

背诵例句 Important events are often broadcast *live* on TV. 重要事件经常在电视上现场直播。

little ['litl] 几乎不

背诵例句 It seems that people who know *little* about the internet are out-dated. 不太懂因特网的人好像已经落伍了。

扩展词汇 形容词 little

logically ['lɔdʒikəli] 逻辑地

背诵例句 If they do have good communication skills, they will be able to do this *logically* and succinctly. 若他们确实有良好的交际能力,他们就能做到逻辑分明,简洁清晰地回答问题。

mainly ['meinli] 主要

背诵例句 There are *mainly* three reasons for my liking the program. 我之所以喜欢这个节目主要有三个原因。

meanwhile ['miːnˌwail] 同时

背诵例句 *Meanwhile*, chances are that injuries could ruin their sport career in just a few seconds. 同时,他们还有受伤的风险。

moreover [mɔː'rəuvə] 而且

背诵例句 *Moreover*, the whole human society seems to have all along been dominated by men only. 另外,整个人类社会似乎全由男性操纵。

mostly ['məustli] 主要地

背诵例句 In China, because of its tradition, the old people are *mostly* supported by their children. 在中国,因为传统的原因,老人主要是由子女赡养。

nearly ['niəli] 几乎

背诵例句 However after the examination, most children forget *nearly* all the information and facts they stuff into their heads. 然而在考试结束后,绝大部分的孩子都忘记了所有塞进他们脑子的那些信息和事实。

never ['nevə] 永不

背诵例句 Now he is playing it as it has *never* been played before. 现在他们更是把这种游戏玩得史无前例。

nevertheless [ˌnevəðə'les] 然而,不过

背诵例句 *Nevertheless*, it is not exactly precise to criticize the mass media. 然而,批评大众传媒这种行为是不够客观的。

nowadays ['nauədeiz] 现在

背诵例句 *Nowadays* there are more and more young people going abroad for study. 现在出国留学的年轻人越来越多。

obviously ['ɔbviəsli] 明显地

背诵例句 *Obviously*, this trend brings about both advantages and disadvantages. 很明显这种趋势既

带来了好处也带来了弊端。

once [wʌns] 曾经

背诵例句 Individual nations are not as isolated as they were in the past, and people now think of the whole planet as they *once* thought of their own hometowns. 国家之间也不再像过去那样互相封闭，并且人们把整个行星都当成了自己的家。

particularly [pəˈtikjuləli] 尤其

背诵例句 That is why there are still a number of people, *particularly* the old film fans, who show great fondness for cinema. 这就是为什么还有许多人，尤其是老影迷，钟情于看电影。

perhaps [pəˈhæps] 也许

背诵例句 Advertisers tend to think big and *perhaps* this is why they're always coming in for criticism. 广告往往会好高骛远，或许这就是他们总招人非议的原因吧。

personally [ˈpəːsnəli] 就个人而言

背诵例句 Other careers, such as that of an artist or musician, attract people who find their work *personally* fulfilling no matter what the monetary reward. 还有一些职业，如艺术家、音乐家，其吸引人的原因在于人们可以从工作中实现自己的理想，而不在乎金钱上的报酬。

physically [ˈfizikəli] 身体上地

背诵例句 Women are *physically* weaker. 女性身体上瘦弱。

probably [ˈprɔbəbli] 可能

背诵例句 You *probably* want to make a phone call. 你可能想打个电话。

properly [ˈprɔpəli] 正确地,合适地

背诵例句 Third, many people, including drivers, pedestrians and cyclists do not obey traffic rules *properly*, especially at busy intersections. 第三,许多人包括司机、步行者和骑自行车的人并不完全遵守交通规则,尤其是在拥挤的十字路口。

psychologically [ˌsaikəˈlɔdʒikəli] 心理上地

背诵例句 Secondly, *psychologically* speaking, men are more logical and women are more sensitive and careful. 第二,从心理学上讲,男人更理性而女人更敏感细腻。

quite [kwait] 相当地

背诵例句 There are *quite* serious health consequences of a sedentary life in front of a computer, the most obvious being eye strain. 在计算机前面坐的过久会严重影响人们的身体健康,最明显的就是眼部疲劳。

rapidly [ˈræpidli] 快

背诵例句 They can only test memory or the skill of working *rapidly* under pressure. 他们只能测试记忆

力或在压力面前迅速完成工作的技巧。

really [ˈriəli] 确实

背诵例句 But I think it is *really* neither a sagacious nor a practical method. 但我认为，这是一个既没远见又不切实际的方法。

regularly [ˈregjuləli] 定期地，规则地

背诵例句 Photographs are *regularly* flashed to the earth from thousands and even millions of miles away. 不断有照片从几千英里甚至几百万英里外发回地球。

seldom [ˈseldəm] 很少

背诵例句 It is quite natural that people *seldom* reach a total agreement on such a controversial issue. 在这样一个颇有争议的问题上，人们很少能达成完全的一致，这是很自然的。

seriously [ˈsiəriəsli] 严重地

背诵例句 More than 60,000 small factories which *seriously* polluted the environment were shut down in 1996. 曾经严重污染环境的6万多家小工厂已于1996年关闭。

significantly [sigˈnifikəntli] 显著地

背诵例句 More *significantly*, the number of species that zoos can protect is strictly limited. 更值得关注的是，能在动物园被保护的动物毕竟是有限的。

simply ['simpli] 简单地，只是

背诵例句 The answer is *simply* money. 答案就是金钱。

so [səu] 因此

背诵例句 *So* when it rains, the soil is washed down the hills and into the rivers. 因此，下雨的时候，土壤从山上被冲刷下来，流到河里去了。

扩展词汇 连词 so

sometimes ['sʌmtaimz] 有时

背诵例句 Finally, although it is wrong to judge people according to stereotypes, we cannot ignore the fact that they are *sometimes* true. 最后，虽然根据刻板印象来判断人的好坏是错误的，但有时候我们也不能忽视其可靠性。

still [stil] 仍然，还

背诵例句 In spite of that, there are *still* some people smoking cigarettes in sight of "NO SMOKING". 尽管如此，仍有一些人看着"禁止吸烟"的牌子在抽烟。

strongly ['strɔŋli] 强烈地

背诵例句 When it comes to whether children should be allowed to work outside school hours, some educators are *strongly* against it, claiming that part-time work may have a negative influence on their study. 当谈到孩子是否可以在学习之余打工时，一些教育工作者表示强烈反对，认为业余工作会给孩

子们的学习带来负面影响。

successfully [sək'sesfəli] 成功地

背诵例句 Only in this way, can the problem be solved *successfully*. 只有用这种方式,这个问题才能成功地解决。

then [ðen] 那么,然后

背诵例句 If we do not, we will soon fall behind, and *then* the economy will suffer and so will society as a whole. 如果不这样做,我们很快就会被抛在后面,经济就会衰退,整个社会也会受害。

therefore ['ðεəfɔː] 因此

背诵例句 *Therefore*, I agree that schools should ask students to evaluate their teachers. 因此,我赞同校方应该要求学生对教师进行评价。

thus [ðʌs] 因此

背诵例句 *Thus*, we needn't look into those thick and heavy dictionaries any more and some people think that it is not necessary for students to study foreign languages from then on. 因此,人们不再需要翻阅厚重的字典。有人认为学生就此不再需要学习外语。

together [tə'geðə] 一起

背诵例句 We must work *together* to protect the environment and there is a great deal that we can do together. 我们必须携手保护环境,这是我们所能做的一件大事。

totally [ˈtəutli] 完全地

背诵例句 In conclusion, I *totally* disagree with the argument that learning about the past has no value for those of us living in the present. 总之,对于生活在现在的我们来说,我完全不同意学习历史是没有价值的这种观点。

unfortunately [ʌnˈfɔːtʃənitli] 不幸地,令人遗憾地

背诵例句 *Unfortunately*, there is also a drawback in this solution: it will bring inconvenience to those who live or work far away from bus stops. 不幸的是,它也有缺陷,即给那些远离公共汽车站的人的生活和工作带来不便。

usually [ˈjuːʒuəli] 通常

背诵例句 Although the average pay is much less than that of big cities, the price of daily necessities, such as vegetables or meat, is *usually* more inexpensive. 尽管平均收入比大城市少很多,但日常必需品如蔬菜和肉的价格通常会更便宜。

yet [jet] 然而

背诵例句 *Yet* men go on maintaining the fiction that there are many jobs women can't do. 然而男人们仍然死死抱着这样的神话不放:有许多工作是妇女所不能胜任的。

Unit 5 Phrase 短语

above all 最重要

背诵例句 *Above all*, it protected the most vulnerable members of society, young children, from brutal sex-maniacs. 最重要的是,它可以保护社会上最柔弱的成员,即少年儿童,使他们免受性变态的粗暴欺凌。

according to 根据

背诵例句 *According to* a recent survey, in 1998, about 17 percent of people saw a film, compared with the 1991 level of 57 percent. 根据一项最近的调查,在1998年,大约17%的人看过电影,但在1991年却有57%的人看电影。

a few 几个

背诵例句 Here are *a few* tips to help keep you healthy in the long run. 以下是一些建议,以帮助你活得健康长寿。

a lot of 很多的

背诵例句 In addition, more serious social problems will arise such as unemployment because tobacco industry employs *a lot of* workers. 另外,更严重的社会问题会由此产生,如失业,因为烟草行业雇用了大量的工人。

a number of 许多

背诵例句 The most senseless piece of criminal legislation in Britain and *a number of* other countries has been the suspension of capital punishment. 英国和其他许多国家的刑法中最愚昧的一条就是终止了极刑。

as a result 结果

背诵例句 *As a result*, animals are regarded as family members and their positions become higher than before. 结果,动物被作为家庭成员,而且它们在家庭中的地位也因此不断上升。

as a result of 由于

背诵例句 In addition, supporters of the space program point to the scientific knowledge that has been acquired about the Sun, the Moon, the planets, and even our own Earth *as a result of* space research. 此外,太空项目的支持者们也指出那些已知的有关太阳,月亮,行星,甚至我们的地球的知识本身就是太空研究的产物。

扩展词汇 短语 as the result of

as...as possible 尽可能

背诵例句 For this reason, it is advantageous to educate *as* many young people *as possible*. 因此,让尽可能多的年轻人受教育是有好处的。

as far as...be concerned 就……而言

背诵例句 *As far as* nations suffering from overpopulation and high unemployment *are concerned*, another

benefit from the trend of working abroad can be perceived, as it may ease employment pressure there. 由于一些国家人口过剩,失业率居高不下,出国工作还有另外一个好处。这种潮流能够减少就业压力。

as long as 只要

背诵例句 In my opinion, it is definitely possible to be successful without earning a lot of money *as long as* one lives a meaningful life. 依我之见,就算没有赚很多钱,只要过着有意义的生活,也是成功的。

as soon as 一……就

背诵例句 Something should be done *as soon as* possible to protect people from the negative effects of the Internet. 必须要做点什么,尽快尽可能的保护人们不受网络的负面影响。

at all 根本

背诵例句 We should give a little money to the kids and tell them what money is *at all*. 我们应该给孩子们一点钱并告诉他们钱到底是什么。

at first glance 初看起来

背诵例句 *At first glance* Internet offers us excitement and a world of promise. 初看起来,网络带给我们兴奋和一个有前途的世界。

at least 至少

背诵例句 Most People can remember *at least* one special gift that they once received. 大部分的人都会

记得至少一件他们曾经收到过的特别礼物。

at present 现在

背诵例句 Communication is very important both in the past and *at present* and tends to be more essential in modern society. 不论是过去还是现在，信息交流都是十分重要的，在现代社会里更是必不可少。

at the same time 同时

背诵例句 *At the same time*, young people should learn from old ones modestly and make themselves more admirable. 同时，年轻人应该向老年人虚心地学习。使他们自己变得更加值得赞赏。

base... on 基于

背诵例句 Some professors *base* part of the final grade *on* the student's oral participation. 一些教授把学生课堂上做的口头发言作为期末成绩的一部分。

be able to 可以，能

背诵例句 Second, children are supposed to *be able to* receive an education with a higher quality compared with their counterparts who live in the countryside. 第二点，大城市的孩子有望能够比居住在乡下的孩子受到更高质量的教育。

because of 因为

背诵例句 Meanwhile milk had been accepted by the masses, *because of* its abundant nutrition. 同时，牛奶又被大众接受，因为它含有大量的营养。

be interested in 感兴趣

背诵例句 In conclusion, it is my belief that students benefit from being able to choose courses they *are interested in*. 总之,我认为,学生会因为能够选修自己感兴趣的课程而获益。

be dissatisfied with 不满意

背诵例句 Most people marry and have children, so they need a steady reliable income because of their family responsibilities even if they *are dissatisfied with* their jobs. 大多数的人结婚并且有孩子,所以他们为了他们的家庭责任需要稳定可靠的收入,即使他们不满意他们的工作。

be familiar with 熟悉

背诵例句 We, the TV generation, *are* more *familiar with* advertising than anything else. 我们,作为与电视为伍的一代,对广告比对其他任何事物都更熟悉。

be good at 擅长

背诵例句 For example, men are more likely to *be good at* maths and physics but women tend to be excellent in language. 例如,男人更可能擅长数学和物理,而女人更擅长语言。

be in danger 处于危险中

背诵例句 If your life *is in danger*, all you need to do is to dial 120, and doctors can be sent for immediately. 如果生活中你遇到危险,你所需要做的就是拨通120,医生就会迅速来到。

be indulged in 沉溺于

背诵例句 Many teenagers are still seen enjoying themselves over their exciting games and still many *are* too *indulged in* these stimulants to head home after school. 仍有许多青少年在玩这种令人激动的游戏，还有许多学生沉迷于其中，放学后也不愿意回家。

belong to 属于

背诵例句 All that *belongs to* the past. 但是，所有这一切都成为昨日黄花了。

be of great help 有很大的帮助，发挥巨大的作用

背诵例句 Some *are of great help* in solving a case with the police while others help a lot in medical experiments. 一些在帮助警察侦破案件方面起到了重要作用；另一些在医学实验方面也帮了大忙。

be peculiar to 为……所独有的

背诵例句 In view of personal communication, the most convenient means could *be peculiar to* Internet, too. 对于个人交流沟通，最便捷的方式恐怕也是网络。

be similar with 与……相似

背诵例句 I like to make friends with people whose characters, hobbies and social status *are similar with* me. 我喜欢和性格、爱好和社会地位与我相似的人交朋友。

be superior to 优于

背诵例句 Some hold that men *are superior to* women in many ways. 有人认为在许多方面男性比女性优越。

be unable to 不能

背诵例句 If the government *is unable to* invest enough money on university education because of the limited budget, the quality of education will be undermined. 如果政府因为预算有限,不能够投入足够的钱在高等教育上,那么教育质量将会受到损害。

be responsible for 对……负责

背诵例句 Some think that the school should *be* more *responsible for* children's education compared with the parents. 一些人认为,与父母相比,学校更应负责孩子的教育。

be used to 习惯于

背诵例句 Many students *are* not *used to* taking care of themselves. 很多学生不习惯于自己照顾自己。

扩展词汇 短语 used to

bring about 带来,导致

背诵例句 The smallest unforeseen event can *bring about* conditions of utter chaos. 未预料到的,最小的事件可能导致情况完全混乱。

by means of 通过,依靠

背诵例句 They even regard examinations as an indispensable part of their life in most schools and colle-

ges, examinations *are* used as a chief *means of* deciding whether a student succeeds or fails in a subject. 他们甚至把考试视为他们生活中不可缺少的一部分,绝大部分的学校和大学都把考试作为测试学生在某一学科成败的主要方式。

come to 得到

背诵例句 It is hard to *come to* an absolute conclusion. 要得到一个绝对的结论是困难的。

compare...with 把……和……相比

背诵例句 They are in a position to *compare* themselves *with* each other in terms of academic ability, athletic achievement and many of the extra – curricular activities which are part of school life. 他们在学习能力,体育成绩和许多特别的课程上相互比较,而这也是学校生活的一部分。

compared with 和……相比

背诵例句 *Compared with* the clothes made of cotton, animals' skin can help people live through the cold winter. 相对棉布衣物而言,动物的毛皮可以帮助人们抵抗冰天雪地的寒冬。

concentrate on 集中

背诵例句 Mothers can *concentrate on* their work and advance their careers, which is also helpful to the social development. 母亲们可以集中精力于她们的工作,发展她们的事业,这对社会发展也是有利的。

contribute to **贡献,导致**

背诵例句 Such experiences *contribute* much *to* our appetite and digestion. 这些体验大大促进了我们的食欲和消化。

cut off **切断,断绝**

背诵例句 Little by little, television *cuts* us *off* from the real world. 慢慢地,电视把我们和真实的世界隔绝开来。

deal with **解决,处理**

背诵例句 Most schools have to *deal with* the problem of limited resources. 许多学校必须面对资源有限的问题。

depend on **依靠**

背诵例句 As is pointed out in the report, future food supplies will *depend* as much *on* family planners as on fishermen and farmers. 正如那份报告所指出的,未来的粮食供给既取决于农业耕作者和渔民,又取决于计划生育的决策者。

devote...to **投入……到……上**

背诵例句 People have to *devote* more time and energy *to* their careers. 人们需要投入更多的时间和精力在他们的事业上。

die of **死于**

背诵例句 Nobody would *die of* lung cancer caused by smoking. 不会有人因吸烟造成肺癌而死亡。

do harm to 对……有害

背诵例句 However, where there is too much of it, the poisonous waste may *do* great *harm to* the things around the people. 然而,在废弃物太多的地方,有毒的东西对周围的物和人有害。

draw attention 引起注意

背诵例句 Famous people have the power to *draw attention* to a certain message that might not otherwise be heard, but we must still determine the validity of the message for ourselves. 名人有能力可以吸引人们注意原本不会被注意的信息,但我们仍必须自己判断这些信息是否正确。

each other 相互

背诵例句 Thus, the gap between *each other* will find itself bridged. 这样,“代沟”之上自然就会架起一座桥来。

either……or 不是……就是

背诵例句 The uneducated person, on the other hand, is *either* unable to do something new, *or* does it badly. 相反的,一个未受过教育的人不是无法做好新事情,就是做得很糟。

enable sb. to do sth. 使某人能做某事

背诵例句 Moreover, trying out different groups *enables people to discover their interests* and clarify their goals. 此外,多方尝试不同的团体有助于发现自己的兴趣所在,并认清自己的目标。

end up 结束

背诵例句 A good case in point is that a couple who live apart often *ends up* divorcing. 夫妻长期两地分居就会造成离婚就是这方面的例子。

engage in 从事

背诵例句 First of all, we should *engage in* work in a field which interests us. 首先,我们应该投身于自己感兴趣的领域。

fail to 未能

背诵例句 But by this means students frequently *fail to* participate in class actively. 但用这种方式上课,学生们经常无法积极参与课堂活动。

fall behind 落后

背诵例句 Some *fall behind* others of their classes in school work and others often cut classes. 有些学习成绩下降,有些则经常逃学。

fall down 下跌,落下

背诵例句 The rice price in this country will *fall down*, thus the local agriculture will be influenced and the local farmers will suffer form a great loss, which will create an ill cycle, thus the country's economy will not get better but get worse by foreign rescue. 那个国家的米价下跌,当地的农业受到影响,农民损失惨重,从而形成了恶性循环。由于这些国外援助,国家经济非但没能好转,反而越来越糟。

figure out 找到，计算出，解决

背诵例句 Consequently, history as our laboratory, and data from the past must serve as our most vital evidence to *figure out* why our complex species behaves as it does in social settings. 因此，历史作为实验室和来自过去的数据，是帮助我们理解为什么我们在社会中会有如此行为的重要证据。

fill with 充满

背诵例句 In the meantime, more often than not, the roads in big cities are jammed with cars and the air is *filled with* exhaust gas. 同时，在大城市里公路越来越多地被汽车堵塞，空气里充满了废气。

for example 例如

背诵例句 *For example*, a car has to be insured, and must be served regularly. 比如，小轿车要上保险，还必须时常护理。

for instance 举个例子

背诵例句 *For instance*, Britain is a developed country and the problem of supporting the old is solved very well these years. 例如：英国是一个发达国家，赡养老人的问题，这些年一直解决得很好。

for one thing 一方面，首先

背诵例句 *For one thing*, many jobs which can easily be done by men, can hardly be done by women. 原因之一是许多男性可以胜任的工作，女性却难以完成。

for the purpose of 为了

背诵例句 It is not difficult to see that what our teachers have done is *for the purpose of* students' academic success. 不难看出,老师们所做的是为了学生在学业上有所成就。

for the sake of 为了

背诵例句 So one thing is clear enough: *for the sake of* our students' prospects, teachers should also be called on to respect students and add more attention to enlightening the individuality of the students. 所以,这一点是很明确的了:为了学生的前程,老师也应该尊重学生,把更多的注意力放在激励学生的个性发展上。

frankly speaking 坦白地讲

背诵例句 *Frankly speaking*, people who have some ideas of it cannot deny the merits born with the system. 坦白地讲,即使对此有些想法的人也不能否认网络与生俱来的优点。

further more 而且

背诵例句 *Further more*, spare parts for a car cost a lot of money. 而且,小轿车的零部件也相当费钱。

give... a hand 帮助

背诵例句 An important aspect of traveling with friends is that in case emergency takes place, your friend will *give* you *a hand* immediately. 和朋友一起旅行的一个重要方面是,万一发生紧急情况,你的朋

友会立即给予你帮助。

give up 放弃

背诵例句 First of all, a man who has perseverance does not *give up* after a failure. 首先,有毅力的人在失败之后不会放弃。

have a negative influence on 对……有负面的影响

背诵例句 Some students spend too much time playing computer games, which would be harmful to their health and *have a negative influence on* their studies. 一些学生在玩计算机游戏上花费了太多的时间,这对他们的身体有害,也会影响他们的学习。

扩展词汇 名词 harm,形容词 detrimental

in addition 另外

背诵例句 *In addition*, sometimes translation by machines is inaccurate. 另外,机器对语言的翻译也是不准确的。

in a word 总而言之

背诵例句 *In a word*, we should consider different situations and make objective decisions, for many factors might result in bad behaviour of children. 总而言之,我们应该区别对待不同的情况,因为导致孩子们表现不好的因素很多。

in fact 事实上

背诵例句 *In fact*, parents play a very important role in the growing of children. 事实上,父母在孩子成长

的过程中扮演着非常重要的角色。

in front of 在……前

背诵例句 More and more people have switched over to sitting at home *in front of* TV because it has obvious advantages. 因为电视有着明显的优势，所以越来越多的人转向了坐在家里看电视。

in many ways 在很多方面

背诵例句 Some hold that men are superior to women *in many ways*. 有人认为在许多方面男性比女性优越。

in my opinion 我认为

背诵例句 *In my opinion*, however young children should spend most of their time playing because it will offer them more advantages than will formal schooling at that age. 然而，依我之见，孩子大部分的时间应该用来玩乐。因为就那样的年纪而言，玩乐所带来的好处比正规的学校教育所带来的好处多。

in order to 为了

背诵例句 No longer do you work *in order to* live but you now live in order to work. 你工作不再是为了生存，现在你活着是为了工作。

in other words 换句话说

背诵例句 *In other words* animals play an important role in the progress of our human beings. 换句话说，动物在人类的进步过程中充当着重要的角色。

in reality 实际上

背诵例句 But *in reality*, all they are interested in is power and prestige. 但现实中，他们感兴趣的唯有权力和威望。

in spite of 尽管，虽然

背诵例句 However, *in spite of* these disadvantages, I would still prefer to live in a traditional house than a modern apartment for the following reasons. 然而，尽管有这些缺点，但基于下列理由，我还是宁可住传统式的房子而不愿住现代化公寓。

instead of 而不是

背诵例句 Furthermore, many students do not use a long vacation wisely and just waste their time *instead of* doing something meaningful. 此外，很多学生没有好好利用长假，他们只是浪费时间，而不是从事有意义的活动。

in the past 过去

背诵例句 Communication is very important both *in the past* and at present and tends to be more essential in modern society. 不论是过去还是现在，信息交流都是十分重要的，在现代社会里更是必不可少。

in the course of 在……进程中

背诵例句 Comparing China with the western countries, many people hold that it is quite necessary for China to build a powerful car industry *in the course of* modernization. 在比较了西方国家与中国的情况之

后，许多人认为：在中国的现代化进程中，建立起强大的汽车工业是十分必要的。

in this way **用这种方式**

背诵例句 Only *in this way*, can the problem be solved successfully. 只有用这种方式，这个问题才能成功地解决。

invest... in **投资……在……上**

背诵例句 The government is unable to *invest* much money *in* education. 政府不能投资很多钱在教育上。

interfere in **干涉**

背诵例句 Advertisements have *interfered in* people's normal life. 广告已经干涉了人们的正常生活。

it can be imagined that **可以想象的是……**

背诵例句 *It can be imagined that* there must be inconvenience brought about by raising pets. 可以想象，饲养宠物肯定会带来一些不便。

it doesn't matter that **无关紧要**

背诵例句 *It doesn't matter that* the children will watch rubbishy commercials and spectacles of sadism and violence. 孩子们也许会看无聊的商业广告或是暴力和性虐待等场面，但是这些都无关紧要。

it goes without saying that **不用说……**

背诵例句 *It goes without saying that* wearing the uni-

forms would make school life dull and monotonous. 不用说,穿校服会使学校生活单调。

it is a well-known fact that 众所周知

背诵例句 *It is a well-known fact that* women have been working side by side with men in many fields in China. 众所周知,在中国的许多领域里,女性一直与男性并肩作战。

扩展词汇 短语 it is well known that

it is obvious that 显然的是

背诵例句 *It is obvious that*, in an enjoyable classroom lesson, not only do we learn the knowledge in books but we also acquire some spiritual things brought about by the teacher's personality. 显然,在趣味性的课堂上,我们不仅学会了书本知识,而且还获得了由老师个性带来的精神食粮。

it is true that... 是真的

背诵例句 *It is true that* with machines we can find several ways to express the same idea. 运用机器,我们可以找到同一想法的不同表达方式。

it is well known that 众所周知的是

背诵例句 *It is well-known that* language is a kind of thinking in images. 众所周知,语言是一种形象思维。

扩展词汇 短语 it is a well-known fact that

it is said that 据说

背诵例句 *It is said that* mothers know what is suitable for their children. 据说，母亲们知道什么适合她们的孩子。

just as 正如……一样

背诵例句 Both ways of communication have their own strengths and weakness, *just as* everything is two-sided. 两种交流方式和其他任何事物一样既有优点，又存在不足。

keep pace with 跟上，保持步伐

背诵例句 That is why most of the programs are so bad: it is impossible to *keep pace with* the demand and maintain high standards as well. 这就是为什么多数电视节目如此糟糕的原因：电视节目不可能既保持高标准又满足观众的需求。

keep up with 攀比，赶上

背诵例句 They like to *keep up with* others, so when one person acquires something desirable, those who know him will want to do the same. 他们喜欢与人攀比，所以有人得到某个令人渴望的东西时，认识他的人也会想要得到。

know about 知道，了解

背诵例句 Consumers could not *know about* goods in their local shops. （如果没有广告，）消费者对当地商店所卖的货物会一无所知。

lead to 导致

背诵例句 They believe that more money for agricultural research can *lead to* another green revolution. 据此，他们相信，给农业科研投入更多的资金必然会出现另一次“绿色革命”。

lie in 在于

背诵例句 The third reason *lies in* quickness. 第三个原因在于迅速。

look after 照看

背诵例句 Let us put our house in order first and let space *look after* itself. 我们还是先考虑我们的房子，让宇宙空间自己一边儿呆着吧。

扩展词汇 短语 take care of

look for 寻找，寻求

背诵例句 What specific skills are you *looking for* in applicants? 你在应聘者身上寻求什么样的技能？

make friends with 交朋友

背诵例句 Some people prefer to *make friends with* people who are very much like them while others prefer friends who are very different. 有些人比较喜欢结交和自己类型类似的朋友，而有些人则比较喜欢交一些和他们类型不同的朋友。

make progress 进步

背诵例句 History proves that when a government encourages people to express their own idea and thought freely, can its country *make progress* and

prosper. 历史证明当政府鼓励人们自由地去表达自己的意见和想法时，国家就会发展繁荣起来。

no longer 不再

背诵例句 Finally, although hunting and fighting techniques are *no longer* as essential, games can still help us develop certain practical skills. 最后，虽然打猎和战斗技巧不再那么必要，游戏仍然可以帮助我们发展一些实用的技巧。

not... but 不是……而是

背诵例句 Other people think that advertisements do *not* give much information *but* only try to persuade you to buy. 另外一些人认为广告不但不能提供多少信息，而只是一门心思劝你买东西。

not only... but also... 不仅…… 而且……

背诵例句 Television *not only* gives us the news in which we are interested but also shows it in pictures more powerful than words. 电视不仅告诉我们感兴趣的新闻，而且还用比文字更有力的图像来显示它。

on one hand 一方面

背诵例句 *On one hand*, they have no more interest to show in their study. 一方面，他们无暇顾及学习。

on one's own 独立地

背诵例句 With CAI, college students are able to learn their courses *on their own*. 有了CAI，大学生就可以独立地学习课程了。

on the contrary 相反

背诵例句 *On the contrary*, some people are attracted by the convenience of the city. 相反,一些人被城市的便利所吸引。

on the other hand 另一方面

背诵例句 *On the other hand*, the people in poor countries are in great need of this problem. 另一方面,贫穷国家的人们对金钱和物质有大量的需求。

or else 否则

背诵例句 *Or else*, it would be unfair to some parents. 否则,对一些父母是不公平的。

owing to 由于

背诵例句 *Owing to* the long-time stay with cartoon figures, they have no more interest to show in their study. 由于长时间与卡通人物为伍,他们无暇顾及学习。

pay attention to 关注

背诵例句 People *pay* more *attention to* the nutrition of the food. 人们更加关注食物的营养。

play a... role in 在……中起到……的作用

背诵例句 Parents *play a* very important *role in* the growing of children. 父母在孩子成长的过程中扮演着非常重要的角色。

plenty of 足够的

背诵例句 Make it a point to get at least eight hours of sleep and *plenty of* rest. 确保一天至少八小时睡眠并有足够的休息。

point out 指出

背诵例句 These people *point out* the fact that it cost billions of dollars to send astronauts to the moon, but they just brought back worthless rocks. 这些人指出花费了数十亿美金去将宇航员送到月球，但是他们仅仅带回来无用的岩石。

prefer to 更喜欢，宁愿

背诵例句 Others *prefer to* guide the class without dominating it. 其他一些教授则喜欢引导学生讨论，而不是控制它。

prevent...from 阻止，避免

背诵例句 Third, a reliance on the opinions of famous people may *prevent* us *from* thinking for ourselves. 第三，依赖名人的意见可能会使我们无法独立思考。

provide something for somebody 提供……给……

背诵例句 Television *provides* a ready means of relaxation *for* people who are busy in their work. 电视为忙于工作的人提供了一个放松的方式。

扩展词汇 短语 provide...with...

provide somebody with something 提供

背诵例句 Secondly, because I knew a college education would *provide* me *with* opportunities for all-round

development. 其次,因为我知道大学教育会为我提供全方位发展的机会。
扩展词汇 短语 provide... for...

rather than 而不是
背诵例句 *Rather than* worry about defeating our opponent, we can concentrate on improving our own performance. 我们可以专注于改善自己的表现,而不是担忧要如何打败对手。

recognize... as... 把……当作……
背诵例句 It has long been *recognized as* a beneficial practice to require students to wear school uniforms. 要求学生们穿校服一直被认为是一个有益的做法。
扩展词汇 regard.. as...

regard...as... 把……当作……
背诵例句 Having pursued a career for years, some older employees *regard* it *as* part of their lives, the basis for their happiness. 由于在某个行业工作了很多年,一些老的员工视工作为生活的一部分,工作是他们幸福的基础。
扩展词汇 recognize...as...

rely on 依赖
背诵例句 We need not *rely on* pets at all. 我们根本不需要依赖宠物。
扩展词汇 depend on

result in 导致

背诵例句 Divorcing ourselves from the masses and from reality only *results in* the nation's falling behind and decline. 闭门造车只能导致国家的落后，国力的衰败。

right away 立刻

背诵例句 When one student comes across something he doesn't understand, the others can help him *right away*. 当某个学生遇到不了解的问题时，其他人可以马上帮他。

run out of 用光

背诵例句 I don't feel pessimistic that we are going to *run out of* resources. 我对我们将资源殆尽并不悲观。

so as to 那么的……以至于……

背诵例句 I prefer a balance of both activities *so as to* provide me with physical training and mental stimulation. 我喜欢把为我提供身心健康的这两种活动结合起来。

so... that .../such... that... 那么的……以至于……

背诵例句 The computer plays *such* an important role in education *that* someone even suggests we will no longer need schools anymore. 计算机在教育上起到如此重要的作用，以至于有人甚至提出我们不再需要学校了。

so that 因此,以至于

背诵例句 It brought up more than 20 great scientists and mathematicians *so that* there are so many formulas titled with the name: Bernoullis. 它培养了20多个大科学家和数学家,以至于有很多公式以贝努里命名。

speak of 谈及,说到

背诵例句 While people *speak* highly *of* Internet, its drawbacks shouldn't be neglected. 当人们高度评价网络时,不应忽视它的缺欠。

speed up 加快

背诵例句 As the global integration becomes the trend and *speeds up* its steps, walking out of the country communicating with people all over the world and exchanging knowledge and information turn even more important. 随着世界一体化的步伐不断加快,走出国门,与全世界人们进行知识、信息的沟通已经显得尤为重要。

stare at 凝视,盯住

背诵例句 The biggest harm to children is that *staring at* the computer for a long time will damage the vision. 对孩子最大的不利就是长时间盯着电视会损伤视力。

step into 步入,进入

背诵例句 China, in which agriculture plays a leading role, will suffer a lot more than western countries if once *stepping into* the stage of popularization of cars.

在中国这样一个以农业为主导地位的国家,汽车一旦普及将使其遭受比西方国家曾经历的更为严重的伤害。

stick to 坚持

背诵例句 One must learn to *stick to* one's own confidence and hope. 一个人必须学会坚持自己的信心和希望。

stir up 激起

背诵例句 Our textbooks remain unchanged for ages while the up-to-date software on various subjects is easily available anywhere, say, on the internet, thus *stirring up* my curiosity about more knowledge. 我们的教材多年不变,然而各学科的新软件任何地方都很容易弄到,例如从因特网上下载。因此,激起了我对更多知识的好奇心。

stop... from doing 阻止……做某事

背诵例句 Laws have been made to *stop* factories *from* sending out poisonous gases. 国家还颁布了法令来制止工厂向外排放毒气。

such as 比如

背诵例句 When deciding between face-to-face communication and other types, *such as* e-mail and telephone calls, the kind of communication one thinks is better depends on the definition of "better". 决定哪一种沟通方式比较好,是面对面沟通还是其他的沟通方式,如电子邮件、打电话等,要看个人对"比较好"

定义的理解。

suffer from 忍受

背诵例句 As some children in poor countries are vastly underweight as a result of poverty, others elsewhere in the world are *suffering from* another problem — obesity, as a consequence of improved living conditions. 如今,在很多贫穷的国家,许多孩子太瘦;而相反在一些富裕的国家,一些孩子又过胖——这是生活水平提高的结果。

sum up 总结,概括

背诵例句 To *sum up*, computers are good tools for children in study and beneficial to children's mental and physical health. 总而言之,电脑对孩子们的学习是有利的工具,而且对孩子的身心健康都有益。

take advantage of 利用

背诵例句 Opportunity will do us no good if we lack the ability to *take advantage of* it when it arrives. 当机会来临时,如果我们欠缺利用机会的能力,那么机会对我们而言就没有任何用处。

take...as 把……当作

背诵例句 On the other hand, for those people who still cannot solve the problem of adequate food and clothing, *taking* animals *as* the source of food and clothes appears much more practical. 但对于生活的温饱问题尚未解决的人们而言,把动物当作食物和衣服的来源似乎更加切合实际。

扩展词汇 regard. . . as

take care of 照顾

背诵例句 Some students are not used to *taking care of* themselves. 一些学生不习惯于自己照顾自己。

take effect 生效,见效

背诵例句 Electronic dictionaries cannot *take effect* either. 人手一个电子辞典也是不现实的。

take. . . into account 考虑

背诵例句 It is sagacious that all relevant factors should be *taken into account* before taking any action. 在采取任何行动前,所有相关的因素都应该被考虑,这是明智的。

take measures 采取措施

背诵例句 But our government and our society are *taking measures* to support the old. 但是我们的政府和社会都在采取措施,来解决赡养老人这一问题。

take place 发生

背诵例句 With the development of society and the improvement of people's living standard, a lot of changes have *taken place* in their daily life. 随着社会的发展和人民生活水平的提高,他们的日常生活发生了很多变化。

take part in 参加

背诵例句 We *take part in* one or another kind of

physical exercise. 我们参加一种或另一种体育锻炼。

take the responsibility for 负责

背诵例句 I think that the reduction in population growth and the protection of resources and environment *take the* same *responsibility for* feeding the world as any big scientific advance does. 我认为,在保障人类粮食供给方面,采取措施降低人口出生率,保护土地资源和环境,将与任何重大科技成果一样,有着同等重要的作用。

take the place of 取代

背诵例句 Nowadays more and more vegetables *take the place of* the meat on the table, since people know that there are much more vitamin and fibres in the vegetables than in the meat. 现在,越来越多的蔬菜取代了餐桌上的肉。因为,人们知道蔬菜中的维生素和纤维远远多于肉类。

take up 占据

背诵例句 Your job has *taken up* much of your time. 你的工作占据了你大量的时间。

tear down 推倒

背诵例句 We are *tearing down* the cultural heritage and the traditional value as well. 我们破坏了文化遗产和传统价值。

thanks to 由于

背诵例句 *Thanks to* space research, we can now see television pictures transmitted live half-way across the globe and the housewife can use non-stick frying-pans in the kitchen. 由于太空研究,我们现在得以看到越过全球传送过来的现场直播的电视画面,厨房里的家庭主妇也用上了不粘锅。

think about 考虑

背诵例句 Habits also make life more convenient because people do not have to *think about* what they must do next and do not need to worry about forgetting something. 习惯也让人觉得生活更方便,因为这样就不必去想下一步要做什么以及担心会忘掉什么。

think of 考虑

背诵例句 Therefore, I can *think of* no better symbol of my country. 因此,我认为它是最能代表我国的东西。

think up 想出,发明

背诵例句 Many government officials and experts have *thought up* some solutions, among which two draw much attention the country over. 许多政府官员以及专家提出一些解决方案,其中有两个引起了全国的极大关注。

time and time again 不时地

背诵例句 *Time and time again* there are serious accidents that pollute the air. 空气被污染的严重事故不时地在发生。

to be fair 说句公道话

背诵例句 *To be fair*, the serious way of lecture allows us to acquire much information in class. 说句公道话，严肃性的课堂教学可使我们学到很多知识。

to some extent 在某种程度上

背诵例句 Students who have part-time jobs can relieve, *to some extent*, the economic burdens of their parents. 有兼职工作的学生能在某种程度上减轻他们父母的经济负担。

to some degree 在某种程度上

背诵例句 The old people can look after their grandchildren, which may *to some degree* release the pressure of the young. 老年人可以照看他们的孙辈，这也会在一定程度上减轻年轻人的压力。

too...to 太……不能……

背诵例句 The vacation is *too* short for me *to* complete one thing. 这个假期对我来说太短，我一件事都不能完成。

traffic jam 交通拥挤

背诵例句 How can we solve the problem of *traffic jams*? 我们怎样解决交通拥挤问题呢？

扩展词汇 短语 traffic congestion

traffic congestion 交通拥挤

背诵例句 It is evident that it can relieve the *traffic congestion* in the streets, thus accelerating the flow of

buses and cars. 很明显，这样会缓解道路交通的拥挤，从而加快车速。

扩展词汇 短语 traffic jam

try one's best 尽力，努力

背诵例句 They should *try their best* to provide children with entertainment and opportunity for physical exercise in the open air. 他们应该尽最大努力给孩子们提供娱乐和进行室外体育锻炼的机会。

used to 过去常常

背诵例句 We *used to* read books and listen to music and broadcast talks occasionally. 我们过去也时常读读书，听听音乐和广播。

扩展词汇 短语 be used to

use up 用光

背诵例句 Some resources are already nearly *used up*. 有些资源几乎已接近枯竭。

work out 解决

背诵例句 When promoting their products in foreign markets, knowing the local culture, history and geography is a key for them to *work out* a successful marketing strategy. 要想在异国促销他们的产品，了解当地文化、历史和地理背景也是成功打开营销市场的一把钥匙。

worry about 担心

背诵例句 A problem people are worrying about is

that families are not as close as before. 人们正担心的一个问题是家庭不像以前亲密了。

worst of all 最糟糕的是

背诵例句 *Worst of all*, the psychology of such children is distorted by family breakup. 最糟糕的是，家庭解体给孩子们带来了心理障碍。

would better do 最好

背诵例句 If you can afford it, you *would better buy* both a car and a bicycle. 若能买得起，最好把小轿车和自行车都买上。



Unit 6 Conjunction 连词

as [æz] 由于,因为

背诵例句 One quarter of the shores of the Mediterranean are polluted and are no longer safe for swimming, *as* a lot of diseases are present in the water. 四分之一的地中海海岸被污染了,而且由于水中带有大量病菌,所以在水中游泳就不再安全了。

扩展词汇 介词 as

as if 好像

背诵例句 Important events are often broadcast live so that the audiences feel *as if* they were participating. 重要的事件经常在电视上现场直播,以使观众有身临其境的感受。

as soon as 一…就…

背诵例句 Therefore, I agree that children should be required to help with household tasks *as soon as* they are able to do so. 因此,我同意应该让孩子做他们力所能及的家务。

for [fɔː] 因为

背诵例句 And the life in cities is never dull, *for* you could be near your friends and will never be cut off by weather conditions. 而且,城市生活永远不会令人感到单调,因为你离自己的朋友很近,且不会受天气变化的影响。

so that 以至于，所以

背诵例句 Some like to plan their activities *so that* they can make the most of the time available while others prefer not to plan anything. 有些人喜欢规划活动以充分利用休闲时间，而有些人却宁愿不做任何规划。

until [ʌn'til] 直到

背诵例句 So the young people waited *until* they found good jobs with good prospects and they were able to get married. 于是，这对年轻人就等着，直到他们找到了一份好工作，前途无虞，可以结婚了。

whereas [wɛər'æz] 然而，反之

背诵例句 A car uses petrol, *whereas* a bicycle uses only human energy. 小轿车要用汽油，而自行车只用人的体力。

whether ['weðə] 是否，无论

背诵例句 We all develop routines and habits in our everyday lives, *whether* we are aware of it or not. 不论我们有没有意识到，在日常生活中，我们一直在例行公事并且养成了习惯。

while [wail] 虽然，当…时候，一方面

背诵例句 *While* building more roads in places where land is less useful, we should increase the number of public bus lines. 一方面在土地不紧张的地方建造更多的道路，另一方面增加公共汽车线路。

yet [jet] **可是,但**

背诵例句 For the first time in his history, man has the overwhelming technological resources to combat human suffering, *yet* he squanders them on meaningless pursuits. 人类在自己的历史上第一次拥有了和人类不幸作战的强大技术力量,可是却把它们浪费在毫无意义的追求上。



Unit 7 Preposition 介词

against [ə'geinst] **反对**

背诵例句 But there are also some opinions *against* advertising. 不过也有一些反对广告的意见。

as [æz] **作为**

背诵例句 For one thing, *as* a student, I spend much of my time indoors listening to lectures or studying texts. 首先,身为学生,我大部分的时间都在室内听老师上课或学习。

besides [bi'saidz] **除此之外**

背诵例句 *Besides* indoor games such as playing chess or cards, other hobbies like stamp-collecting can help us escape from the pressure of daily studies. 除一些室内游戏,如下棋、打扑克之外,一些像集邮之类的爱好,皆可以帮助我们减轻每天学习的压力。

beyond [bi'jɔnd] **超过,在…之外**

背诵例句 However, if they know nothing *beyond* these job-oriented skills, they will become robots rather than human beings. 然而,如果除了这些求职技能之外一无所知的话,他们会成为机器人而不是真正的人。

like [laik] **像**

背诵例句 Considering these factors, it is not at all

unusual for a new student to feel a bit *like* an outsider at first. 考虑到这些因素，新生刚开始或多或少会觉得自己像个局外人的感觉是很自然的。

unlike ['ʌn'laik] 不像

背诵例句 *Unlike* the country known for simple pleasures, the city provides more places for entertainment. 与单调的乡村生活方式相比，城市给我们提供了多得多的娱乐方式。

until ['ʌn'til] 直到

背诵例句 You've even started bringing work at home and you keep working *until* the wee hours of the morning. 你甚至开始把工作带回家并一直工作到凌晨。

without [wi'ðaut] 没有

背诵例句 They may just sit in front of the computer and ask for this and that *without* moving. 他们可能只是坐在电脑前，一动不动地要这要那。

Unit 8 Pronoun 代词

either [ˈaiðə] 任一

背诵例句 No doubt a research center devoted to *either* would benefit my country. 毫无疑问，致力于二者中任何一种都能使我国获益。

neither [ˈnaiðə] 两种都不

背诵例句 As *neither* of the two solutions is effective enough to solve the problem of heavy traffic in cities, I favour a combination of the two. 由于这两种解决方案都不能有效地解决城市交通拥挤问题，我赞成采取将两者结合起来的方法。

nothing [ˈnʌθiŋ] 没有任何事物

背诵例句 When we first meet someone, we know *nothing* about his or her character. 当我们初识某人时，我们对于对方的个性一无所知。

something [ˈsʌmθiŋ] 某事

背诵例句 No matter how much we have, it seems that there is always *something* more to strive for. 不论我们已经拥有了多少，我们似乎总是努力想追求更多的东西。


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Part II

雅思写作8分
必备词汇151

IELTS

absurdity [əb'sə:diti] *n.* 荒谬

背诵例句 The photographs neatly sum up the results of these massive efforts to "conquer space" and at the same time they exposed the *absurdity* of the undertaking. 这些照片充分反映了人类付出巨大的努力去"征服太空"所取得的成果，同时也揭示了这种做法的荒谬性。

扩展词汇 形容词 absurd

alienation [ˌeiljə'neiʃən] *n.* 疏远

背诵例句 It is inevitable for urbanization to bring us some sacrifice like the *alienation* of ourselves from nature. 伴随着城市化，我们不可避免地要做出一些牺牲，如忍受远离大自然之苦。

compliment ['kɔmplimənt] *n.* 表扬，称赞

背诵例句 Things in classroom always go like this: teachers ask students to give their own different answers to the questions, but when students do speak up, they seldom get *compliments* for unique answers. 在教室里通常是这样的情形：老师要求学生用自己的观点回答提问，而当学生这样做的时候，老师却很少给独特的答案以表扬。

consciousness ['kɔnʃəsnis] *n.* 感觉，意识

背诵例句 They often complain that the development of cities will gradually deprive the dwellers of the closeness to nature, of the freedom on land, and even of the *consciousness* of seasons. 他们常抱怨道：城市的发展将使人们将逐渐失去与大自然的亲近，失去

在大地上活动的自由，甚至失去对季节的感觉。

扩展词汇 形容词 conscious

consequence [ˈkɔnsikwəns] *n.* 结果

背诵例句 Even in some cases, some teachers impose upon students physical punishment that results in unexpected *consequences*. 更有甚者，对学生，有些老师采取体罚的方式，导致了想象不到的后果。

扩展词汇 副词 consequently

conservation [ˌkɔnsəˈveiʃən] *n.* 保守

背诵例句 Furthermore, young people are more open-minded than old people who have a tendency of *conservation*. 而且，年青人比老年人更加开放，而老年人却趋于保守。

critic [ˈkritik] *n.* 批评家

背诵例句 The *critics* argue that the practice does not coincide with the present-day civilized world in which liberty and individuality are highly worshiped. 批评家们认为这种做法与目前高度尊崇自由和个性的文明社会不一致。

curiosity [ˌkjuəriˈɔsiti] *n.* 好奇心

背诵例句 Questions and *curiosity* are what lead to innovations. 质疑和好奇导致了革新。

depression [diˈpreʃən] *n.* 抑郁，消沉，萧条

背诵例句 Today when the global economy is in *depression* how will you make the choice to domesticate

animals with an empty stomach or to solve the living problem with the animals as the source of food and clothing? 在全球经济并不景气的今天，你会选择饿着肚子饲养宠物，还是把它们当作衣物和食物的来源，以求解决自身的生存问题？

distribution [ˌdistriˈbjuːʃən] *n.* **分配**

背诵例句 First, it helps to the national material *distribution*. 首先，这一做法有利于全国性的物质合理分配。

esteem [isˈtiːm] *n.* **尊严**

背诵例句 Take care, though, with whom you choose to have close relationships for they can have a tremendous impact on your self-*esteem* and life path. 但要小心选择与你保持亲密关系的朋友，因为他们会对你的自尊心与生活道路产生重大影响。

harmony [ˈhɑːməni] *n.* **协调**

背诵例句 For example, water-color painting depicts a *harmony* between people and nature. 例如，水彩画描述的是人与自然的和谐。

indulgence [inˈdʌldʒəns] *n.* **沉溺**

背诵例句 But uncontrolled *indulgence* in physical recreation may lead us to the point of being strong in body but weak in brain. 但过分沉溺于身体锻炼可能会让人四肢发达，头脑简单。

扩展词汇 短语 be indulged in

instinct [ˈinstiŋkt] *n.* 本能

背诵例句 They depend too little on cool reasoning and too much on intuition and *instinct* to arrive at decisions. 她们作决定的时候，过多地依赖本能和直觉，而不善于进行冷静的分析判断。

involvement [inˈvɔlvmənt] *n.* 参与

背诵例句 *Involvement* in various kinds of activities could help make me a well-rounded person. 参加各种活动会使我全面发展。

milestone [ˈmailstəun] *n.* 里程碑

背诵例句 Tools are the *milestone*s of the technology as well as human being's progress. 工具是科技进步和人类进步的里程碑。

misery [ˈmizəri] *n.* 痛苦，悲惨

背诵例句 Besides this, it often becomes a habit which can throw a man and his family into *misery*. 除此之外，它还经常使人家破人亡。

misfortune [misˈfɔːtʃən] *n.* 不幸

背诵例句 However, the only son or daughter from broken families, though innocent, will suffer the unhappiness and *misfortune* their parents have left. 然而解体家庭无辜的独生子女，却要遭受他们父母所带来的不幸。

mobility [mənˈbiliti] *n.* 灵活性，活动性

背诵例句 Then couldn't we live in the fresh air while

enjoying the *mobility* of cars? 我们在享受着汽车带来的灵活性的同时,难道就不能呼吸新鲜空气了吗?

opponent [əˈpəunənt] *n.* 对手

背诵例句 They are often heard to talk proudly about how they have defeated their *opponent*s in a game. 我们经常听到学生们自豪地谈论如何在一场游戏中取得胜利。

扩展词汇 动词 oppose

outlook [ˈautluk] *n.* 观点,见解

背诵例句 In the second place, contact with different friends gives a person a broad *outlook* to life. 其次,同不同的朋友接触,会让你对生活有更多的见解。

temptation [tempˈteiʃən] *n.* 诱惑

背诵例句 Firstly, students are not old enough to resist the *temptation* of spending time in such an easy way instead of being forced to hit textbooks. 首先,由于学生们年龄小,难以抵挡这种轻松度日而无须被迫去读书的方式。

tragedy [ˈtrædʒidi] *n.* 悲剧

背诵例句 Another *tragedy* was started by Emperor Yongzheng in the Qing Dynasty, who killed many creative artists and intellectuals, undermining the literal development and distorting the development of humanity. 另一个悲剧事件是清朝的雍正皇帝发动的。他杀了很多有创造力的聪明的艺术家和学者,削弱了文学和人文主义的发展。

vigor [ˈvigə] *n.* 活力

背诵例句 On the one hand, young leaders and powers can inject *vigor* and new hopes to the world, which not only benefits the development of global economy, but also establishes multi-lateral relation between the countries in the world. 一方面,年青的领导者和掌权者能够给世界注入活力和新的希望,这样不仅给世界经济的发展带来了利益,而且建立了世界各国之间的多元化关系。

扩展词汇 形容词 vigorous

wisdom [ˈwizdəm] *n.* 智慧

背诵例句 So, while we take advantage of the opportunities that the cities offer us, we ought to devote our intelligence and *wisdom* to bettering our cities. 所以,我们在利用城市给我们带来便利的同时,有责任为城市条件的改善贡献自己的才智。

dispel [disˈpel] *v.* 赶走,驱散

背诵例句 Years of living together at school *dispel* illusions of this kind. 多年在一起生活在学校里驱散了这些幻想。

dominate [ˈdɔmineit] *v.* 支配,占优势

背诵例句 The accident of air crash often *dominates* the headline. 空难经常占据头版头条。

eliminate [iˈlimineit] *v.* 消除

背诵例句 Some people argue that it may trigger off insecurity of city dwellers, whereas others assert that

it can *eliminate* the whole violence in the society. 一些人认为，这将引起城市居民的不安全感，而另一些人声称，这将消除整个社会的暴力。

enlighten [in'laitn] *v.* 启发

背诵例句 So one thing is clear enough: for the sake of our students' prospects, teachers should also be called on to respect students and add more attention to *enlighten*ing the individuality of the students. 所以，有一点是很明确的了：为了学生的前程，老师也应该尊重学生，把更多的注意力放在启发学生的个性发展上。

facilitate [fə'siliteit] *v.* 使方便，促进

背诵例句 Let good advertisements *facilitate* communication between business people and the public, and help keep the business world moving. 让好的广告促进商人和公众之间的交流，并帮助商业界运行。

扩展词汇 名词 facility

hinder ['hində] *v.* 阻碍

背诵例句 Wearing uniforms, to some extent, discourages individuality and *hinders* the development of creativity. 在某种程度上，穿校服不鼓励个性，阻碍创造力的发展。

imitate ['imiteit] *v.* 模仿

背诵例句 They want to *imitate* what they see. 他们想要模仿他们所看到的东西。

lure [ljuə] *v.* 引诱

背诵例句 Thirdly, owners of illegal electronic game bars are to be accused of offering the chances and *luring* students to play. 第三,非法的游戏厅经营者应该受到指责,因为他们给孩子们提供了机会并引诱他们去玩。

motivate ['məutiveit] *v.* 激励

背诵例句 If professional workers achieve higher value than sports and entertaining personalities, it will *motivate* young people into making science a career choice and drive human knowledge to new heights. 如果专业工作者能比体育和娱乐人士获得更高的价值,它将鼓励年轻人把科学作为他们的职业选择并推动人类知识到达一个新的高度。

overestimate ['əuvə'estimeit] *v.* 过高地估价

背诵例句 Personally, the damage is *overestimated*. 依我之见,破坏程度被高估了。

扩展词汇 动词 estimate

prohibit [prə'hibit] *v.* 禁止

背诵例句 In recent years, students from both primary and middle schools are, for many times, *prohibited* from playing video games, but in vain. 近年来,多次禁止中小学生玩电子游戏,但却无济于事。

扩展词汇 动词 forbid, ban

prosper ['prɔspə] *v.* 繁荣

背诵例句 History proves that only when a

government encourages people to express their own idea and thought freely, can its country make progress and *prosper*. 历史证明只有当政府鼓励人们自由地去表达自己的意见和想法,才能使国家发展繁荣起来。

扩展词汇 名词 prosperity

quote [kwəut] *v.* 引用

背诵例句 Finally, I will *quote* a classic sentence from a famous article entitled "Give Me Liberty Or Give Me Death" by Patrick Henry, the greatest writer in American history. 最后,我将引用美国历史上最伟大的作家帕杰克·亨利一篇题目为《不自由,毋宁死》的著名艺术作品里的一句经典的话。

recall [ri'kɔːl] *v.* 回忆

背诵例句 They frequently visit the cinema in that they want to *recall* the "true life" which existed in the "good past". 他们之所以经常光顾电影院,是因为他们想重温曾经在他们过去的"好时光"中有过的"真正生活。"

regulate ['regjuleit] *v.* 管制,控制

背诵例句 Now all our free time is *regulated* by the "goggle box". 如今我们所有的余暇都被电视机这个"凸匣子"主宰着。

represent [ˌrepri'zent] *v.* 象征,代表

背诵例句 All we can see is an indistinguishable blob which is supposed to *represent* a planet seen from

several thousand miles away. 所有我们能看到的只是一个模糊不清的小圆块，据说那便是一个从几千英里以外看到的星球。

starve [stɑːv] *v.* 使饿死

普通例句 Large areas of land, which formerly grew tobaccos, will now produce grains to feed some *starving* people in the world. 种植烟草的大量土地将被用来种庄稼以满足饥饿者的需要。

扩展词汇 名词 starvation

strengthen ['streŋθən] *v.* 加强

普通例句 At the same time, it is essential that stricter traffic rules and regulations should be issued to *strengthen* traffic control. 同时，本质上，更严格的交通规章制度应该被发布，以加强对交通的控制。

扩展词汇 名词 strength，形容词 strong

undermine [ˌʌndə'main] *v.* 损害，破坏

普通例句 It has been confirmed that even if we don't smoke, our health would be *undermined* just the same if we work or live in a surrounding where others smoke. 已经被证实，即使我们不吸烟，如果我们工作或生活中的周围人吸烟，我们的健康同样会受到损害。

witness ['witnis] *v.* 目睹，证明

普通例句 The knowledge-based society *witnessed* great changes over the past decades. 知识社会目睹了过去 20 多年的巨大变化。

absurd [əb'səːd] *adj.* 荒谬的

背诵例句 You only have to make a few foreign friends to understand how *absurd* and harmful national stereotypes are. 你只需要结交几个外国朋友就会明白,国家模式化是多么荒谬和有害。

扩展词汇 名词 absurdity

abundant [ə'bʌndənt] *adj.* 丰富的

背诵例句 Teachers and professors in college who possess not only *abundant* professional knowledge but also plentiful teaching experience will supply students with new knowledge and direct them to solve problems in reality. 大学里的老师和教授们不仅拥有丰富的专业知识,而且还有大量的教学经验,他们可以为学生们提供新知识并且指导他们解决现实中的问题。

accurate ['ækjurit] *adj.* 准确的,正确的

背诵例句 Nevertheless, machines cannot tell which one is the most *accurate* and suitable in the situation. 然而,在这种情况下,机器却无法决定哪一个是最准确、合适的。

acquisitive [ə'kwizitiv] *adj.* 贪婪的

背诵例句 We live in a materialistic society and are trained from our earliest years to be *acquisitive*. 我们生活在一个追求物质享受的时代,自幼就受到训练要不断索取。

adequate ['ædikwit] *adj.* 足够的

背诵例句 Overseas students often feel disoriented and

depressed for lack of *adequate* knowledge and understanding of the local customs and lifestyle. 由于没有足够的知识和对当地习俗、生活方式的理解，海外的留学生经常感到摸不清方向和沮丧。

adverse [ˈædvəːs] *adj.* 相反的

背诵例句 Smoking has an *adverse* impacts on the growth of youngsters. 吸烟对年轻人的成长有负面的影响。

扩展词汇 形容词 negative

affluent [ˈæfluənt] *adj.* 丰富的，富裕的

背诵例句 It is not only in *affluent* societies that people are obsessed with the idea of making more money. 不仅只有在富裕的社会里，人们才这么着魔似的想挣更多的钱。

all-round [ɔːl-raund] *adj.* 全方位的

背诵例句 Secondly, because I knew a college education would provide me with opportunities for *all-round* development. 其次，因为我知道大学教育会为我提供全方位发展的机会。

appropriate [əˈprəupriˌeit] *adj.* 适当的

背诵例句 But it is hardly *appropriate* to say those years are the most important. 但是很难说这些岁月是最重要的。

brutal [ˈbruːtl] *adj.* 残忍的

背诵例句 Nothing seems more *brutal* than taking

away a life, no matter it belongs to a man or animal. 没有什么比夺走一个生命更残忍的，不管是人还是动物。

conducive [kən'dju:siv] *adj.* **有好处的，有益处的**

背诵例句 All the above merits are *conducive* to their self-betterment and self-realization. 以上这些优势都有助于他们的自我完善和自我实现。

content [kən'tent] *adj.* **满足的**

背诵例句 Rather than being *content* and grateful for what we have, we are focused on what's wrong with something and our need to fix it. 我们不是对我们拥有的某物感到满足，心存感激，相反的，我们将注意力集中于该事物的缺点及我们如何弥补这些缺点上。

controversial [ˌkɔntrə'və:ʃəl] *adj.* **有争议的**

背诵例句 Whether students should wear uniforms is a *controversial* issue. 学生是否应该穿校服是一个有争议的问题。

detrimental [ˌdetri'mentl] *adj.* **有害的**

背诵例句 Besides, staying in front of the computer too long will be *detrimental* to children's health. 除此之外，在电脑前停留时间过长不利于孩子们的健康。

扩展词汇 形容词 harmful

desirable [di'zaiərəbl] *adj.* **诱人的，值得要的**

背诵例句 Without a college education, it would be

difficult for me to obtain a *desirable* position. 不具备大学学历，要找一份称心如意的工作是很困难的。

扩展词汇 名词 desire，动词 desire

disastrous [di'zɑːstrəs] *adj.* **灾难性的**

背诵例句 Sometimes, a little fatal breakdown of the system, or a *disastrous* error could bring us an enormous amount of damage and loss. 有时系统中一点致命的故障或一点灾难性的错误都会带给我们巨大的损失。

diversified [dai'vəːsifaid] *adj.* **多样化**

背诵例句 The commodities and service provided by society have become more *diversified*. 由社会提供的商品和服务已经变得更加多样化。

domestic [də'mestik] *adj.* **国内的**

背诵例句 Within 30 minutes in front of the TV set, I am widely and promptly informed about things ranging from important *domestic* events, the latest developments in industry and agriculture to the current international situation. 坐在电视机前的30分钟时间里，我就可以广泛迅速地获取从重大的国内事件、工农业上的最新发展到最新的国际形势等信息。

ecological [ˌekə'lɔdʒikəl] *adj.* **生态的**

背诵例句 As long as we never overhunt animals, it will not do harm to the *ecological* environment. 只要不是过度的猎取，对于生态系统是不会造成威胁的。

energetic [ˌenəˈdʒetik] *adj.* **精力充沛的**

背诵例句 Young people are *energetic* and vigorous. 年青人精力旺盛。

扩展词汇 名词 energy

enormous [iˈnɔːməs] *adj.* **巨大的**

背诵例句 The expectation of life has increased *enormously*. 人类预期的寿命已经大大地延长了。

extraordinary [iksˈtrɔːdinri] *adj.* **非常的，特别的**

背诵例句 China's *extraordinary* growth has put the same kind of pressures on your environment, and the costs of growth are rising right along with your prosperity. 中国经济的迅速增长为环境保护带来了同样的压力，经济增长的代价与你们的繁荣共同增长。

fierce [fiəs] *adj.* **激烈的**

背诵例句 The competition for the title "Top of the Pops" is *fierce*, but the rewards are truly colossal. "顶尖流行歌手"的头衔竞争很激烈，但回报的确巨大。

fruitful [ˈfruːtfəl] *adj.* **有成效的**

背诵例句 Working is just one of the many useful and *fruitful* activities you do that enables you to live a good life and give your family their needs. 工作仅是你许多有成效的活动之一，它能使你过上好日子并满足你家人所需。

immediate [iˈmiːdjət] *adj.* **及时的**

背诵例句 Another advantage of CAI is that a computer can give me *immediate* feedback. CAI 的另外一个优点就是计算机能给我及时的反馈。

扩展词汇 副词 immediately

immense [iˈmens] *adj.* **极大的**

背诵例句 The world's energy needs are so *immense* that people sometimes wonder when our energy supplies, or resources, will eventually run out. 世界的能源需求是那么巨大，以至于人们有时不禁要问能源供应或者说资源什么时候会最终耗尽。

inaccurate [inˈækjurit] *adj.* **不准确的**

背诵例句 In addition, sometimes translation by machines is *inaccurate*. 另外，机器对语言的翻译有时是不准确的。

扩展词汇 形容词 accurate

indispensable [ˌindisˈpensəbl] *adj.* **必不可少的**

背诵例句 Although it is *indispensable* to human beings, it also brings a lot of inconvenience to us. 虽然它对人类必不可少，它也给我们带来了很多的不便。

inevitable [inˈevitəbl] *adj.* **不可避免的**

背诵例句 From my point of view, the trend is natural and *inevitable*. 在我看来，这个趋势是自然且不可避免的。

inexhaustible [ˌinigˈzɔːstəbl] *adj.* **取之不尽的，用之不竭的**

背诵例句 However, natural resources are not *inexhaustible*. 然而，自然资源并非取之不尽，用之不竭。

informative [inˈfɔːmətiv] *adj.* **给予信息的**

背诵例句 How they present their experiences is often very *informative*. 他们如何讲述他们的经历常常能给予我们很多信息。

扩展词汇 名词 information

injurious [inˈdʒuəriəs] *adj.* **有害的**

背诵例句 The effect of gambling is *injurious* not only to the individual but also to society. 赌博造成的后果不仅对个人是有害的，而且对社会也是有害的。

扩展词汇 名词 injury，动词 injure

innocent [ˈinəsnt] *adj.* **无辜的**

背诵例句 Furthermore, it serves a punishment for the merciless offenders while a comfort to the *innocent* victims. 而且，这是对无情的罪犯的惩罚，是对无辜的受害者的安慰。

instructive [inˈstrʌktiv] *adj.* **有教育性的，有意义的**

背诵例句 With it, people can enjoy endless kinds of interesting and *instructive* programs. 有了电视，人们就可以欣赏到无数有趣和有意义的节目。

扩展词汇 名词 instruction，动词 instruct

irrelevant [iˈrelivənt] *adj.* 不相关的

背诵例句 Beyond that, what is going on in nature seems totally *irrelevant*. 除此之外，自然界中所发生的一切就似乎毫不相关。

扩展词汇 形容词 relevant

irresponsible [ˌirisˈpɔnsəbl] *adj.* 不负责的

背诵例句 Therefore, *irresponsible* parents should be punished. 因此，那些不负责的父母应该受到惩罚。

扩展词汇 形容词 responsible

moderate [ˈmɔdərit] *adj.* 温和的，适度的

背诵例句 When we take part in one or another kind of physical exercise, whether it be violent sports such as running, playing football or *moderate* sports like swimming, jogging, our blood circulation is quickened so that more oxygen is taken in and more waste matter is excreted through sweating. 当我们参加一种或另一种体育锻炼时，无论是像长跑和踢足球一类的剧烈项目，还是像游泳和慢跑这样的温和项目，血液的循环可以得到加快，身体内可摄入更多的氧气，靠出汗也可将更多的废物排泄出来。

monotonous [məˈnɔtənəs] *adj.* 单调的

背诵例句 It is obvious that wearing the uniforms would make school life *monotonous*. 穿校服会使学校生活乏味单调，这是显然的。

扩展词汇 形容词 dull

mutual [ˈmjuːtʃuəl] *adj.* 相互的

背诵例句 In fact, parents need to play and communicate more with the children to enhance *mutual* understanding and meet the kids' need for love and attention. 事实上，父母们需要更多的和孩子们玩耍沟通来增强彼此的理解并满足孩子对爱和关注的需要。

numerous ['nju:mərəs] *adj.* 很多的

背诵例句 Compared with the elementary and secondary education, the college education is operating in a quite different system, which covers a great variety of researching fields and involves *numerous* distinguished professors and projects. 与小学、中学相比，大学教育的体制是一个完全不同的系统，它包含了很多不同的研究领域，包括很多著名的教授和项目。

obedient [ə'bi:djənt] *adj.* 服从的，孝顺的

背诵例句 And many of the parents and teachers are always ready to award high marks to those who are *obedient* and likable. 而且，家长和老师往往奖励那些讨人喜欢、听话的孩子。

objective [əb'dʒektiv] *adj.* 客观的

背诵例句 The space race is not simply the *objective* search for knowledge it is often made out to be. 太空竞赛的目的不单单是客观地探求知识，虽然它常常自命如此。

overwhelming [ˌəuvə'welmiŋ] *adj.* 压倒性的

背诵例句 With an *overwhelming* advantage compared with most of the developing countries in terms of finance and the level of science and technology, developed capitalist countries control the situation of economic globalization. 和大多数的发展中国家相比，发达国家在经济和科技水平方面占据着绝对的优势，发达的资本主义国家控制了经济全球化的局势。

passive [ˈpæsiv] *adj.* 被动的

背诵例句 For example, an assertive person will say, "I can do these things" and "I decided on this course of action," whereas a more *passive* person might say. "These are the experiences I have had." 比方说，一个主动的人会说："我能做这些事"和"我决定采取这些行动"，而被动的人则会说："这是我的经历。"

扩展词汇 形容词 active

pessimistic [ˌpesiˈmistik] *adj.* 悲观的

背诵例句 We should not take a *pessimistic* view of our future. 我们不应该对我们的未来抱悲观的态度。

扩展词汇 形容词 optimistic

priceless [ˈpraislis] *adj.* 珍贵的，无价的

背诵例句 Watching TV wastes our *priceless* time. 看电视浪费了我们宝贵的时间。

primary [ˈpraimәri] *adj.* 首要的

背诵例句 The *primary* one is that it brings into our living rooms what is going on many miles away (at home and abroad). 首要的原因是它能把千里之外

（国内外）发生的一切带人我们的房间。

primitive [ˈprimitiv] *adj.* 原始的

背诵例句 We become utterly dependent on the two most *primitive* media of communication: picture and the spoken word. 结果，我们的交流变得完全依赖于两种最原始的交流媒介——图画与话语。

qualified [ˈkwɔlifaid] *adj.* 合适的，合格的

背诵例句 Moreover, some parents are *qualified* as good teachers, but not all of them are the best ones. 其次，虽然一些父母能成为好老师，但不是所有的都是最好的老师。

radical [ˈrædikəl] *adj.* 激进的，基本的

背诵例句 Some young people are very *radical* when faced with trouble. 当遇到一些问题的时候，一些年轻人非常极端。

remarkable [riˈmɑːkəbl] *adj.* 不平常的，显著的

背诵例句 Polluted air and water are threatening our *remarkable* progress. 被污染的空气和水会威胁到我们的飞速发展。

respective [riˈspektiv] *adj.* 各自的

背诵例句 In conclusion, both opponents and proponents of such a practice have their *respective* reasons and justifications. 总之，反对或支持的人都有他们的原因和理由。

sagacious [sə'geiʃəs] *adj.* **明智的**

背诵例句 It is *sagacious* to send our parents to old people's house when they are old. 当父母年老时,把他们送人养老院,是明智的做法。

扩展词汇 形容词 sensible

sensible ['sensəbl] *adj.* **明智的**

背诵例句 Why can't great nations act in the same *sensible* way? 那些大国为什么就不能同样明智地行事呢?

扩展词汇 形容词 sagacious

sophisticated [sə'fistikeitid] *adj.* **复杂的,老练的**

背诵例句 Smoking makes teenagers feel mature and *sophisticated*. 吸烟使得青少年感觉成熟和老练。

surplus ['səːpləs] *adj.* **过多的**

背诵例句 *Surplus* advertisements have interfered in people's normal life. 过多的广告已经干涉了人们的正常生活。

systematic [ˌsisti'mætik] *adj.* **系统的**

背诵例句 Through *systematic* study in school, children can learn how to study, how to create and how to be a human being. 通过在学校的系统学习,孩子们能学会如何学习,如何创造和如何做人。

tremendous [tri'mendəs] *adj.* **极大的,巨大的**

背诵例句 What a *tremendously* useful service they perform for the community! 他们为公众提供了那么

多便利的服务！

unbearable [ʌnˈbɛərəbl] *adj.* 难以忍受的

背诵例句 Cars are filling the cities with *unbearable* noise. 汽车使城市充斥着难以忍受的噪音。

unwholesome [ˌʌnˈhəulsəm] *adj.* 不健康的

背诵例句 Nowadays, more and more people agree that smoking is an *unwholesome* hobby. 现在，越来越多的人同意吸烟是一个不健康的爱好。

vigorous [ˈvigərəs] *adj.* 精力充沛的

背诵例句 Compared with old people, youngsters are physically *vigorous*. 和老年人相比，年轻人精力充沛。

扩展词汇 名词 vigor

vivid [ˈvivid] *adj.* 生动形象的

背诵例句 Watching it is far more *vivid* and stimulating than reading about the same things in a newspaper. 观看这个节目远比读报纸上的同类新闻生动并刺激得多。

accordingly [əˈkɔːdiŋli] *adv.* 因此

背诵例句 Related business such as food, recreation, education, or construction will be developed *accordingly*. 有关联的商业例如食品业，娱乐业，教育事业和建筑业都会因此而发展。

artificially [ˌɑːtiˈfiʃəli] *adv.* 人工地

背诵例句 In fact, many animals we use are raised *artificially*. 事实上，许多动物都是人工养殖的。

consequently ['kɔnsi'kwəntli] *adv.* **因此**

背诵例句 *Consequently*, history as our laboratory, and data from the past must serve as our most vital evidence to figure out why our complex species behaves as it does in social settings. 因此，历史作为实验室和来自过去的数据，是帮助我们理解为什么我们在社会中会有如此行为的重要证据。

constantly ['kɔnstəntli] *adv.* **不断地**

背诵例句 People working or living in overcrowded cities are *constantly* suffer from traffic, and together with it, housing problems. 人们工作或者居住在过度拥挤的城市里要忍受交通和住房问题。

definitely ['definitəli] *adv.* **明确地，肯定**

背诵例句 Some people think it would *definitely* improve understanding of people from different cultures. 有些人认为它将会促进不同文化背景的人之间的相互了解。

扩展词汇 形容词 definite

deliberately [di'libəritli] *adv.* **故意地**

背诵例句 They *deliberately* set out to protect their clients from too much contact with the local population. 他们处心积虑地把他们的当事人与当地居民隔离开来，不让他们有过多的接触。

eventually [i'ventʃuəli] *adv.* 最后，终于

背诵例句 And this cost must *eventually* be paid by the consumer. 而且这种成本最终是由消费者支付的。

inevitably [in'evitəbəli] *adv.* 不可避免地

背诵例句 This may result in a serious brain-drain and our country will *inevitably* incur a huge loss of talents. 这就会导致严重的人才流失，使我们的国家不可避免的遭受巨大的人才损失。

instantly ['instəntli] *adv.* 即刻地

背诵例句 One of the advantages of telephone communication is quite obvious: it can allow you to begin *instantly* to communicate no matter how far you are away from each other. 用电话交流的优点之一是不论你在多么遥远的地方，它都让你和外界即刻地进行交流。

literally ['litərəli] *adv.* 字面上地，相当于

背诵例句 We are *literally* deprived of the chance to get physical fitness if we are sitting all day long. 然而，如果整天坐着不动，我们就等于被剥夺了获得身体健康的机会。

objectively [əb'dʒektivli] *adv.* 客观地

背诵例句 We should consider the question *objectively*. 我们应客观地考虑问题。

occasionally [ə'keiʒənli] *adv.* 有时候，偶尔

背诵例句 On the contrary, business leaders must keep their long-term goals in mind and *occasionally* this will mean turning down the most profitable course of action. 相反，企业领导者必须时时谨记长期目标，这就意味着有时须放弃获利最多的做法。

physiologically [ˌfiziəˈlɔdʒikəli] *adv.* 生理学地

背诵例句 Your body cannot make up for lost sleep or rest time because it is not *physiologically* possible. 你的身体不能对失去的睡眠和休息有所补偿，因为从生理学角度来讲这是不可能的。

utterly [ˈʌtəli] *adv.* 完全地，彻底地

背诵例句 They swear, they are ill-mannered and aggressive, willful as two-year-olds and *utterly* selfish. 他们满嘴脏话，举止粗鲁，像两岁孩子一样任性，自私自利和富于侵略性。

adapt...to 适应

背诵例句 Therefore, young people can *adapt* themselves *to* the changeable world more easily. 因此，年青人能使他们自己更容易的适应变化的世界。

a great deal of 大量

背诵例句 A *great deal of* the knowledge we have about household goods derives largely from the advertisements we read. 我们所拥有的关于家居用品的大量知识多半是从广告上读到的。

a large sum of 大量的

背诵例句 Smoking burns *a large sum of* money. 吸烟花费大量的钱。

as well as 和

背诵例句 And the money so earned can be further used for the improvement of our standard of living, *as well as* for the construction of basic infrastructure. 而且这样赚来的钱可以进一步用来提高我们的生活质量并且建设基础设施。

attribute...to 归因于

背诵例句 They appreciatively *attribute* what they eat every day, from different kinds of new vegetables *to* new fish varieties, to the efforts of scientists. 人们总是对科学家的工作充满感激,因为是他们的努力才使得自己能吃到各种各样的新品种蔬菜或是新的鱼类。

be addicted to 沉溺于

背诵例句 They *are addicted to* computer games, totally ignoring their studies. 他们沉溺于计算机游戏中,完全忽视了他们的学习。

扩展词汇 be indulged in

be equivalent to 等同于

背诵例句 Nowadays, more and more people agree that smoking is an unwholesome hobby, which *is equivalent to* committing suicide. 现在,越来越多的人同意吸烟是一个不健康的爱好,它等同于自杀。

be confronted with 面临

背诵例句 Some young people *are* very radical when *confronted with* trouble. 当遇到一些问题的时候，一些年轻人非常极端。

be supposed to 本应该，被期望

背诵例句 Second, children *are supposed to* be able to receive an education with a higher quality compared with their counterparts who live in a small town. 其次，城市里的孩子能比乡村同等条件下的孩子得到更好的教育。

break with 与……绝交，结束

背诵例句 If all smokers would *break with* the bad habit, our world will be much better. 如果全体烟民都戒了烟，世界将变得更美好。

cater for 迎合

背诵例句 The responsibility of an artist is to create artworks to *cater for* people's needs for aesthetics and enjoyment. 一个艺术家的责任是去创造艺术作品以迎合人们的审美和享受的需要。

deprive...of 剥夺

背诵例句 Students from poor families are *deprived of* the rights of higher education. 来自贫穷家庭的学生被剥夺了受高等教育的权利。

fit in with 适合，适应

背诵例句 Compared with young people, old people's

knowledge is out-dated, which does not *fit in with* the development of the current society. 和年青人比起来，老年人的知识是过时的，已经不能适应当前社会的发展。

hit upon 偶然看到

背诵例句 I *hit upon* an article in which some people hold that students should wear uniforms every day. 我偶然看到一篇文章，其中写道，一些人认为学生应该每天都穿校服。

hold water 经得起推敲

背诵例句 Reasonable and attractive as the opinion seems, it cannot *hold water*. 这个观点虽然看起来有道理和吸引人，但是它经不起推敲。

in that 因为，在于

背诵例句 I prefer to live in the big city *in that* there are more job opportunities. 我喜欢居住在大城市，因为有更多的工作机会。

in the long run 从长远看

背诵例句 Here are a few tips to help keep you healthy *in the long run*. 以下是一些建议，以帮助你活得更健康长寿。

in terms of 根据，用，在……方面

背诵例句 Some people believe that the research should be eliminated because of its expense, not only in terms of money, but also *in terms of* the scientific

and human resources. 一些人认为这项研究因为它的费用而应停止,不仅仅在金钱的方面,还包括那些科学和人类的资源。

in the name of 以……的名义

背诵例句 Only the wealthiest nations can compete and they do so *in the name of* pure scientific research. 只有那些最富裕的国家才能参与竞争,并且他们总是打着纯科学研究的旗号。

in vain 徒然

背诵例句 Students from both primary and middle schools are, for many times, prohibited from playing video games, but *in vain*. 多次禁止中小学生玩电子游戏,但却无济于事。

impose on upon 强加于

背诵例句 Rather than *impose* their own preferences on their children, parents should help them to set and realize their own goals. 父母与其把自己的偏好强加在小孩身上,不如帮助小孩设定自己的目标并加以实现。

link...to 把……与……联系起来

背诵例句 The obvious problem with it is that few students *link* their interests *to* their final success. 由此带来的显著问题是:很少有学生把自己的兴趣与最终的成功联系起来。

little by little 渐渐地

背诵例句 *Little by little*, television cuts us off from the world. 慢慢地,电视把我们和世界隔绝开来。
拓展词汇 副词 gradually

make it a point 确保

背诵例句 *Make it a point* that when you are out, call home regularly. 确保当你出门在外时,定期给家打电话。

make up for 补偿

背诵例句 Your body cannot *make up for* lost sleep or rest time. 你的身体不能对失去的睡眠和休息有所补偿。

make use of 利用

背诵例句 People have been *making use of* these natural supplies for thousands of years. 人们对于大自然的利用已有几千年的历史。

more often than not 时常

背诵例句 *More often than not*, the roads in big cities are jammed with cars and the air is filled with exhaust gas. 在大城市里公路越来越多地被汽车堵塞,空气里充满了废气。

more or less 或多或少地

背诵例句 From pupils to the old, can get the harm from computer *more or less*. 几乎所有的人都会或多或少地受到计算机的危害。

no matter how 不管,无论

背诵例句 One of the advantages of telephone communication is quite obvious: it can allow you to begin instantly to communicate *no matter how* far you are away from each other. 用电话交流的优点之一是不论你在多么遥远的地方,它都让你和外界即刻地进行交流。

no matter what 不管,无论

背诵例句 For all these reasons, I believe that the popularity of movies will continue *no matter what* other forms of entertainment are invented. 基于这些理由,我认为无论发明什么其他种类的娱乐,电影受欢迎的情况都会持续下去。

no sooner... than 一……就……

背诵例句 You *no sooner* acquire this year's model *than* you are thinking about its replacement. 你刚把今年的新型号弄到手,就开始考虑它的替代型了。

refrain... from 制止,避免

背诵例句 The teacher dominates the 50-minute period and the students are *refrained from* airing their opinions no matter whether they agree or disagree with what the teacher says. 老师支配着 50 分钟的课,无论学生们同意还是不同意老师所说的话,都不能发表自己的意见。

remind sb. of sth. 使某人想起某事

背诵例句 Finally, spending time with others *reminds*

me of what is important in life and helps me to keep things in perspective. 最后，跟他人相处，会提醒我人生真正重要的是什么，进而帮助我以正确的眼光来看事情。

rest on 依赖于，基于

背诵例句 But a big part of that cooperation must *rest on* our common understanding that we live on the same planet, sharing the same oceans, and breathing the same air. 但合作的相当大的一部分是基于一种共识：我们生活在同一个星球，我们共享同样的海洋，我们呼吸同样的空气。

the more... the more 越……越……

背诵例句 The more national it is, *the more* international it will be. 越是民族的，越是世界的。

turn to 转向，求助于

背诵例句 Whenever they feel nervous, sad or happy, they *turn to* smoking by instinct. 当他们感到紧张、高兴或不高兴时，就会下意识地想要吸烟。

with regard to 对于……来说

背诵例句 *With regard to* parents, those who are traditional must keep themselves up-to-date or learn to see things the way their children do. 对于父母亲来说，如果比较传统的话，就应使自己变得现代或学习从孩子的角度看问题。

拓展词汇 短语 with respect to

with respect to 就……来说

背诵例句 *With respect to* convenience, it is difficult to say which one is better. 就方便来说，很难说哪个更好。

扩展词汇 短语 with regard to

in case 万一

背诵例句 *In case* my plans should be changed by unforeseen circumstances, I can always go to another one. 而且假如计划因非预期的情况而有所改变时，我还可以采用另一个替代方案。

once [wʌns] *conj.* 一旦

背诵例句 *Once* we have developed certain traits in our childhood, it is difficult to change them when we are adults. 一旦我们在童年时期培养了某些特点，长大以后就很难改变。

providing *conj.* 只要

背诵例句 In a word, students should be encouraged to take up part-time employment outside school hours, *providing* this is done within specified times and does not interfere with the demands of study. 总之，应该鼓励学生在课余参加一些兼职，但前提是在适当的时间内，同时也不能影响学习。

so long as *conj.* 只要

背诵例句 It doesn't matter that the children will watch rubbishy commercials and spectacles of sadism and violence — *so long as* they are quiet. 孩子们也

许会看无聊的商业广告或是暴力和性虐待等场面，但是这些都无关紧要——只要他们规规矩矩呆着就行。

despite [dis'pait] *prep.* 尽管

背诵例句 *Despite* these shortcomings, I still believe that a new university would be a beneficial addition to my community. 尽管有这些缺点，我仍然认为兴建一所新的大学对社区有益。

towards *prep.* 对

背诵例句 For many teenagers, dealing with their first days at a new school not only means encountering many exciting new things, but also means overcoming advanced study, another step *towards* their future success. 对年轻人来说，在一个新学校的第一天不但要面对许多新鲜的事物，而且还要克服许多学习上的困难，向成功又迈进了一步。

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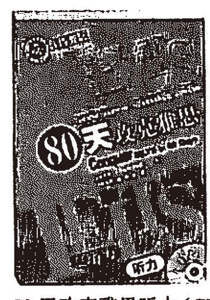
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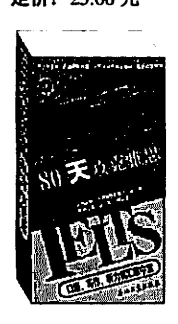
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